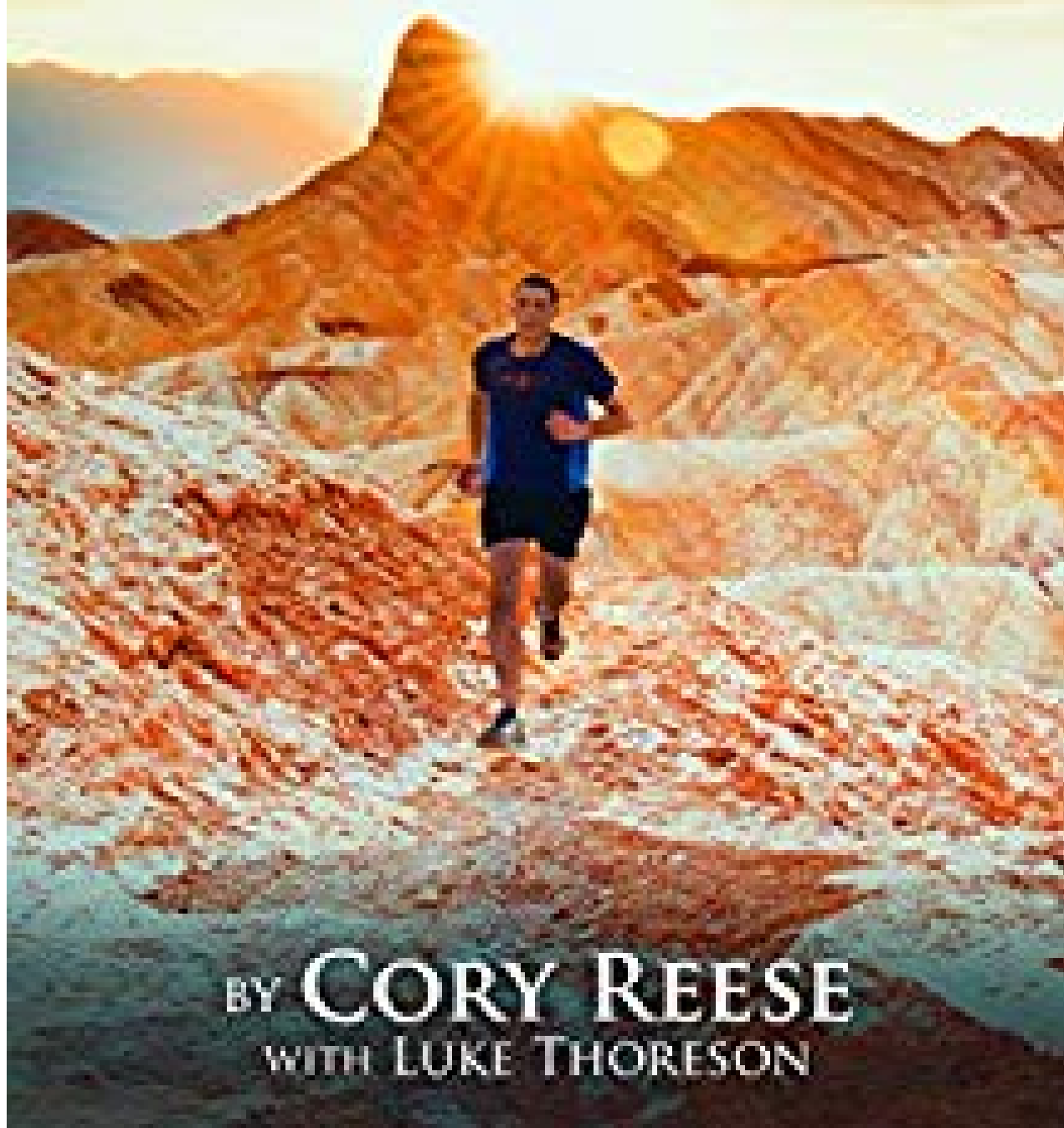


"INTO THE FURNACE is a stirring and jaw-dropping read. I highly recommend it!"
—Jim Albrecht, author of *The Champion's Mind*

Into the **FURNACE**

How a 135-mile run across Death Valley set my soul on fire



BY **CORY REESE**
WITH LUKE THORESON

Cory Reese and

Into The Furnace: How a 135 mile run across Death Valley set my soul
on fire



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When life arises the heat, you possess two choices. You can bend and break, or you can stage boldly in to the furnace and let your soul catch fire. He has faced adversity, both in working and in lifestyle. These styles are framed against the background of the Badwater Ultramarathon – Cory Reese has walked into the furnace. a 135 mile race over the most popular place on the earth, Death Valley. Into The Furnace explores the inner workings of bravery, hope, and passion. His book captures the essence of what it means to suffer, what this means to persevere, and eventually, what it means to make a life of clearness and purpose.



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MUST read for almost all ultra junkies! Another hit simply by Cory!. The correlation story he tells about William Manly's incredible tale from 1849 was amazing.! Manly reminds me quite definitely of Ernest Shackleton, for sure lower from the same cloth. like actually. I also treasured the history he added. Excellent!who wouldn't be after reading his story! Good insight into working Badwater. I'm anxiously awaiting his next book!! I bought Manly's book and read it. I loved it even more than his first book Just finished Cory Reese's new book Into the Furnace. I would highly recommend that is anyone looking for some wonderful life tips on enjoying the journey taken to reach goals, operating related or not. My take away from the first publication was his love of working and the running community and that shines as brightly in In to the Furnace. What arranged this publication apart for me personally was it's grounding in the history of Death Valley and the early explorers and survivors. And most importantly the call to stubbornness!! I am called stubborn my very existence - and not always in a complimentary method. But in this book stubbornness is usually celebrated! I can't believe how captivating Into the Furnace was from begin to finish. Having the story told by somebody who's in there to complete, not really podium, was great. So many stories are awe inspiring, but in a way that doesn't even seem approachable. This tale feels like it's informed by someone I'd share a drink with as we marvel over the very human feats of the professionals. Cory does an excellent job of building you are feeling like you're now there in . Funny, gut-wrenching and utterly pleasant.. Cory does a great job of building you are feeling like you're presently there in the experience with him. Loved this publication and cherished his last one, too~ Great Stuff Cory does an amazing job of informing the story of the Badwater 135, it's founders and background, as well as the history of the spot It's a straightforward, funny delightful read with a very personal and heart warming ending. This is a fantastic story of an -almost- unimaginable adventure. A fantastic story of an -almost- unimaginable adventure What a ride! Bravo!.Cory has done it again. Excellent for runners and non runners alike I expected to such as this book as We had appreciated Cory's first publication. But this one is special. For anybody who provides struggled in existence, or needs motivation to continue course, this book could it be! ?????????????? Inspirational and oozing with love. Essential read!. I re enjoy Cory Reese. He's funny and down the planet earth and relatable. Filled with humor and raw truth. You can't go wrong with this book!. Certainly worth the read. I really enjoyed Cory's take on the iconic Badwater Ultramarathon. Having run this race myself, I recognized most of the runners and characters Cory reveal. This is a must read and will have you wanting to run Badwater yourself! But I most appreciated his reporting of the history of Death Valley! Excellent read Another great read delivered by Cory Reese! I valued his description of the training course and the many difficulties the runners encounter. Even though I'll never (but really by no means) run this competition, I treasured reading about his trip. About the teams of people who undergo a whole lot of tough treatment to do something sounds supremely unpleasant. I must say i enjoyed the book! Excellent read! I couldn't put the reserve down.. He has such a great writing style, keeps the web pages turning! Who knows, probably Shack was inspired by Manly. When I finished Cory's last publication, Nowhere Near First, I was therefore sad that I had to wait for him to create another. Great read Totally loved this history and personal recounting of Badwater. I really like the annals of Badwater, his race, his crewing knowledge with Ed, and finishing it off with Al had me in tears. There is definitely something about Cory's design of writing that feels as though you're just hearing him inform you a story while hangin out. I cherished it even more than his first publication, Nowhere Near First.Cory really outdid himself this time around. Fun read!



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