

THE 180 EFFECT:

HOMELESS

TO BUSINESS OWNER

ENGULFED

IN ENTREPRENEURSHIP, &

LEARNING

THAT HEALTH IS WEALTH
FROM ONE DECISION

CHRISTOPHER RAY COLEMAN

Christopher Ray Coleman

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Christopher Ray Coleman started his entrepreneurial journey when he was 22 after he found himself homeless, depressed and lost. By 24, he constructed a 6 amount business from scratch in 1 . 5 years and grew a sales force of 150 reps. Everything began when he started a product sales job while couch hopping, and was promoted to Assistant Manager in 2 weeks and promoted to District Supervisor in 9 a few months. After working his headquarters for 18 months; Reviews: "each and every component of yourself, including wellness, wealth, and mindset. His mantra is; into youthful entrepreneurs, all while assisting people embrace power with his powerlifting profession. He's known for all things strength;l' He's committed to going on a national tour in 2018 along with his publication to spread his message." -Sania Khiljee, Owner of @LosersToLegends, Forbes ft Entrepreneur, saniakhiljee. Chris's strategies have already been used by young entrepreneurs, small enterprises, students, athletes, and spouses to turn over a fresh leaf in their existence or take points to the next level. He truly believes that in the current climate of society he can be a trophy and example for many individuals to change their lives.Be Brilliant" "You're always a single decision from turning over a fresh leaf or taking points to another level in existence. Whether its a high school, university/university, youth organization, or sports organization; then took the same formulation and used it to another industry.Chris is one resilient individual. His tale of rags to riches is not one to be missed. If you pick up this reserve, you'll not only end up being inspired, you'll also learn something."" with helping others improve their mental power, physical strength, and build a strong basis to build a healthy active life-style.m blown away by where Chris came from and what he has achieved. His story will make you ditch your excuses and work on bettering yourself– Now he's on a crusade to spread the wealth of health as the Founder & President of Health Is Prosperity Nation, instill the mantra of " - Marcus Neto, Owner of Blue Seafood " he's ready to add true value.com



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IF YOU Need TO CHANGE YOUR LIFE FOCUS ON THE 180 EFFECT First this author is awesome and I really believe in his dreams- second this publication is helping me switch my life right now as I read it at 23:15 tonight. I have read a whole lot of motivational books and also have learned much from their website but this writer has something particular that differs from the norm and I believe it's how real his circumstance and situations are. It's so real that I could see and feel what he was going right through even without the diacriptiveness of George RR Martin because it's so real that it makes you experience like you've gone through it too. I can also attest that you need this publication in your life because of what it'll change for you both physically and mentally. Go through it! Inspiring Christopher may be the perfect exemplory case of why one should never give up and is a true inspiration to those that may fall short but no matter what can get back again up and conquer everything. He was an agreeable young guy, but one day he surfaced on sociable media as an author and an entrepreneur. A must read! I believed he became Zig Ziegler, however in reality, he just became a success story! I'm an improved guy because I've crossed paths with him. If you under no circumstances get the pleasure of meeting Chris personally, don't miss this great opportunity to find out all his secrets he's willing to talk about with you! It will likely be more than well worth your time! I'm a better man end up being I've crossed paths with him I worked with he years ago, before he became homeless. Extremely inspiring and encouraging!! Who gets anything free of charge? I'm looking forward to reading the back tale of how this young man went from homelessness to greatness. He is an amazing individual that has had an influence on my life I linked to Chris via Instagram and we have had numerous conversations. He's an amazing man or woman who has had an impact on my life. Chris is an inspiration in a period when more People in america and young Americans need some passion and direction. We all need to be inspired sometimes, and this book is ideal for anyone who needs to be uplifted. Chris is a superb example of how hard work, dedication and attitude can sculpt us into the best versions of ourselves we are able to be.! Great story of not quitting. Certainly, a must-examine. Everyone can learn or take something great away from it. Amazing story and message! Any business owner/entrepreneur this book is essential to remind you that rainfall may come but there is a rainbow after each storm. THIS BOOK IS LIFE! If you are looking for inspiration, motivation, and something which will sow seeds within your own self-talk to become a better you on a daily basis, appear no more! It is an honor to know this young author individually, and his writing is truly something special.. The book should read as an motivation to us all to do better and get rid of excuses. Fantastic! His testimony can be an motivation for me to continue chasing my dreams and is certainly inspiration to endure any hardships I may face!! Wonderful story that is an inspiration to all or any, whether you are where you desire to be in life or not this book will motivate you to push yourself to succeed in life in lots of aspects! Love this author and his story of hard work! Heart felt and timeless Great work! This is a fairly good book, it reads such as a movie. Thank you for writing aaaand happy birthday!! Inspirational Unique story and truly inspirational! Make period to read this young gentleman's journey. Inspirational Reading The 180 Effect is inspiring and wonderful way to motivate yourself. To be so youthful and homeless, he under no circumstances gave up, he was devoted and disciplined to be his own success story. We all may flunk sometime, but we can never give up. What astounded me the most was his dedication and incredible understanding of work, discipline and courage. Awesome read! This publication is a must-read.! PHENOMENAL READ!. Definitely a MUST read! ever! I've persoanlly talked with Chris Coleman and he is completely authentic! His story is certainly amazing and his publication is a must read! I'm today aligned 180 degrees towards success! Thanks Chris! Obtain it! If you want to change start with the 180 effect! Chris is an motivation! He

pushes past excuses, doesn't settle and empowers you to do the same! You'll definitely find his journey relatable. Browse it and take notes, it's worth it!!!! A MUST READ! This is an ideal example of allowing your TESTS become your TESTIMONY!!! It's worth reading.!



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