

Alexia Vernon

Step Into Your Moxie: A Holistic Approach to Amplify Your Voice, Visibility, and Influence in the World



I clarify that because this book STILL provided me with countless 'ah-ha' moments. Alexia's words seem to discover a way into your soul and make you feel as if she actually is personally calling you out, cheering you on, and having your back again all simultaneously. I am on my second period reading it already! I'll take these tips with me into future writings and speaking. Probably all which means is being in a position to be comfy being your true self and being confident, or maybe something of a more substantial impact, but the publication doesn't set limitations, and Alexia helps it be obvious it's your decision! A self-help reserve without the icky, unattainable advice, instead, this is a reserve that walks you through exercises that work! The best part is you can read it again and again, and still gain a fresh perspective. What a transformational way to enact switch and be the tone of voice for shifting how women show up within their lives! I enjoyed that it gave me some practical ideas to help me in my own communication. Self-acceptance on the journey to finding your own moxie Diving into this book means heading back in time to explore your own tale of why you may have limited your tone of voice in the past. I must say i enjoyed Alexia's tales about her own experiences because they helped me to bring forth the reasons why I have held myself back -- in my business, in my relationships and in my own comfort with regards to speaking. I really like the exercises that show you through the many layers of your soul so you can unpack and release the things that are no longer serving your own moxie. With this one note, however, in case you are in any way looking to "amplify your voice, visibility and influence in the globe," I recommend picking up a copy of Alexia's book! A dynamic balance of storytelling and strategy! Alexia captures a stability of storytelling and technique in the Moxie Moments and exercises that are at the heart of the book. She gives vital tools that encourage her viewers to go from patriarchal dominant selling and influencing strategies such as for example "Always End up being Closing" to the more feminist "Move For The Holy Yes." I love this! Alexia asserts, "When we present our ideas in a way that aligns with our values, that treats the people we want to impact with respect (and that respects their right to say zero), and that reflects what we experience is in service of their highest great, we are using our moxie for holy function" (104). YES! I significantly couldn't prevent reading, her humor and vulnerability pulled me in page by page. Since her strategies are of help for all folks, especially those whose voices have been oppressed, hushed or silenced (often because they do not fit dominant identities), I'd love to start to see the vocabulary and intended market broadened outside of binary gendered norms to include "feminist reframes" (instead of feminine) etc. Great fun to learn with plenty of exercises that will bring you back again and once again to your own trip of selfunderstanding and ultimately, your very own self-acceptance. Vernon wrote that reserve. This book differs. The strategies in the reserve are clear and effective and I look forward to the rest! Finding your voice This is an excellent book for anyone that is seeking to find the confidence and skills to speak up for yourself or what you believe it. Are you looking to require a raise? It really is a dependable primer to truly get you off your tush and onto where ever you should go. then get in touch with Lex. I was particularly relocated by the chapter about conflict, which I would avoid no matter what. With the helpful guidelines in the publication, I am better ready and assured to speak up. I think of myself as even more of an introvert so hearing about practical in addition to mindset things I can concentrate on was very helpful. Don't Wait to learn this book So, We had the pleasure of hearing Alexia speak and one of the amazing things about this book is that's very much her tone of voice and tone. She is able to weave together the reason why and methods for you to grow your voice, existence and visibility. A must read! Great reserve! THIS. That is a must-read for women speakers, business owners,

and would-be leaders! This reserve is a must-read for ladies who will be ready to begin having tough conversations and have their voice heard. I was able to see ways I hold myself back and exactly what shifts I can make to "step into my moxie". The best component is where she talks about reverse engineering your conversation by you start with where you want to lead who you're speaking with in a way that's win-win. Even though you can read and filled with heart, this is not a fluffy book - it's bursting with actual tools. I'll be posting with my clients as a very important resource. If you want to spread your message and passion - GET. Must-read for women leaders! Can't wait to learn the rest! I'm very acquainted with Alexia, her function, and her strategy because I've worked extensively with her as part of a group and with private coaching. She got me from novice to full confidence on stage.ESSENTIAL Read for each and every Woman!. It rarely happens. starting from chapter one. There is no more important time to use your voice and spread your positive message in the world? so grab your heartfelt enthusiasm, a microphone, a notepad to record a huge amount of brilliance, and THIS Publication. I state hail to the high priestess of chutzpah. This publication has specific techniques and tips to get you through the challenging conversations facing us on a daily basis.. It is is definitely a reframe of binary power/disempowered powerful to one that's founded on a relationship of mutual respect.. Already therefore many a-ha moments!! Barbara Glazier-Robinson, Ph.!? I laughed to my hubby that I practically had more 'come back to' pages folded over than not really, that's how great it is. It's not only inspiring and perspectiveshifting, but there were a few moments where I've laughed out loud reading the author's tales. This book is ideal for somebody looking for introspection AND action-acquiring with lessons and exercises to guide you on the way. BOOK. Great book, practical tips to help communication. Extremely empowering. I enjoyed this reserve this book is crucial read As someone who hasn't generally been more comfortable with having my voice heard or having daring conversations, I was impressed by how Alexia shared her own private stories and gave real actionable steps to help me learn to stand even more in my own moxie. Whether you work in a corporate position and live in an urban region, or you're even more of a cow-poke rural kind, this book is critical to how women arrive in the world, it's not nearly Stepping into Moxie, and more about Stepping into Your Life. Whether you are someone who really wants to speak on levels or just somebody that feels disempowered or lacks a tone of voice, Alexia will walk you through how to Step Into Your Moxie. The reserve was full of practical knowledge, insights and humor. I feel even more empowered than ever to shine and leave the legacy I was made to leave. Every occasionally you read a publication that's so clear, so funny so heartfelt -it speaks directly to your soul. EASILY had to choose1 book to help jumpstart my speaking and leadership skills-this is the one As a recovering psychologist, I have read my fair talk about of self -help books. Each one supplies the hope of changing your life. Despite the fact that I am only 7 chapters in, I've already shared the book with several colleagues who will be ready to step into their moxie. Do you need to pitch an idea or a sale? It had been a good read, I would recommend. Ms. She aligns with "grace over pressure and collaboration over bulldozing" and in this day and age that's something to celebrate (104)!. I'm only a couple chapters into this book and I've already got some big breakthroughs in my relationship with my very own voice - what?D. . B Filling the Gap Between Skill and Ambition Alexia has done something beautiful with this reserve - she's helped to bridge the gap between somebody who merely has ambition to business lead and become heard and anyone who has the skill set and the mindset to create it happen. It's a must-read for just about any woman who wants to build her influence, her economic wealth, or her thought leadership. It's time to have your

tone of voice heard.. trust me, you can't fail!. I listened to the Audible edition, that was the author's voice. Although Alexia states that she writes this book for women, she also explicitly invites various other gendered identities in. As somebody who's struggled to possess what Alexia phone calls "daring conversations", I value that it is both practical and tale based. Fabulous book if you're seeking to find your voice and step into your power A super well-written reserve with thoughtful insights and hilarious anecdotes! Alexia is a superb writer and the publication was inspiring. I've currently gifted it to a couple of girlfriends that I know need to STEP UP in their lives! Which book will provide you with the courage to do just that!



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