

TRACY SCHORN

LEAVE

A CHEATER,

GAIN

A LIFE

THE CHUMP LADY'S SURVIVAL GUIDE

READ BY LAURA COPLAND



Tracy Schorn

Leave a Cheater, Gain a Life: The Chump Lady's Survival Guide



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Keep a Cheater, Gain a Existence is a no-nonsense self-help guide for anyone who has ever been cheated on. Here's advice not based on saving your romantic relationship after infidelity - but conserving your sanity. Filled with solid guidance that champions self-respect, Leave a Cheater, Gain a Life offers a fresh tone of voice for chumps who would like (and need) a new message about infidelity. But Tracy Schorn (aka Chump Lady) lampoons such blameshifting and places the concentrate squarely on the cheated-upon (chumps) and their needs. When it comes to cheating, most of the attention is focused on cheaters - their unmet needs or their challenges with monogamy. Filled with snark, sass, and true wisdom about how to bounce back following the gut blow of betrayal, Schorn may be the friend who manuals you through this nightmare and provides you hope for a better life ahead. This publication will offer advice on stupid sh*t cheaters state and how to respond, rookie errors of the lately chumped and how exactly to disarm your fears, why chumps take the blame and how exactly to protect yourself, and more.



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