
LOOK, I SHRUNK GRANDMA



**A Psychiatrist's Guide
to Nursing Homes,
Dementia, and End of Life**

Karen Severson, M.D.

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Look, I Shrunk Grandma: A Psychiatrist's Guide to Nursing Homes, Dementia, and End of Life



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Karen Severson, M. She also discusses other important issues, but mainly how exactly we can better allow family members to learn to let go of those with end-stage disease., provides spent the last twenty years mainly because a Geriatric Psychiatrist wandering the halls of these dreaded destinations called assisted living facilities. Advice for the infant BoomerChapter 11. She wrote about the unnecessary suffering caused by doctors, nurses, and family members who are on completely different webpages regarding end-of-life issues. She realized doctors have a tendency to avoid these conversations and family members can remain in prolonged denial of dementia. This book is intended to help family members understand dementia and its associated behaviors in a right down to earth manner. Dr. Allow Shrinking BeginChapter 2.D. Allowing Proceed Chapter 8. Happy EndingsContents:Chapter 1. Severson runs on the lot of humor as never to scare people from the subject. What Is Dementia? MY OWN Journey: Contact with DyingChapter 3.Chapter 4. Nursing House Dilemmas Chapter 5. Pills, Pills, PillsChapter 6. A Typical DayChapter 7. Dr. Letting Go, Part 2Chapter 9. How to pick a Nursing HomeChapter 10. She became mentally exhausted from viewing people with Alzheimer's disease decline and suffer. Severson hopes to prevent unnecessary and potentially harmful medical interventions along with allow more geriatric sufferers to die in peace.



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I've found her to end up being very experienced, honest, sincere, caring and unbelievably funny. She writes from years of scientific and professional encounter, but it's conversational instead of lecture. I'm conserving it as a handbook for whenever I have to find the appropriate nursing home, which I hope will be never, but this will serve me well. Very well written with honesty, accuracy and humor Dr. This is often how her book is written. You need this reserve on your shelf next to the Boy Scout handbook. Severson is quite well been trained in her field. I understand I can count on her to supply the care our patients need. She is honest, real and intelligent. She will keep me laughing the complete time. If you are in need of assist in caring for someone you care about with dementia this book will make the process so much easier for you. Navigating the machine of health care while coping with the decline and eventual loss of life of a loved one is so very hard. This reference is sensible, relateable, hopeful and empowering. I've it in my office and recommend it to some of my patients (and close friends) who are facing this very tough situation. I work with alzheimers/dementia patients for almost twenty years now . Severson immaculately describes what its like to become "in the thick of it" in lengthy term care. This reserve nailed it. Thank you Karen Severson MD. Everyone faced with helping family through this or who knows someone going through this must read this book. Yes, YOU need this guide I know, I understand, a 5 star ranking looks fake. I can assure you I really recommend this book. I wish it turned out available to me when I was the primary caregiver for my mother. Both funny and enlightening. Severson is certainly a colleague and a friend of mine. level of lifestyle vs. If your Alzheimer's Organization includes a book dialogue group, or a reading list, I'd definitely include *Appear, I shrank Grandma* as a selection. This book will be useful to help you figure out how to proceed. I will definitely advocate because of this book as I appreciate the care and clarity with which it really is delivered. I think that what I valued most was that she didn't sugarcoat the targets and the progression of the condition. Her section on end-of-existence decisions is sooooo necessary to so many families. Severson immaculately describes what its like to be "in the heavy of it" in long . I work with alzheimers/dementia patients for nearly 20 years now.. As a former Nursing House Administrator, I was instantly drawn to this reserve. Every relative wishes that their cherished one will exit this world in the most peaceful way possible in fact it is often hard to navigate through the grey areas. Best book for family members and caregivers I appreciate a book that discusses difficult subject material in an easy to read format- not easy to do when this issue is medicine, managing the treatment of a sick family member and a complex disease.. Severson will take the reader on a trip covering many areas of end of lifestyle / palliative care, while providing comic alleviation along the way, easing the reader right into a subject matter which otherwise, is quite scary for some. Dr. This publication will certainly educate the reader in order that he/she will have an easier time processing these decisions when enough time comes. Thank you Karen for composing it and posting your personal experiences with us all!... The publication is assisting me make hard decisions and support my children and parent through the most difficult time of our life... I could see this book as a reference ideal alongside *The 36-Hour Day*. standard of living. Dr..soooo very important to family members to comprehend! Both funny and enlightening Having a mother in a nursing home and going right through this personally I could relate. Severson made a humorous publication out of a tough subject. It's like Karen Severson provides read my brain or diary, she touches on so many of the worries and questions I encountered within my tenure. Recommend it. I understand first hand that Dr...very useful An exceptionally easy read yet chock full of vital information we will all eventually need. Finally tells us dummies what the hell dementia can be. I have caused her for over 15 years. This is a fantastic book about the world of Geriatric treatment

and care This is a fantastic book about the world of Geriatric treatment and care. Dr Severson has a great love of life and honesty that cuts through the sadness behind elderly treatment. I came across this book fascinating and educational and I enjoyed it very much Good Book, tough subject matter! Having a mother with dementia and a daughter that spent period working as a CNA in a nursing, I must say i thought Dr. It was very helpful to get a different viewpoint, especially from a doctor that has dealt with this issue for most of her profession. I am a Mass media Specialist at an elementary college. I loved the humor of the author. A comedic flair to an hard topic That is a challenging diagnosis for families to accept. This reserve helps us gain insight and it's really an easy read.



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