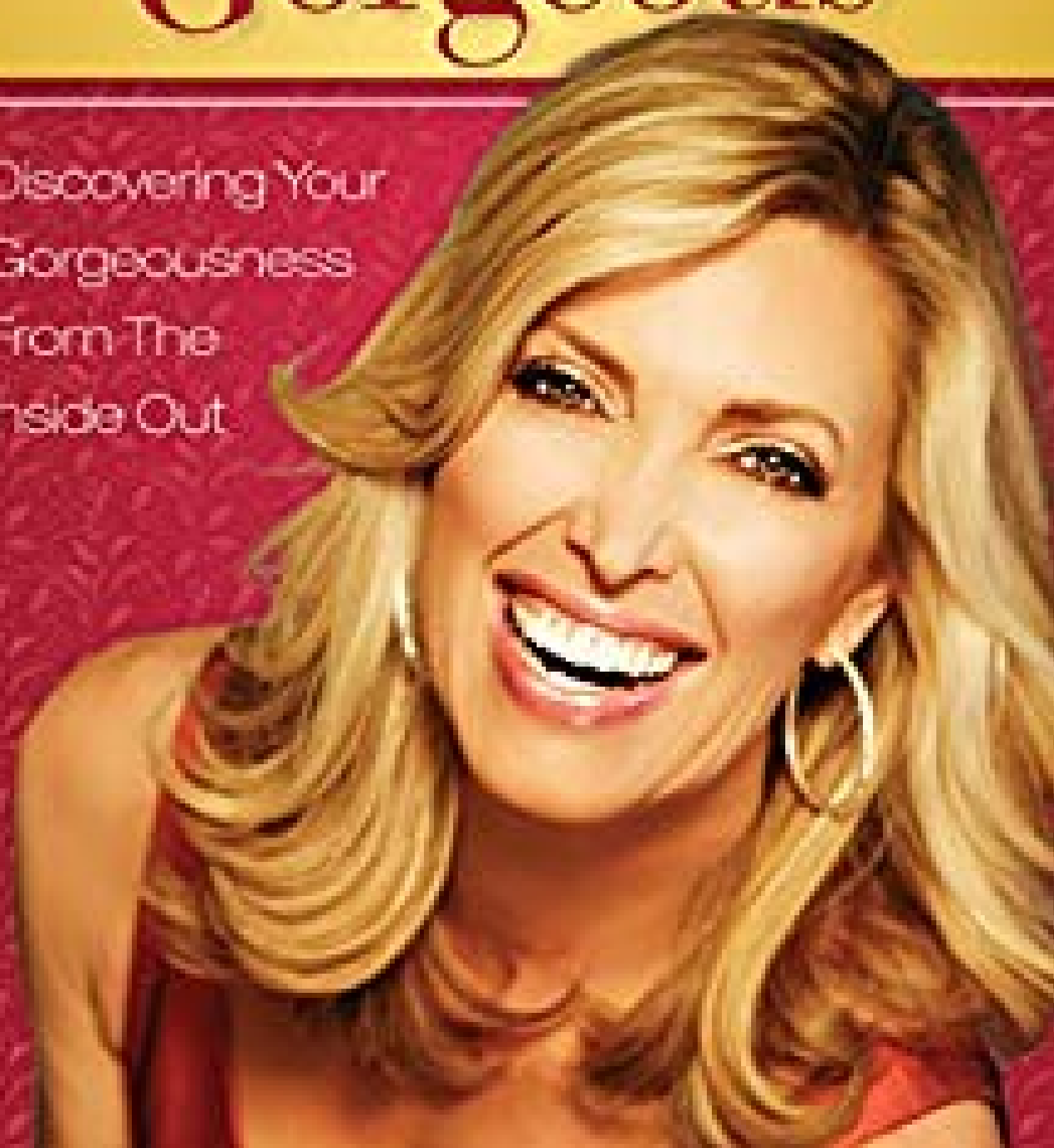


Dale Smith Thomas

# Good Morning, Gorgeous

Discovering Your  
Gorgeousness  
From The  
Inside Out



Dale Thomas

Good Morning Gorgeous



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Dale Smith Thomas encourages ladies emphatically to have a clear-eyed appearance at themselves and their self-defeating behavior. This no-nonsense guide challenges females to learn who they are, stand their floor and embrace lifestyle passionately with purpose. Good Morning Gorgeous offers a unique perspective to women of most ages on how to be Confident, Courageous, and Convinced! realizing the responsibility starts with the girl searching in the mirror. In Good Morning Beautiful, Dale reminds us that we should honor ourselves and keep our well-being sacred.



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A great read and great gift! Dale's motivating and encouraging words are truly authentic, and it is clear she is driven by a desire to inspire and encourage all ladies to be the best version of themselves. I'll refer back to this book often and keep it in my collection of the best self development books. Thank you Dale! Every woman should read this! I've bought tons of copies to give to all my favorite people! I had the pleasure of seeing Dale speak in person and she was amazing! I purchased her book and totally loved it!! I wish I had 100 at hand out to all the ladies I know. She's such a great positive message to share." Then you'll be poised and ready to undertake the worlds that a exclusive and powerful YOU are destined to conquer! You won't regret buying it. ? A Must-Read for each and every Woman! HELLO, Gorgeous by Dale Smith Thomas is chalk full of helpful advice, anecdotes, and aphorisms. I really like how Dale calls these principles "gifts" as they are powerful and existence changing when apply. Love this book Love this book! Citing some of the biggest brands in the self-help industry as her mentors, Dale is actually a student of existence and it would behoove one to pay attention or, in this case, read this book! It generally does not get more inspirational than this. Dale has inspired me to pull out my dreams that have been on the shelf! MANY THANKS DALE! Motivating and uplifting An excellent read for all females. Dale Smith Thomas a respected motivational speaker / life trainer / leader of the personal empowerment movement. Good Morning Gorgeous is an easy and compelling go through that provides context around Dale's views on existence and the common thoughts and misperceptions that people have (primarily females) that keep them from reaching their very best potential and seeing themselves as "gorgeous." Those who have heard Dale speak (men and women) will love this deeper perspective into what Dale teaches in her presentations. The reserve has sections for readers to journal or take down notes and begin changing their considering. This book is lifestyle changing and a MUST READ! 5-Celebrity Reading Guaranteed To Lift Your Spirit AS WELL AS YOUR Soul! We've all heard that age is just a number. If you want to have all the confidence, courage and energy you need to like a feisty and fulfilling existence, do something truly meaningful and give yourself the gift of buying this reserve. But, as web host/founder of Feisty Aspect of Fifty, I'm alert to the importance our internal dialogue has on aging well...Good Morning hours Gorgeous delivers the ideal mix of life-affirming messages, practical tools, inspirational rates and self-reflective exercises that are guaranteed to lift both your spirit and your soul. While Dale writes: "Your thoughts will be the architects of your destiny." So become the soul warrior and champion you are meant to be by getting up every day with a heartfelt "Great Morning Gorgeous! I enjoyed her book! Life-changing perspective on how to love yourself. An excellent book about self-confidence and courageousness for anyone to read A great book about confidence and courageousness for anybody to learn! Dale inspires and equips her visitors on how best to release these detrimental blocks by expounding on key principles she's learnt along her own life journey and has also taught to thousands around the world. We hold so much power in what we believe and say about and to ourselves!. LIFE CHANGING! I fell deeply in love with Dale when she wrote Solo in the Spotlight, have attended many of her bootcamps and speaking occasions and am moved every time! Her words of wisdom and encouragement are relevant for every woman age 10-100 and truthfully, I could say this girl CHANGED MY LIFE in therefore many amazing methods. I could now say each morning to myself, HELLO GORGEOUS with conviction in my own heart. This is a must read for any female who has wondered when there is more or offers battled discouragement !!!!!HELLO Gorgeous: Discovering Your Gorgeousness From the within Out A MUST READ!!!!. They'll set you free from self-limiting mindsets that can keep you hidden and playing small & Good Morning Gorgeous would be a great present for anybody feeling a little bit lost in existence or simply facing an individual challenge - or any followers of Dale Smith Thomas. Buy one for you personally and one for your best friend!

Inspirational and Transformational Dale has truly written an excellent book that should be a must browse for every woman who is wanting to discover, celebrate and embrace her authentic internal and external gorgeousness by letting go of disempowering beliefs, thoughts & attitudes that result in devaluing her sense of self-well worth, doubting her innate power, beauty and abilities.. Southern-born and full of southern attraction, Dale engages her readers with her own private journey while, on the way, dispensing valuable advice that she has discovered through her own private development. An inspirational and light-hearted information to claiming your power, growing your self-confidence and knowing your value! help you in valuing all that you have already been created to end up being, your unique presents and talents and possess you stepping out to live your ideal passionate, purposeful and beautiful lifestyle confidently and courage.. In a world dominated by the superficial and the trivial, this book helps visitors realize their true beauty and find out life from within.



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