## I'M JUST THAT INTO



## YOU'RE THE ONE YOU'VE BEEN WAITING FOR

Stories & Tools for Self-Discovery

DAYNA (REID) MASON #1 BESTSELLING AUTHOR & IASON ANDRADA

## Dayna Mason

I'm Just That Into Me: You're The One You've Been Waiting For



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\* I don't let people obtain too close. At this time. Are you trapped in a rut? That way they can't hurt me. You had been born amazing and that by no means changed. Your belief about yourself did. In a playful response to the reserve, " Mason and Andrada will guide you using tale and equipment, through your very own breakthrough from tragedy to wellness, happiness, wellbeing and freedom. the authors demonstrate how to stop searching for love from difficult sources and find it within yourself. They tell a tale based on a true tale of two traumatized friends attempting to see through the abuses they experienced as kids. \*Includes tools to assist with your own self-discoverySome behaviors that are resolved in the publication:\* I make an effort to control every circumstance and most people in my own life. It's safer that way.#1 Bestselling Author, Dayna (Reid) Mason, and co-author Jason Andrada using entertaining story and easy tools show you how awesome you are. Let the authors show you on a treasure hunt to discover the joyful lifestyle that has been there all along. \* I don't believe I've ever been really happy.\* I take advantage of sex to feel powerful or fulfill my emotional requirements.\* I constantly critique everything I say and do.\* I have to be careful in what I tell others about myself so they don't leave me personally. This transformed everything. Anne and Dominic were both confronted with the truth in regards to a tragedy in each of their lives. Dominic's and Anne's tales converge and take you on their journeys of self-discovery to becoming liberated from self-destructive patterns. He's NOT That Into You"



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Excellent! Easy to read and relate to. All lifestyle experiences are what they are, good and bad; Dayna and Jason talk about their adverse childhood encounters of sexual misuse and describe how those experiences shape the dynamics of their associations today. I appreciated the lessons they give in the publication to greatly help recognize the profound impact my past experiences experienced on my failed romantic relationships. Because of this book I've learned how essential it is to like myself to be successful in my relationships. Wonderful read! Powerful and emotional! If you want to identify behavior patterns in your life that result in relationship failure then this is your publication. but, all of them are powerful presents. Got me considering. Useful exercises by the end. This book focuses on the relationship that forms the foundation for all other relationships -- our relationship with ourselves. However, of all the problems that may have happened to you, you need to take ownership of how you are feeling, how you react. The tools supplied in the reserve are easy to use and something that may benefit everyone. If you are looking for a tale of inspiration and achievement, then this book ought to be on your list as essential read! Keep your center open for recovery and future love. This book targets the relationship that forms the basis .. Easy read yet filled with depth! Things happen. An excellent collaboration between these two authors! A lifeaffirming story of turning pain right into a springboard for helping others. An excellent message for all I read this book in a day. It pulls you in and is simple to follow. The things that shape us and may switch who we are and how exactly we interact.. I truly enjoyed scanning this book and hearing the tales behind each. Looking forward to another book! Hard to place down. Sometimes good will come from bad. Done well! This book grabbed my attention from the moment I picked it up, seriously couldn't put it down. This inspiring author Dayna Mason doesn't disappoint. Essential read for certain, packed full of stories, insight and equipment for a lifestyle lived well. Self help guidebook recovery from abuse. Interesting tale of recovery from childhood sexual abuse. Readable, helpful suggestions for activities to further recovery and well being. Easy to read to relate to! Must read! Surprised just how much I could relate to this book; which made it difficult to place down. Read and Ponder Great book.!! Easy read. Great, easy read. I'd recommend reading it in case you are a treatment taker of others before yourself. Strongly suggested for men and women alike!. A great lesson on what your past traumas do not need to dictate your life. Awesome Book what an incredible book it was easy reading Can really relate to a whole lot in this book have go through it twice but still find things to relate to I recommend this publication to everyone to read you may be surprise at everything you could find out about yourself. I must say i liked how easy it had been to read and how well put together it was. Although the two main characters experienced specific types of trauma that educated their actions, any reader can take advantage of the equipment of selfdiscovery and self-care that are one of them book. Enjoy this book:) Great read! Loved the exercises by the end. This book is just plain good advice and is written in a manner that nearly anyone can understand and apply. Engaging from the get go. This book is just plain advice and is written in a way that nearly .. Super easy but thought provoking The characters have become believable and the situations are sad nevertheless, you can truly see them happening. I examine it in a single evening:). A life lived very well. I appreciated the lessons through the encounters of the individuals and the follow up of practical methods and exercises to place into action. I found the characters very honest and relatable. I truly enjoyed reading this book and hearing the tales behind each character. It is sad to read about the trauma the heroes experienced but is refreshing to see how they overcome the items which were keeping them from truly valuing their worth. They are simply some of the things I gleaned from this amazing masterpiece by Dayna Mason. This publication is an instant, easy read and one you will not want to place down. I hope you enjoy it just as much as I did so!. It is very thought provoking and an excellent book.



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