



# NANDO

*The Healthy Hero*

AUDIO  
BOOK

vs.  
**The  
Quesadilla  
Crooks**

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Michael Joseph Fernandez and  
Nando the Healthy Hero vs. the Quesadilla Crooks



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Share his out of the world experience where he realizes just how much fun cooking food could be. Follow Nando in his journey to become the Healthy Hero.



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Nando The Healthy Hero us. The Quesadilla Crooks Nando The Healthy Hero us. I loved reading about the experience of Nando The Healthy Hero. Children learn the advantages of healthy eating. This book may even inspire your children to create their very own books. My students absolutely love this story and rave about the healthy attitude of Nando and the recipes within this book. Get This Now! Go Nando! Readers will get caught up in the story as they eagerly wait to see what goes on to Nando!! Nando the Healthy Hero us. My students and also the kids in my own family all love this book plus they love hearing it time and time again! Nando is a brilliant hero like zero other!! Not only does it allow you to get dropped in Nando's imaginary world, it gives you an almost interactive cookbook of sorts to help create one of the author's favorite, kid friendly recipes. This book is an excellent addition to any class or home library! We look forward to the next Nando adventure. The pictures are vivid and the author's story is fairly inspirational. The recipe was fun to check out!. Not only do kids enjoy the storyline, but they also learn fresh healthy recipes to cook up in the kitchen. Go Nando!! Avoid being surprised if your little ones beg to spend time with you in your kitchen. They'll be practicing two important life skills- cooking and reading. Nando the Healthy Hero can be an exciting adventure and cookbook in one great story. In a global where everything is indeed fast and disposable along comes a publication that parents can read to and making use of their children while developing a healthy meal and a memorable family members experience. I hope this is just the first in many exciting adventures for Nando and I can't wait to find what he does next! Hooray for Nando! So much even more than just an excellent book! Then search no further! Nando takes children on a magical experience that fosters not only healthy eating habits but their imaginations. The recipe that follow the story is amazing and encourages quality family time, something ALL kids need! My students loved the recipe and we are looking forward to another Nando adventure!! An awesome experience! The Quesadilla Crooks is usually a tale of imagination and adventure. It is fun and interesting. They will want to help you in the kitchen. Nando!!! Nando! Nando! Nando! Nando the Healthy Hero is this awesome book filled with imagination and adventure! I love the message it sends to kids about eating healthy however in a creative method. Not merely did my learners love this book but my boy couldn't wait to create his own healthy quesadilla! We are looking forward to conference up with Nando in his next book! Nando is a wonderful story all children will like to read! Nando is a creative story which will inspire children to need to spend time with their family. In this story, Nando is making supper with his mom and then goes on an excellent adventure using his imagination. My students enjoy scanning this publication as do my own children. Definitely well worth picking up. This is an absolute must have recipe! I highly recommend this book to all who like superheroes and their save your day attitudes! Nando is an amazing adventure tale that teaches children that feeding on healthy and hanging out with family are two very important values. Cool concept! I especially like the way the experience grabs the reader and the message about healthy eating and family time stays with the reader.. It was received enthusiastically by both my class and my son! The Quesadilla Crooks is a good book that really helps to cultivate the imagination of these that read it. I really like this book and recommend it. My child and I loved the story and found it extremely engaging. They request repeatedly to listen to the story over. Are you looking for a way to teach children about healthy eating habits? By Debbie Sheehan Nando takes children on a great experience. All who read this book love the main personality, Nando. The recipe is delicious and very kid friendly. Your kids will want to go through this book over and over again. I also experienced a blast checking out the kid friendly recipe with my children. Awesome message from an inspirational author!



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