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21

DAY GAME PLAN TO GET YOUR FUN BACK

JIM HOLZKNECHT

Foreword by Raymond Aaron
New York Times Bestselling Author

Jim Holzknecht

Midlife Play Book: 21 Day Game Plan To Get Your Fun Back!



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t need to get to WORK with a WORKbook!Midlife Play Reserve" cuts right to the chase on what you ought to do to truly enjoy the 2nd half. It's a powerhouse publication of tips, techniques and idea strategies for getting the fun, play and passion back.middle age group" can be an entertaining guidebook for how to live the second half you will ever have with an increase of fun, play and interest. Joe Vitale, Author, Loudspeaker, Musician, Actor" to any of these queries and want more pleasurable, play, passion, joy, happiness and motivation out of lifestyle, this is the book for you personally., by Jim Holzknecht, can be an empowering guide to get your fun, play, and passion back."- Raymond Aaron, NY Times Bestselling Author"Carl Jung remarked that we live the first half of our lives for others and the next half for ourselves. To learn more about Jim's training and training applications or inquire about having Jim get hold of your group, visit: [www.Midlife Play Publication](http://www.MidlifePlayPublication)"- Dr.Do you are feeling like something is missing in your life, that there has to be more (more enthusiasm, more peace of mind, more fun, more playfulness, even more fulfillment, even more freedom) than what you are experiencing?Get your gear, tighten straight down your chin-strap, and let' (They do!)...and it wore you down to a frazzle! (It did!) Your first tendency would be to get to work and fix that issue! BIG MISTAKE! You don't"yes" That is it!, writer of Radical HonestyHave you reached midlife (sometimes referred to as "D.- Brad Blanton, Ph. Now Get to Play! An excellent book!, however that is defined) and experience burned out, discouraged, overwhelmed, anxious, stressed, or depressed?Perform you yearn for more fun, play, interest and pleasure in your life?"Do you feel stuck or trapped in your career or work, in your relationships, together with your health, or your current financial situation?Are you playing whole out or "just getting by?"If you said " You have to reach PLAY with a PLAYbook!Midlife Play Book" It will be a wild, fun, playful trip.Whether you prefer football or not, you will get something valuable for yourself as well as your life out of this book.The game plan strategies in Midlife Play Book empower you to:Gain energy and vitality to live life to the fullestGet back your fun, playfulness, creativity, inspiration, enthusiasm, happiness and passionReduce anxiety and stressIncrease your peace of mind and present minute awarenessCreate a transformational context for your daily life whatever the circumstances we faceTake action when confronted with fear, resistance and self-doubt and keep moving forward to create a existence we loveAre you ready to have a great time, play full out in the 2nd half and bring passion to the game?- Robert Dilts, Author, Mentor, TrainerWhat if your parents and family members and teachers set up in you a workbook for achievement?s get back out on the field for the second half. Kickoff is going to begin. You are about to get a big dose of fun, play and passion. Game on!About the AuthorJim Holznecht can be an award-winning producer, writer, teacher, coach and speaker. He empowers visitors to create a life of creativity, motivation, play, fun, interest and purpose. "MidlifePlaybook.com.



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Brilliant! I am proof that you don't have to know anything about football – or be a guy – to get a lot out of the book. I like the idea of looking forward to a life of playfulness. It is time to get severe about having fun! Also, having a workbook is indeed helpful. Now I've the opportunity to see how significantly along I've come. I would highly recommend this reserve to anyone—especially to those adults who want to learn to have significantly more fun within their lives. The authors usage of football analogies perfectly aligns to life. I'm inspired and can't wait to dive in further. Finally, the perfect gift for men who need a jump start to happy and healthy.! This would be a fantastic gift for anyone wanting to reunite on track This would be an excellent gift for anyone attempting to get back on the right track. It made me realize how truly possible it really is to exist with enthusiasm and fun. Despite the fact that I am not an avid football ...! The reserve can be fun, insightful and inspirational.. I've just started reading this book and I'm amazed at the energy that leaps off the page I've just started reading this reserve and I'm astonished at the energy that leaps off the web page!.. Even though I have no idea anything about football it is easy to see the analogy and apply it. We all need some inspiration every once in awhile. This writer writes an inspiring playbook. Here's to an amazing 2nd half! It really is filled with great and simple suggestions that are easy to apply.. This reserve is a superb read for anyone - you don't have to wait around until halftime in your life to have the juice!and your results...Great reserve - even for the Soccer Challenged My boyfriend adored this book so much that I had to take a look. This book was amazingly inspiring! All of the men in my own life will be getting a copy of this book for Christmas. Fun, insightful and inspirational - you don't have to wait around until halftime in your life to find the juice! As I am going through midlife myself, I found this publication really insightful, with many reminders that it could be the "half time:" in my life, that there is still very much to play for. I really like the context in which Jim creates these insights and distinctions around the game of soccer - one which most of us can relate with. It made me realize how truly possible it is to live life with interest and fun. As a lady who takes personal responsibility for being healthy and happy, it's about time that someone came out with work of the caliber that appeals to women and men alike. It's all right here. Jim's book stands apart in how it addresses the sensitive context's of love, life and everything among Within an sea of personal growth books and applications, Jim's book stands apart in how it addresses the sensitive context's of love, life and everything among. Its an excellent guide to releasing aged patterns and obtaining back into your creative mode. I recommend this book for anybody starting their "2nd half" life, avoid midlife crisis, find your way through it and arrange for what comes next! Great job and thanks for sharing your wisdom Jim! Get your Fun back in 21 days This book is really like 40 books in a single. This book offers you the best way to increase your fun.The added bonus is that if you like football, it really is easy to understand how to start taking action. The author references many books, movies and rates that illustrate how exactly to "at this time" kick start your life. Despite the fact that I am not an avid football enthusiast, I really enjoyed the football analogies— they made a lot of feeling and helped me understand the overall game of life deeper.. Football action related strategies for creating a more fun and fulfilling lifestyle.



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