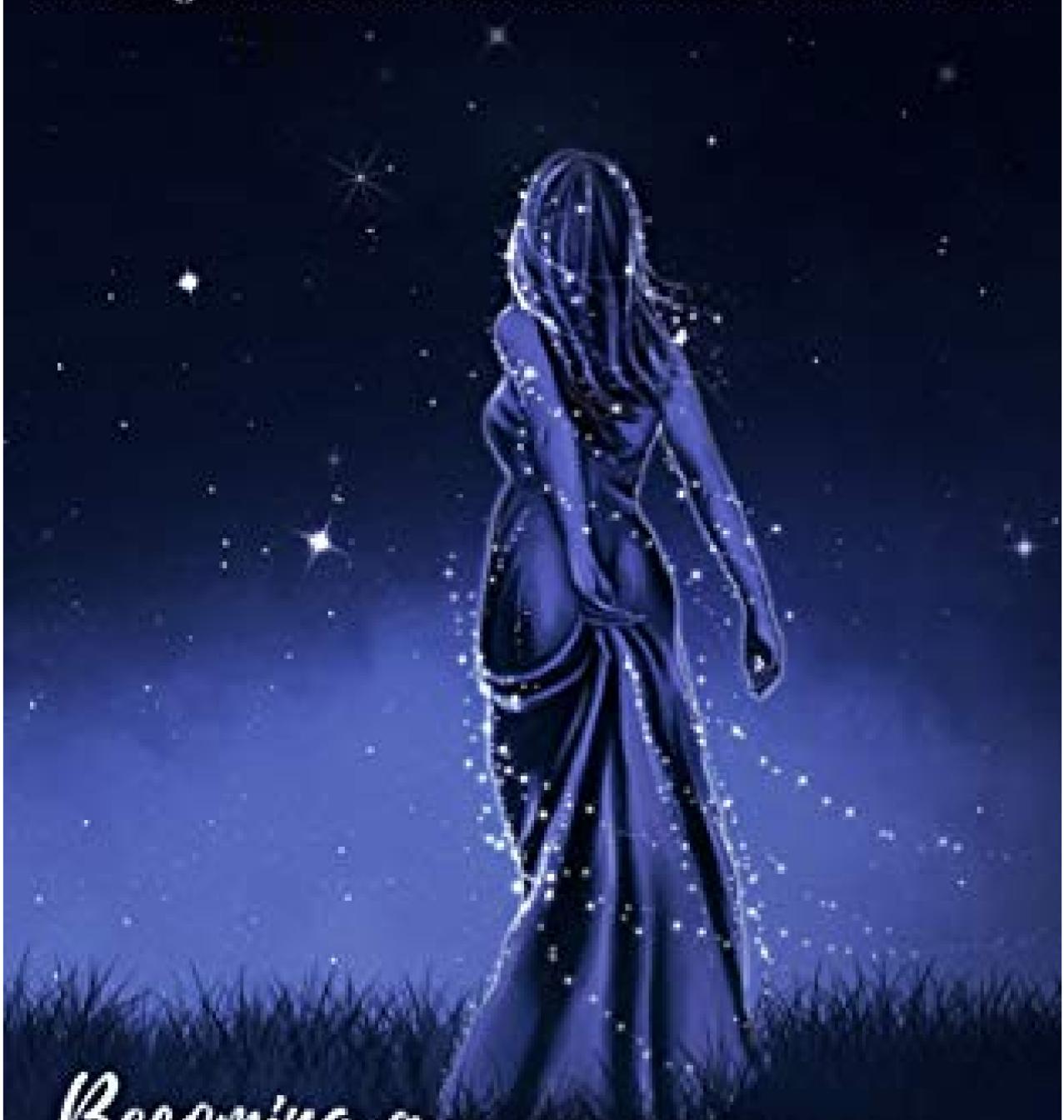


Creating Confidence, Boundaries and Peace of Mind



*Becoming a*  
**Warrioristic Woman**

Anita Farrelly

*Anita Farrelly*

**Becoming a Warrioristic Woman: Creating Confidence,  
Boundaries and Peace of Mind**



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smile"Are you a "content"let's all be good", people pleasing, pretending to be ", " woman? Are you discouraged with how you respond around people who intimidate you?cor seeing that visual reminders of your powerful options to live life full of courage, empowerment and joy., through genuine self-discovery, we will explore the boundaries you have with yourself as well as your considering. Welcome to 'Becoming a Warrioristic Female' Do you wish to have more confidence and simplicity? We will learn about neuroplasticity and the chance of creating fresh neural connections and pathways. We will also sample sustainable applications; and create inspiring design and dé Perform you concentrate on your outward appearance to hide your inner thoughts? Because YOU WARRIOR, are worth it.



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I love how Anita shares her life here and inspires us to live our best lives. Because of Anita Farrelly for showing us the way.. Yay, Anita! I love your self-confidence & your first publication! I'm so very proud of you & Many thanks Anita to be brave and inspiring various other women through your word! This short book packs a robust punch for women looking for inspiration, motivation and an uplifting message of hope and courage. Inspiring ! Anita has taught me a new method to restructure those insecurities through an activity of neuroplasticity. The answer is understanding how to manage your mind and your life in a way that creates self-confidence and we can set an example for younger women to check out. Caught myself really considering my everyday decision and how I could manage them as a warrior woman! We need more "Warrioristic" mindset in the world! I love Anita's concentrate on inspiring women to create boundaries, push through everything you believed possible, and fully embrace this one life you have. Because we grow older, doesn't suggest we quit or give up. It is time to redefine and grow to a fresh level! New favorite term: #Warrioristics powerful!Great suggestions, easy read Gave myself lots to think about but simultaneously was simple and to the point. She understands the pains mothers proceed through, struggling to become great moms, to deal with themselves and ultimately to love themselves more powerfully. Inspired Many thanks Anita. Yes, I am 67 years old but still filled up with the same insecurities I experienced when I was 10...!..but they are still there and deeply imbedded. And sometimes they turn out sideways. Our youth obsessed lifestyle makes it hard for mature women to feel great about themselves..!..let's move!!I've learned to mask them. What a great message! We all need to be lifted up and remember the good! pleased to call you my friend!



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