

What's Making Our Children SICK?

How Industrial Food Is Causing an
Epidemic of Chronic Illness,
and What Parents (and Doctors)
Can Do About It

EXPLORING THE LINKS BETWEEN
GM FOODS, GLYPHOSATE, AND GUT HEALTH

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Exploring the links among GM foods, glyphosate, and gut health With persistent disorders among American children reaching epidemic levels, thousands of parents are desperately looking for solutions to their kids's declining health, often with small medical guidance from the experts. What'What' convincingly clarifies how agrochemical industrial creation and genetic modification of foods is definitely a culprit in this epidemic.s Building OUR KIDS Sick? No. Using individual accounts of their medical experiences and new medical insights about pathogenesis of persistent pediatric disorders— But what if toxicants in our foods are a major culprit, one which, if corrected, may lead to visible results and increased wellness? Most chronic health disorders have multiple causes and require cautious disentangling and complex treatments.taking us in to gut dysfunction and the microbiome, and also the politics of food science—explores the frightening links between the efforts to make higher-yield, cost-efficient foods and an explosion of childhood morbidity, but it additionally offers wish and a path to effecting modification. ailing health.s Making OUR KIDS Sick? Agroindustrial " this book connects the dots to explain our kids' The predicament we have now face is easy.s Making OUR KIDS Sick?innovation" in a previous era hoped to prevent the ecosystem disaster of DDT predicted in Rachel Carson's seminal book in 1962, Silent Spring. However, this industrial agriculture motion has created a even worse disaster: a toxic environment and, therefore, a toxic food source. Pesticide use reaches an all-time high, despite the fact that biotechnologies aimed to reduce the necessity for them in the first place. A number of these pesticides are the modern day exact carbon copy of DDT. Today these chemical substances find their way into our livestock and meals crop industries and eventually onto our plates. However, scant research exists on the chemical soup of poisons that our children consume on a daily basis.What' As our food supply environment reels beneath the pressures of industrialization via agrochemicals, our children have grown to be the walking evidence of this failed experiment. Is it the only culprit? exposes our current predicament and will be offering insight on the medical responses that are available, both to heal our kids also to reverse the compromised health of our food supply.



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You are everything you eat. "Must Browse" for all Parents This book is becoming my "head to" gift for all new parents. Perro and Dr. Finally documented scientific and medical evidence addressing this chronic health epidemic I just attended a reserve talk with the authors at an area bookstore and voraciously go through this book the next day. They prescribe a simple, radical treatment: a food-focused method of treatment. Perro provides repeatedly demonstrated, by adopting a food-focused approach to medicine, we can improve the mental and physical wellness of our households by making better food choices and clearing up our kids' guts. That is an important book that explores the far-reaching implications of how our food is produced and helps to explain the frightening rise in gastrointestinal, autoimmune, and psychiatric ailments among American kids. Its well-researched arguments are backed by technology and rendered available to the lay reader, enlivened by medical case research from pediatrician Perro's practice in northern California. Great read. Strongly suggested reading for parents of small children as well as the general public. Whether you certainly are a medical professional or a parent looking for some insight into the chemicals we are permitting ourselves to become poisoned by, this reserve is for you. Perro and Adams have written an informative, well-researched and thought-provoking reserve for parents and health care professionals alike. It's easy to read (much to my surprise and delight) and offers some common sense and simple solutions to help make ourselves and our kids healthier (consume organic, non-GMO foods to begin with). This book is existence changing and worthy of the read! As Perro and Adams explain why our children's bodies (and our very own) stagger and stumble under the toxic load in the genetically altered and pesticide-laced food we put on the desk, they stress the advantages of organic meals and the value of getting rid of indigestible and/or harmful staples of the American diet plan.. Dr. I want I had these details when my own children were little! It is informative, easy to read, easy to understand and provides concrete techniques for parents to try enhance their child's health. Great book! I highly recommend this book.. educational book. Its spirit is definitely impassioned yet even-handed, closing with a contact to activism. It's essential for everyone who cares about what's in your meal & how exactly it affects people, children & adults.! Five Stars Amazing and required book simply by 2 trusted professionals definitely read! Great read and i'm all over this with what she talks about! Eye opening, existence changing, totally value the read! This book was eye-opening, and quite honestly, frightening. I've a Master's in special education and I have been following national rise in kids with chronic health issues such as for example asthma, autism, food allergy symptoms, etc. Must go through, whether you are a mother or father or not!) And since I've produced these changes in my own diet, most of my joint pains have gone away. I also was struggling for 2 years with infertility and got 3 early losses. A fantastic & I gifted this reserve to all or any my relatives with small children and I highly recommend it for your loved ones too. After searching for help from an expert who wanted to pump me filled with hormones it was a wake-you-up call to get to the main of my problems. Because the diet change I've been able to successfully have a baby without assistance from God only knows what type of medications, and am well directly into my second trimester with a healthy pregnancy. Cleaning up the industrial meals supply in the usa is a monstrous problem, but as Dr. I've had chronic knee discomfort for about 15 years (I'm only 29! A compelling book from begin to finish, guiding you through the complex conditions that affect not just our children but us aswell. Read this reserve for your kid's sake! In case you are skeptical about the the complete organic and non GMO actions this reserve will go quite a distance in at least making you query everything you thought you knew and encourage you to look in the mirror at what you and your family consumes. A must read for everyone I am in p. 154 of the 210 page publication

and I am already convinced that it is a must read for everybody. It is extremely well researched but presented in a readable and understandable fashion. Adams provide a clear, compelling and incredibly readable conversation of what's making way too many of our children unwell. After slicing gluten and dairy out of my diet plan, I've lost 20 lbs.. We all ought to be VERY alarmed. My 8-year-old boy has PANDAS (an autoimmune disease) and traditional western medicine has already established few answers to explain why he became ill, how exactly to treat his disease and prevent potential "flares." We found answers through naturopaths and chiropractors (it seems that strep throat went to his brain via leaky gut and possibly abscess under root canal). Michelle is a highly accomplished doctor and scientist who provides made the very real and scary connection between your epidemic of gut and immune-related conditions that have their root in industrial agricultural practices like the usage of GMO crops and dangerous pesticides designed to eliminate bugs in the even more subtle techniques we are viewing children's bodies being damaged.



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