



Amy Dresner

My Fair Junkie: A Memoir of Getting Dirty and Staying Clean



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In the tradition of *Blackout* and *Permanent Midnight*, a darkly funny and revealing debut memoir of 1 woman's 20-year struggle with sex, drugs, and alcohol addiction, and what happens when she finally emerges on the other side. Growing up in Beverly Hills, Amy Dresner had everything: a top-notch private school education, the priciest summer camps, and a good weekly clothing allowance. Shortly, if you could snort it, smoke it, or have sex with, she do. But at 24, she began dabbling in meth in SAN FRANCISCO BAY AREA and unleashed a fiendish addiction monster. Smart and charming, with Daddy's money to fall back on, she sort of managed to keep it all together. Within months, she found herself in the psych ward - and then penniless, divorced, and looking at 240 hours of court-ordered community service. But on Christmas Eve 2011, all that changed when, high on Oxycontin, she stupidly "brandished" a loaf of bread knife on her spouse and was promptly arrested for "felony domestic violence with a deadly weapon". For two years, assigned to a Hollywood Boulevard "chain gang", she embroiled syringes (and even worse) as she bounced from rehabs to halfway houses, all while fighting sobriety, sex addiction, and beginning over in her 40s. In the tradition of *Orange May* be the New Black and Jerry Stahl's *Permanent Midnight*, Amy Dresner's *My Fair Junkie* can be an insightful, darkly funny, and shamelessly honest memoir of one woman's battle with all forms of addiction, hitting very cheap, and forging a path to a life worth living.



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that's a talent. Let me begin by saying this is the first book evaluate I've ever written, AND, i rarely provide books 5 stars. This publication grabbed me with the first sentence and compelled me to read the book in one day, it was that FASCINATING. It had been addictive (no pun meant) for 2 reasons: 1) Dresner is an amazing article writer. Who knows: you might even find empathy where before you only found judgment, revulsion, and bottomless anger and frustration. Aw. No question she did operate comedy. The fact that she can be authoring such disturbing, gritty material yet finding methods to make you laugh throughout it all. Amy Dresner is definitely honest and hysterical. FASTEN YOUR SEATBELTS! FUNNY, SMART, ADDICTIVE READ! I learned SO much about addiction and melancholy, and provided me a whole new empathy for individuals who struggle with them. I sincerely wish that Dresner continues to write. A Must Read Truly enjoyed this book and would recommend reading it. I have a feeling she can make any topic fascinating and funny. This was a book I possibly could not deposit, and in fact, I think I may need to read it once again. . I recommend this reserve to my customer who have a problem with addiction, in addition to my fellow therapists who function in drug and alcohol treatment. There wasn't another option. There's no addict — to alcohol or various other drugs, or for that matter, to all or any the behaviors we obtain enslaved to — who earned't see themselves in Amy's story. And that's the very good news. It begins with a person I have no sympathy for in the beginning, she grows up wealthy, privileged with caring parents and she cannot get her ^*#&. This book can be intriguing, funny, and difficult to put down. I adored her design, her descriptive comparisons, her vocabulary - everything! And for those of us who have been (or maybe even now are) addicted, Amy's reserve is a manifesto for self-compassion. In lesser hands, such a story could possibly be, potentially, a 'challenging examine' but Dresner brings her stand-up humor chops to the overall game by spinning scenes with slam-punch, crack-up lines that allow the reader to view the harshness through a different zoom lens, with a different perspective: darkly-comic, absurdist even. yet she gets us to laugh first at herself, then ideally, ourselves. Read this book!" Amy gets this.. In fact, I believe her story is more relatable because of her history and the knowing that this could become anybody of us . If you are a addict, alcoholic, sarcastic recovered person, or not. I really believe there's liberation in good information — liberation from the shame which otherwise paralyzes the best of intentions — and brilliant Amy is among the great liberators. Amy Dresner's book, My Fair Junkie, is effective, witty, clever, candid, sensible, engaging, gritty, and, above all, an essential read for somebody in recovery and/or themselves. and that ain't ever a compliment.. I support you always. Humor is truth, as the saying goes. She actually is as merciless you, the reader, as she actually is on herself; pulls no punches, keeps nothing back. Sex, medications, rock & roll (t-shirts); beauty, brains, and even more lives when compared to a cat, despite being hell-bent on self-destruction. there is no drag on the tale here. her comedic timing and wit are razor-sharp. So when one day, the clouds finally component and the sun starts breaking through for them and they begin to find what we discover, we cheer for them because we constantly understood they'd triumph. we see what they do not - who and what they really are. Everybody knows someone like this - beautiful, excellent, damaged, tormented; Hell yes, and thank God: addiction is offensive! You may well feel that way by the finish of this book. You will NOT be able to place it down. I couldn't, and I'm currently jonesing for the next hit of Dresner. An intense, harrowing, brutally-honest but also FUNNY addiction memoir The raw materials of Amy Dresner's story as detailed in 'My Fair Junkie' is a harrowing, hard-core, no-holds-barred tale of self-destruction as the cluster bomb of high-octane addiction scatters and explodes in different forms. She is unsparing in her description of the interiority of addiction; From page 1, you're strapped in with the author on the wild rollercoaster ride she's bought out the last two decades or so. Despite the fact that addiction itself is certainly repetitive in nature, making the same mistakes

again and again... Dresner's literary voice can be feisty, ribald, guttural, intense; It sucks you in from the get-go and blisters along at high acceleration, but it's also offset by touching moments of introspection, tenderness and transformation. smart, engaging We couldn't put this straight down. Who couldn't then benefit from some major grace, laced with self-forgiving humor, amidst that everpresent outer/inner stigma? Thank you for sharing your life story. I understand it required great courage to create this book - raw, honest, naked, and vulnerable. You certainly are a brilliant writer and a far more amazing person! Kudos for composing this masterpiece and much respect and admiration on your sobriety. If you've ever struggled with addiction (of any kind), or loved anyone who has, or you merely LOVE reading books with a solid, clear, captivating, hilarious, natural, brutally honest voice, That is one you absolutely shouldn't miss. Life Changing! Must read for anybody going through recovery I couldn't put it straight down, Amy's memoir won't leave me and will forever help me. Unbreakable Amy Amy, can we end up being friends?For family members of addicts and/or those in recovery, here's finally the foundation, from the true-to-life underbelly of addiction, to comprehend what is actually going on for your beloved. Her fearlessness and openness is quite interesting. She exposes the absurdly illogical believed processes those deep in addiction rely on to perpetuate and justify their use. I got a little teary when near the end of the publication she talks with her dad about embarrassment and shame she believes she's triggered him and he says that his close friends only wish that they had a youngster as unbreakable as her.

2) Dresner is FUNNY. Recovery and addiction This is a must-read. Amazingly relatable Started listening to the audible version yesterday following hearing an interview with Amy about a Podcast. Great read! Amazing, brutally honest and inspiring! You will pick it up and not put it down. Always great to learn about someone overcoming a huge obstacle! I would love to hear even more about her childhood, her teen years, her different therapists, etc. Brilliant read Brilliant read! Is it offensive?. Cannot put this book down. Anyone curious about addiction or recovery would reap the benefits of reading Amy's memoir. I just watched Beautiful Boy and I am fascinated with recovery literature at the moment. I've browse Nic Sheff's, Tweaked; The Patrick Melrose series; JA Wright's How to Grow and Addict; Rick Roll's Finding Ultra; and Blackout by Sarah Hepola. This one is unique among all others.. together.. However, the next thing I understand, I'm totally on this girl's part. She's honest, self-aware, funny, tough as nails and completely vulnerable at the same time. I really could follow her imperfect transformation because I discover myself in her.. . The Best Antidote for Shame, the very best Invitation to Compassion You'll Ever Read Amy Dresner's book is the solitary truest introduction to the insides of addiction, and recovery, which We've yet read. or speaking for myself, she is me. Definitely pure honesty! In a slight variation on Oscar Wilde's observation: "Recovery is certainly too important to be studied significantly. There's not a soul out there, presently in recovery, who hasn't encountered the huge, reflexive stigma (sometimes outdoors, often inside) directed in the average person in recovery — it just means you were addicted, ideal;.. As an African-American man, I must say i didn't have the endurance for to hear how a skinny rich blonde "made it" finally in recovery after only 2500 probabilities a trust fund and blah, blah, blah when I understand for many folks in this culture its one hit and you are out.you will laugh, cry, cringe and want to hug Amy all at the same time. Her honesty must have been difficult to talk about, but I thank her for this. You ROCK!



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