



Baby & Toddler Basics

Expert Answers to
Parents' Top 150
Questions



Tanya Altmann, MD, FAAP

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Tanya Remer Altmann

Baby and Toddler Basics: Expert Answers to Parents' Top 150 Questions



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Parents of kids from birth to age group three will find answers to their most-frequently asked questions about kid health and fitness in this easy-to-understand volume. Tanya Altmann, MD, FAAP, practicing pediatrician and regular contributor to NBC's Today present, assists parents with friendly, straightforward guidance in an easily digestible issue and answer format. Baby and Toddler Basics targets parents' top 150 questions, based on Dr. Tanya's years in practice. With Baby and Toddler Fundamentals parents will keep their own "Tanya addresses parents' issues with the expertise of a pediatrician backed by the trusted authority of the American Academy of Pediatrics. Dr. Topics covered in Baby and Toddler Basics include Breastfeeding Developmental stages Fever First Aid and injuries General baby care Poop Safe sleep and rest challenges Stomach ache and illness Vaccines and much more! Baby and Toddler Basics' clear Q&A design means it's just as fast as Googling, but with answers parents can trust, based on medically-sound AAP policy. Dr. Tanya's obvious answers to these faqs can help parents take the right actions at home and alert them when it would be best to call their pediatrician. An internet search of these questions could yield a large number of answers, many from dubious resources. portable pediatrician" in their diaper bag or on the nightstand, always prepared with reassuring answers.



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The parents are pleased to have such basic information at their fingertips Gave this book because a shower present. The parents are pleased to have such basic information at their fingertips. Easy to use and covers basic answers and ideas for fresh parents. Evidence-based, written by the fabulous Dr... without the most common PC fluff. All of your top pediatrician-related, 2am questions answered in this book! great! New Mom must Great gift for new or expecting Mothers with practical information in the care of a newborn or toddler great! I have always turned to Dr. I cannot recommend this book highly enough As a pediatrician, I cannot recommend this publication highly more than enough. Tanya's (in the "vomiting chapter" naturally), my baby was finally able to keep liquids down that evening. After following the recipe for hydration that I'd learned from Dr. My toddler caught a abdomen bug last weekend and couldn't keep anything down. I'm a doctor myself, and have given this book to additional moms of young children - it's essential for all parents of babies and toddlers. Yay! Tanya when I need child health insurance and parenting advice, but her new publication, Baby and Toddler Basics is usually a lifesaver for parents of very young children. jmg Good read Concise and helpful . Tanya and backed by the American Academy of Pediatrics! Three Stars I expected more info on babies Five Stars Very good reading for first-time parents!



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