

The image shows the front cover of a spiral-bound notebook. The cover is decorated with various botanical illustrations in a hand-drawn style. There are several orange daisy-like flowers, some with dark brown centers. Green leaves of various shapes, including some with serrated edges, are scattered around. A small branch with blue berries is in the upper right. A slice of an orange is in the center. Two stalks of lavender are on the right side. The title 'I Am Fabulous' is written in a large, cursive font, and the subtitle 'BLENDS FOR EMOTIONAL WELL-BEING' is in a smaller, sans-serif font above it. The author's name 'By Desiree Mangano, LAC, MSTOM' is printed below the title. The spiral binding is on the left side.

BLENDS FOR EMOTIONAL WELL-BEING

# *I Am Fabulous*

By Desiree Mangano  
LAC, MSTOM

Desiree Mangandog

Book: I Am Fabulous



[continue reading](#)

With specific blends, the mix of natural oils and targeted organs can create quick psychological shifts. Chinese medicine teaches all of us that each organ includes a correlating emotion associated with it.



[continue reading](#)

Life Changing This book is excellent, you can color the pages of recipes you've made.!! fun; Love this writer! I don't need anyone to tell me natural oils perform or don't do because they claim. They are working for my family and that is really all that counts for me personally. They are calming myself and my kids... We are receiving along better... But to me, it was worthy of a try. We've attempted everything. What could these harm.! It's a cute book but not as substantive as wished for. I am Not really a lover of ylang ylang but the blends she provides us and also have ylang ylang smell amazing!she/writer is amazing. I cannot tell you that these WILL work for you. this reserve is worth it's pounds in gold.I'm content and would recommend... Yes, there are special requirements in my household, no... However, the reserve is not what I anticipated. It's a coloring book format and has different gas blend recipes for psychological states such as Become Brave and I Am Whole. There are descriptions following to each essential oil in the blend, stating what the essential oil does such as Can help you observe your divine nature or Releases the fear of not being sufficient.! Since the author can be an acupuncturist, I would have liked to have some description from a Chinese Medicine point of view as well as more information on acupuncture point applications. Using with Doterra Oils, and for me. Literally it's the roller blend recipes (and a few diffuser recipes) and webpages to color. Five Stars Fantastic recipes! Five Stars Very colorful and filled with great information, though I think the book has ended priced. That is my go-to book for roll-on EO recipes. A++ Soooo many wonderful roll-about concoctions. I am functioning my way through these dishes and believe me, there is definitely something for everyone in this book! Nothing. Well worth the Price!!. If you are seriously interested in your oils, get this book.Again, to each their own. Not very substantive information I've heard others reference this publication and was looking forward to adding it to my collection.. Keep it hands and read, notice and write on it!.. thank u 4 a good deal.Other sellers dual the price! However, there is no substantiation or background for the claims.! enjoy... I'm looking at Valerie Ann Worwood's The Fragrant Mind as an alternative.! I love the recipes in this book. ;) Very useful and easy to check out I use the formulas in this reserve over and over! Love it! Happy wife happy life!! Wife loved this publication. and the quality recipes for roll-ons are actually great. Thanks for putting all of them together in a single book! I also love that the writer added why she added each essential oil she picked on her behalf blends.. Perfect Essential Oils Book Mint condition! Love this book. Love offering these rollerball as gifts Love giving these rollerball while gifts. This book allows me to choose a different one for each person that could be going through something or simply because it fits them More Recipes than Substance This book was not as comprehensive as I expected. It left me wanting more.



[continue reading](#)

download free Book: I Am Fabulous pdf

download Book: I Am Fabulous pdf

[download White Hot Truth: Clarity for Keeping It Real on Your Spiritual Path from One Seeker to Another epub](#)

[download free Lead Yourself First e-book](#)

[download On the Shortness of Life: A New Translation fb2](#)