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**Defend, Live Better,  
Save the Planet**

ASHLEY BIRCH



Greenleaf Publishing

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*Ashlee Piper*

**Give a Sh\*t: Do Good. Live Better. Save the Planet.**



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We are motivated! This is THE book to understand from and get started on doing your component to change your own life and the globe's. Relevant, Informative and Funny This book rocks !. The best part was that I didn't feel shamed into performing these things, I sensed like these were told if you ask me in this easy fashion that it was a no-brainer to start giving a shit, performing good and living better. Each small decision – in what we buy, consume, wear, watch, go, do – impacts the world all around us for good or for bad. This book offers a lot of insight into how exactly to ensure your life micro- (and some macro-) decisions are a force for good. And, given the state of the globe, "Give a Sh\*t" couldn't be more timely. Live Better. I want to save you some time: start here. Ashlee does an excellent work of collecting all the information you need to know in a single place, and presents in a way that is helpful and actionable, not judgy or preachy. In the event that you do as the name says, this publication is for you! Making becoming environmentally friendly fun, funny and totally do-able Great tips without judgment. Easy, insightful tips for reducing waste, saving money, saving animals and the earth - all while living a fun, full life (no need to sign up for a commune). Hilarious composing- yes, living better could be funny. I must say i love her writing design and the flow of the book.As a person who is a nascent environmentalist this publication is seriously the only green Bible you'll need. I feel inspired, encouraged and understand I am a better person for reading and underlining the shit out of the book. You will be proud to provide A Sh\*t! ESSENTIAL READ! How do this book take such a serious subject and make it therefore pleasant? YES PLEASE!) that turns what could be a droll topic into a scintillating page-turner. Significantly, I devoured this publication on the train like it was a scandalous YA novel. Best benefit is, you don't need to hide this cover!! Reading this book with a glass of wine is certainly like getting together with your best friend and having every . I'd prefer to see even more..) In another writer's hands, "going green" could come away as preachy or dogmatic but Piper includes a conversational and wry composing style that will keep you turning the pages. Reading this book with one glass of wine is like hanging out with your best friend and having all her love and acceptance wrapped around you and instilled into you that you matter and that you can make a notable difference. I ran a sustainable business for 5 years and know a lot about giving a shit, yet I was shocked to find basic changes that I could make that under no circumstances occurred to me. There are several deep understanding bombs and practical information nuggets to help shine a light into every and wasteful part of your home/lifestyle (there are dust mites surviving in my bed? Love it. Everything you want to eat somewhere without piling up paper and plastic material trash.. I'm only on web page 32 and We've currently learned tons. This book has an unpretentious, delightfully self-deprecating, loving, witty, positive vibe that means it is super easy to read. And my

cat, Gilbert Grape, wants it ta'boot; I HIGHLY RECOMMEND! Piper, you're a gem! In many ways, this would be a great book to hand to someone who is absolutely clueless about the environment and who is just getting started on this road. The Environmentalist Bible First, if you don't give a sh\*t on the subject of the world and how you impact it, log off this world. It's actually inspiring me to wish to accomplish more and to live like I caution (because I really do). I wanted to love it, and there's too much to love. I thought I knew a lot about being great to the planet. I cannot wait to discover what else my children and I could do. the only new book i've bought this year, or for so long as i can remember. ashlee is usually funny and informative, & most of all, non-judgmental. i also like the recipes included in this book. There are several other great tips, many of which we've seen before, but it's really nice to have them all in one place. I thought I was decent at protecting the planet, but realized there was so much more I could be performing with just a little bit more effort. Since buying the book I've started composting, cut down to only eating meat once a week, started recycling better, stopped using paper towels, began making my own detergent and cleaning supplies and so a lot more! We each make countless choices every day. And let me tell you - it feels good. fantastic! Many thanks Ashlee! Makes Doing Better for the Planet Accessible!!! Love how this reserve is well written, funny, engaging and makes it all feel do-able. Therefore happy I purchased it and got one for a friend! This makes a great gift! Well crafted, but really common knowledge Highly suggest in case you are very not used to the eco movement. Therefore informative, enjoyable, and fun - I gave my copy away as something special when I was half-way through! So now we're purchasing more for gifts. As well as, Ashlee sprinkles in hilarious personal anecdotes (selling your unmentionables to keep them from the landfill? Ashlee reduces every section of your daily life and how you make tangible adjustments to do better and save the planet. Life-Changing Loved this book! Ashlee Piper provides boatloads of passion and has provided a lot of thought to various ways to reduce our carbon footprint, waste less, and spend less.). (she got me at g-free flour & I want to begin this off by telling that I NEVER write evaluations, but as a fellow author, I had to give props where they are credited with this one. I came across Ashlee Piper while reading a duplicate of the ethical design journal magazine. I am wanting to find out more (and perform better), but haven't discovered a book that's 100% available and speaks if you ask me. Until today. And, I'm going to make her "morning hours person morsels" very first thing tomorrow since it sounds \*completely\* delicious; The combination of this important info and author's love of life makes this book a great resource, and a book we hope to share with many others. I've recommended this book to so many close friends and am so content that I purchased it. That is a Have to read for anyone who would like a non-preachy method of living a better life. therefore it's

officially my fave of 2018 and I'm certain a long time to come as I want refreshers on how and why to give a shit (because, allow's encounter it, we can all become mental sloths every now and then).! it offers utensils, a napkin, a tiffin, a canning jar, etc. Do Good. All of the practical tips you need in one place Therefore you've heard some things about how we have to reduce our impact on the planet, but you're not sure the place to start? Save the earth. would help me perform it. But I've a love/hate relationship with Provide a Sh\*t. Such an approachable guideline to living a less wasteful less. I absolutely LOVE this book! There are several wonderful lists of tips and hints, and I absolutely adore her kit that she requires with her all over the place that lets her eat out without creating more trash; Judgmental and error-prone, has some good info though Truly, we have to step up, and I hoped Give a Sh\*t.. Just neatly convenient and environmentally thoughtful. I desire Ashlee could possibly be my Fairy Earth Mother Girlfriend Not merely is this book absolutley hysterical and literally has you laughing aloud, but it's brilliantly helpful as well.. Loving this book We haven't been able to put this book straight down. But I'm conscious, as is the majority of the universe, that global warming is an issue, we have to repurpose and recycle, and I wanted a handbook - a genuine handbook. Fun, digestible handbook on the subject of the "urgency of today" What I love most about this book is that it corrals all the most important facts, figures, and advice about doing better inside our everyday lives--from somebody who truly walks the walk. For newbies, Piper contains the rudimentary stuff about recycling, heating/cooling, detoxing your closet, and easy vegan dishes but also will go deep, delving into specieism, inequality, and the ethics of re-make use of. She simplifies things such as creating & using green washing packages for the house, (delivering in 4 webpages what you'd spend a day and untold clicks acquiring online. Wow. This publication is everything I could have ever desired within an ethical and sustainability guidebook.! fresh orange zest.)



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