

# Mom's Genes

Empowering children to learn about their family's health history

by Shannon Pulaski

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By sharing the tale of her genes, Mom is empowering her children to learn about their family's wellness history.[proactivegenes.com](http://proactivegenes.com) Seeing that a mother, Shannon Pulaski has felt compelled to talk about her family's health history with her children so that they can understand risk, live proactively, and become educated individuals. Mom's Genes was compiled by Shannon Pulaski. Just four months after having a baby to her twin daughters, Shannon found that she inherited a genetic mutation that significantly increased her risk of developing a cancer in her lifetime. Understanding what was at risk, she made the decision to end up being proactive about her health and take affirmative actions to reduce her threat of hereditary cancers. Mom's Genes also contains interactive elements such as a search and find game, a glossary to emphasize essential concepts, and a straightforward family tree for small children to make use of to explore their own family history. She produced Mom's Genes to greatly help families get a discussion started about their personal family's health history. To learn more, visit [www. Mom's Genes](http://www.Mom'sGenes.com) will help you begin a conversation together with your young children about genetics and how it is important in their own wellness. With age appropriate articles, rhythm verse and vivid illustrations, Mom's Genes can help you teach your children the importance of becoming proactive about their health and fitness at a age.



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Good overview of genetics and family history for young children This book is an excellent, upbeat, general review of genetics and family history for small children. The analogies utilized (baking a recipe) and the illustrations are excellent. My 8-year old child read it and liked it, and I offered a copy to her teacher because they are embarking on a genetics unit this season. I'm a genetic counselor and I would recommend this publication to any family members who would like their kids to know a little bit about genetics and genealogy, as well as to educators who want to introduce this subject to students. This publication provided the perfect vehicle for opening up those conversations and providing a framework for our daughter's understanding. What a great publication to open up a conversation together with your children about your loved ones history. It does a great job of both as an entertaining publication and giving kids and parents a method to break into a potentially tough topic. This is an excellent book to introduce science concepts to children. Engaging. It was a whole lot for them to ingest to begin with but it did expose genetics/family background to them in an easy and entertaining way. I am looking towards what she has approaching next! Coming from a family history which led me upon a path to genetic testing, I usually worried that I wouldn't understand how to clarify my fears to my kids with no creating concern. This book may be the perfect tool to show them how knowledge, how understanding where you generically come from, is power and may only help you understand how to keep your body healthful by asking queries! The colorful artwork and hidden DNA strands are so creative! We had to go back and recount them several times! The story is so adorable and the illustrations are adorable. Knowledge IS powerful! Wonderful! What a wonderful book! Great Addition to our Bookshelf This book is a great way to instruct children the need for understanding their genes to become proactive in managing their own health. Great way to begin an important conversation We love to use books to begin important conversations with kids. The tale line is easy and available and the shiny and cheerful imagery held her engaged. Just what a great addition to your library! Must have for parents of young kids This book is beautifully written and divided for even the youngest kids to comprehend. I bought this book to greatly help explain to my 1yo, 2yo, and 10yo why I was having a double mastectomy and where their genetic info comes from! This book is great for parents, teachers, grandparent, etc! Great teachable occasions in this publication! The story is beautifully crafted and touches on a number of genetic conditions. Easy for the youngsters to understand most of us have different genes inside our bodies. Mother's Genes is a must for talking to young kids about their family wellness history. Smart way to introduce genetics and the need for family history to young ones My 5 and 7 year outdated enjoyed this reserve and the illustrations. Tremendous- well written and beautifully illustrated! We discussed why their hair is the color it is, why their face looks just how it does, and just why they might be more vulnerable to certain illnesses. Teachers; it also result in a discussion in what a homophone is! Genes vs. Great book! denim jeans!! Great teaching tool for college nurses I actually am an elementary college nurse and am generally looking for topics to use for a drop in teaching lesson. This well crafted book is a superb way to introduce young children to this issue of genetics. Engaging and Accessible! 4, and they all starting requesting questions about our family. My mother-in-law had breast cancer when my husband was young and he and I experienced just started thinking about how to introduce these topics to your young daughter. Wonderfully created and illustrated! An absolute must have on your childrens bookshelf for explaining and navigating these difficult topics. Wow! Great book to start out a conversation with your children. Family on my side and my spouse's side experienced cancer (different types). It made a difficult conversation much easier. This

publication was a terrific way to chat about the various genes we all have to our kids. It'll be a book we continue steadily to read for many years!! What a well crafted and beautifully illustrated publication. The perfect way to teach young children about genes and how they play aside in their overall health. An absolute must have for every family. Adorable story with essential message This book does such an excellent job at approaching a hard situation in a light-hearted way. I am grateful this author has been able to create an easy way to talk about conversations on hard topics! The perfect way to introduce the topic to young kids as a bedtime tale with a lesson! I go through this to my 3 young sons, age range 9, 7 & Colourful. The book sparked queries and conversations about our family history and how exactly we inherit characteristics. I'm sure they will ask even more the next time we go through it. Looking forward to seeing more from this author! Just what we needed! Amazing book! Some were cured and others were not, unfortunately. We all cherished reading it and my child asked plenty of great questions. A must buy!



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