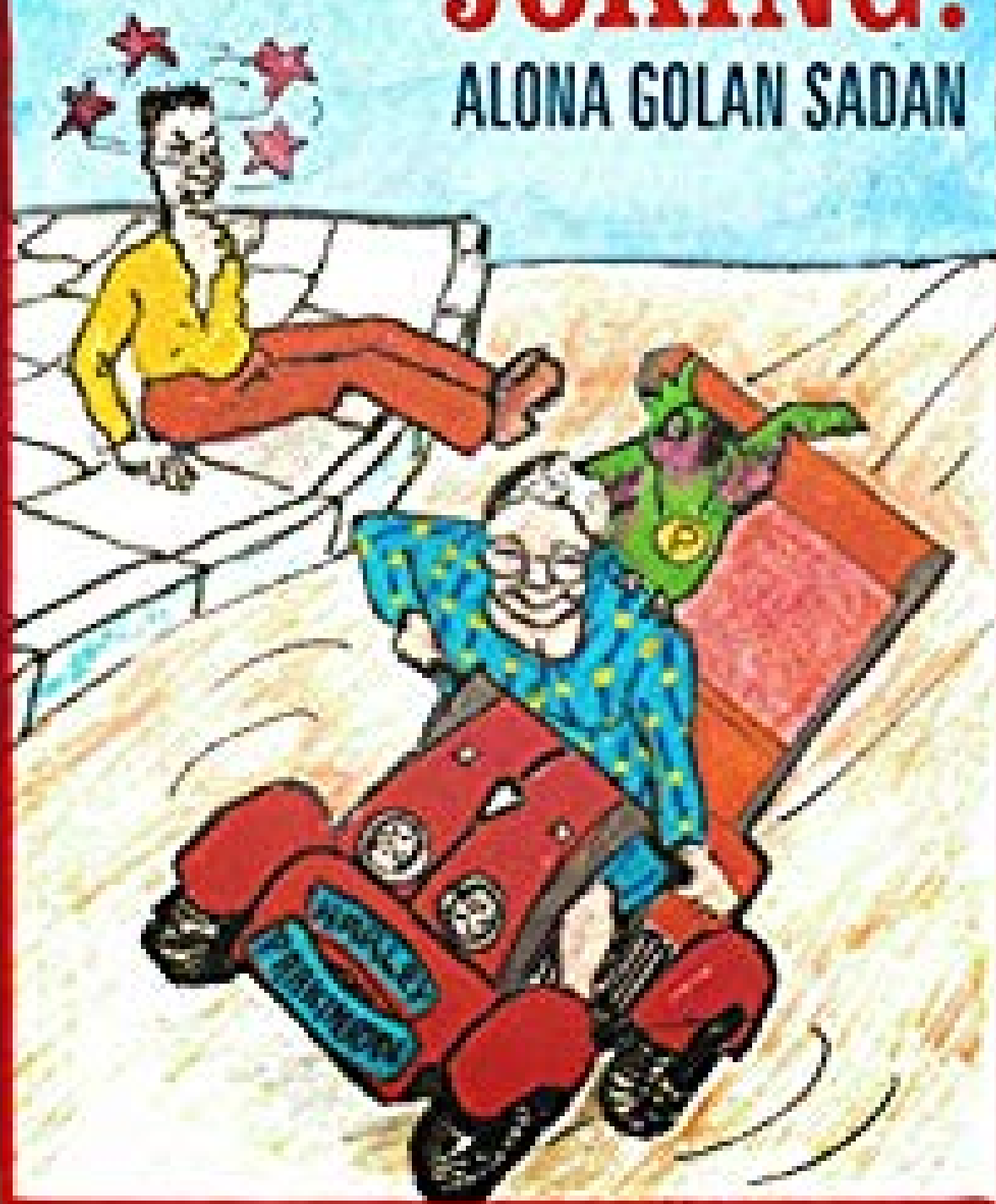


PARKINSON'S?

YOU MUST BE
JOKING!

ALONA GOLAN SADAN



Alona Golan Sadan

Parkinson's? You Must be Joking!



[continue reading](#)

Lifestyle with a parrot on my shoulder . " . Famous neurologists, psychologist, dietitians and additional experts from different fields, also weigh in with content in their areas, including a chapter on rights and governmental benefits for Parkinson' Scroll up now to really get your duplicate of Parkinson' stated the physician. .You'll carry it on your shoulders all your life.After years of trembling, stumbling, and difficulties that seemed natural to 1 who is no more a spring chicken, Alona Golan Sadan discovered that she actually had Parkinson's. I immediately considered Jack Sparrow's parrot.s patients in america.." She tells openly and with humor about dealing with this strange fresh bird in her life. Misdiagnosing doctors, alternative therapists who claimed aliens had been pursuing her, and the unfortunate (for her!) discovery that she now must do intense exercise –An absolute must for those diagnosed with Parkinson's, family, friends, and professionals.A sense of humor isn't enough. Also featured may be the added value of expert advice. ". these pitfalls become less difficult as Sadan assists her readers to check out them cockeyed and find what is amusing in them.You'll have to get used to this disease,"s? YOU NEED TO be Joking!



[continue reading](#)

A must-browse for those diagnosed with Parkinson's. It's an eye-opening read with lots of medical advice, tips on how to deal with the knowledge of experiencing such an illness, and a good dosage of humor added in as well. She tells candidly, and with an adequate dose of humor, about coping with this disease, and getting a place for this in her life., writer Alona Golan Sadan describes how she experienced suffered from several symptoms for years, until she was identified as having Parkinson's. Also included is professional advice, from famous neurologists and psychologists, who give tips for how one can make life bearable, despite having an illness like Parkinson's. Alona Sadan tells us of her trip through existence accompanied by an undesirable companion: Parkinsons. You Must be Joking!Open up and candid publication about coping with Parkinson's In Parkinson's? No two people with Parkinson's could have the same knowledge, but writer Alona Golan Sadan shares her poignant journey with grace and humor.The entire tone was simply imparting knowledge, personal experience and wisdom in a gentle and generous way. Her words will better equip you to interpret and handle life in a complete new way, which in turn will bring peace, love and pleasure into your life.I believe the writing can be really inspiring for anyone who wants to give up, or who thinks that life has thrown too much at them.Family members, friends and professionals will all greatly benefit from reading this amazing book. Spirit and dedication are more powerful than illness and despair As a person who works in medication I have seen this often. Two persons are identified as having the same disease however they take it in a totally different ways. Most surrender to sadness, despair and grief over the life they have dropped, because nothing will ever become the same. But some, like the author, embrace the disease as an inevitable fact and take it 1 day at the time, with good attitude and humor. those will be the people wort admiring. Both parts of this book, professional advice and authors personal story, are equally important and wort reading. A different perspective This book really opened my eyes to how someone can truly make the best of every situation, regardless of how bad it may be. I believe everyone with analysis that changed their life should read this and look for comfort and motivation in authors personal story and positive attitude.I would recommend this reserve to everyone who has Parkinson's themselves, or who includes a family members / relative or friend with the condition. The humorous yet very real writing shows how Alona didn't let the disease break her, but she learned to live her lifestyle with it and was actually able to discover laughter and pleasure in her scenario. If you are looking for inspiration and encouragement when confronted with serious health problems, this would come strongly suggested from me. Apart because of this, the story is actually very amusing and literally incredible at factors, seeing the places and people that this unfortunate circumstance led her to meet up and discover. Some very weird people (yes, some doctors), but that simply adds to this greatly-written story! She will it well This is a fascinating and intriguing memoir by the writer in a unique manner that I not only enjoyed completely but had a whole lot of learning through it. I must say i salute the method it was handled so gracefully. Read this book in the event that you know someone with Parkinson This book will help you understand so much regarding Parkinson disease patientsRead this book in the event that you know someone with Parkinson Parkinson Parkinson is a terrible illness , not many books about the topic, this is one of the better ones Good storytelling Half memoir fifty percent medical.Sadan tells her personal story with both humor and medical specifics. it requires a heart to simply accept and fight gracefully It takes a center, really, to simply accept and battle gracefully any serious medical issue like Parkinson's.



[continue reading](#)

download Parkinson's? You Must be Joking! fb2

download free Parkinson's? You Must be Joking! txt

[download free The Kitchen Alchemist: How I Became My Own Food Scientist So My Kids Could Thrive with Anaphylactic Food Allergies fb2](#)

[download free Intermittent Fasting: The Complete Beginner's Guide to Lose Weight Fast, Gain Energy & Live Healthy. Intermittent Fasting and Ketogenic diet mobi](#)

[download The Optimal Dose: Restore Your Health With the Power of Vitamin D3 mobi](#)