

uniquely **NORMAL**

**Tapping the Reservoir of Normalcy
To Treat Autism**



Robert J. Bernstein with Robin Cantor-Cooke

Foreword by Dr. Temple Grandin

Robert J. Bernstein

Uniquely Normal: Tapping The Reservoir of Normalcy To Treat Autism



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Bernstein has found a different approach in helping people of all ages with ASD. Author Robert J. Predicated on cognitive thinking, the target is for those who have ASD in order to reside in the world and connect with the people in it as themselves. Bernstein believes that whatever he will therapeutically should be on the specific's terms— Therapy examples are categorized by age ranges, and demonstrate people with autism's he or she must lead.s abilities to express their particular humanity, and engage more fully in the individual interactions that give existence meaning and make it worthy of the effort of getting out of bed each day.



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I should note that I'm a great skeptic and am hesitant to take advice that's not ... While I see merits in ABA, I believe this book is filled with wisdom and actionable tips for all of us parents to make use of throughout everyday life. I should remember that I'm a great skeptic and am hesitant to take advice that's not 100% evidence-based. I simply finished reading and already have seen greatly beneficial changes in our lives. A snapshot of the sufferers and teaching methods used to greatly help people with autism. This book is actually a book of "case files" which describe patients arranged to be able of age. model great behavior using every day activity to connect with your . It is difficult for me to find a proper and .. In Useful guide to taking actions to get autistic individuals better A smart choice read for anyone ready to learn more about the 1 in 57 and growing statistic of 'on the spectrum' individuals. Each chapter is certainly a case, a bit of a puzzle, and then the conversation of the process of how he began to make some connections to provide the topic further along within their realization to the fact that they are movers and actors within their relationships and the globe. Rob Bernstein presents a different approach to addressing some of the troubles that some of these kids, and adults, encounter. The "treatment" which reaches the core of what he does strikes me as quite human being and simple, yet I have not heard anyone else perform it in this manner. It is problematic for me to look for a proper and concrete method to describe what I took out of this book. It is refreshingly straight forward and optimistic. I believe Dr. If you have a kid on the spectrum, particularly a non-verbal one, Robert's methods are something that you should try. Robert after that walks us through his preliminary assessment, the way in which he decides the easiest way forward and the next treatment. His treatments are nothing short of revolutionary. The situations begin with an instant statement of the individual and their essential issues (eg: nonverbal, prone to tantrums, social panic). Bernstein's 40+ years of experience suffices quite well as evidence-based... This book provides information how to improve social conversation, play skills, model good behavior using every day activity to connect with your child. I highly recommend read this book to understanding of children, adolescents, and adults on the spectrum. Robert Bernstein, you possess helped my child in tremendous method building his strengths and dealings with frustration. I am very grateful to you for all you help.. It provides helped me better understand my boy. Robert shows obvious mastery over his market study strength wisdom and wish in his field, and he shares about it eloquently and in an organized practical fashion. It has helped me better understand my son I learned so much from this book. I'm about learning and broadening my horizons. Many thanks giving me the opportunity to read a great book. I will gladly recommend this book



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