



Becky Rapinchuk

Simply Clean: The Proven Method for Keeping Your Home Organized,
Clean, and Beautiful in Just 10 Minutes a Day



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From the cleaning and home-keeping professional and creator of the wildly popular Clean Mama blog comes a straightforward and accessible cleaning guide with a successful step-by-step schedule for tidying a home in only ten minutes a day. This guide also includes step-by-step tutorials for cleaning hard-to-clean spaces; It truly is possible - in only 10 minutes a day, you can develop a cleaner, happier home! Plus a 7-Day Merely Clean Kickstart and a 28-Day Simply Clean Challenge, Rapinchuk includes plans for customizing the Simply Clean Routine to match the busiest of schedules and any type or size of house. Becky Rapinchuk, the "Clean Mama", realizes that many people don't possess enough time, organizational skills, or homemaking habits to get a constantly clean and decluttered liveable space. dozens of recipes for organic, environmentally mindful cleaning supplies; and several of Rapinchuk's well-known checklists, schedules, and habit trackers. In Simply Clean, she can help you effortlessly maintain a tidy home and build habits to become "clean person" - no matter how messy you might naturally be!



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Great Baby Shower Gift I've recently purchased many books to greatly help me manage my chaotic existence. I am an enthusiast of the Clean Mama blog page and anxiously awaited this book, that I pre-ordered. (It has been heading on for years btw. So why is my home never clean? This book was exactly what I required. This book really helps address the washing issue I have. The vacuuming for by no means. If there is one cleaning reserve to possess - it is THIS one! This book has helped me connect some cleaning concepts that I lacked understanding. I like the scheduled cleaning idea, therefore I am not really busying myself carrying out something I understand I'll perform on Tuesday etc. this reserve is a superb way to begin with with her methods if you're overwhelmed by how to get/keep your home clean. I am still trying to get it cleaned! I am one of those who enjoy washing because I like the feeling of a "job well done" and also put lots of value into performance. Clutter removal requires a large amount of time (for me personally anyway) and fully getting it out of the house to donate can take a few days. This system is easy, and makes so very much feeling. I also made space under my bathroom sink so I will get to it quickly, without shifting anything or cramming it in, lol. Life changing. When I received the reserve I took my period and read the whole issue and produced some notes. I contacted the writer and asked if there is access to an electronic file of the checklists, I was given a very short reply that there were no digital files available for copyright protection factors. Among the best things I learned from her was the magic of microfiber cloths. I acquired several colors for different surfaces. The main tip though is the clutter. The mess. She constantly starts with mess removal because - it's hard to clean with clutter around. I made a fairly cleaning caddy in my favorite colours as she suggested. It's good to start out on a Friday with the mess removal. The "big idea" of this book would be to get your home to a clean point, then utilize the schedule to keep it like that. I also like this she explains the most efficient way of cleaning issues - like mirrors. Practical and realistic Life changing book! but found that there was no good way to copy and print her lists-required to complete ... Buy the book version! I first got it in Kindle type, but found that presently there was no great way to duplicate and print her lists-necessary to full her system. I'm starting my 7 day start immediately." However the hallmark of an excellent teacher is to find a way to clarify something in a way that make sense, not to invent new details. And the purpose of this book is to show! We became professionals at the 30 min quick clean before family and friends would come over! My wife and I are DINKS - this means "double income, zero kids". I've adopted clunky systems of index cards and huge notebooks that only enhance the mess and overwhelm me. I love that everything is readily available now and I could carry it from space to room easily. Several charts (two or three 3 pages just) and you're all set. Highly recommend this book and this technique. There are just a couple of cursory paragraphs specialized in decluttering. If you are beginning out with a whole lot of clutter, you might try FlyLady or Maria Kondo 1st. Love it! Appreciate everything Clean Mama puts out. "Let it go" mentality. I have a tendency to clean in spurts, and while we have times where in fact the house looks awesome, more often than not, the house is in a bit of chaos, and I often am extremely behind on either laundry, or some major washing job like bathrooms or dusting. Forget about scrambling to completely clean when somebody is coming over, and no more cleaning for hours at a time. If I had know after that what I know now I believe I'd still have them. These were essential to help me feel much better about myself, but they weren't great at assisting me actually get clean. But also for some reason, we couldn't. You'll think minus the busyness that children bring to your life, we would possess plenty of time to keep the house clean. We would leave the dishes in the sink for "tomorrow".. The mopping for later. Side note - Buy this publication for your new mom friends, so they don't find yourself like me because I

specifically remember sitting in my own clean living area with fresh vacuum marks when I was pregnant with my 1st. You get the picture. I've gone through other washing books by authors who state they aren't normally neat freaks. I discovered the Clean Mama website and suddenly felt a small amount of inspiration. I felt that if we basically give this Just Clean routine a try, we just might be able to keep our house clean. Let me tell you, this thing WORKS! We have been third, cleaning routine for approximately 2 weeks now. We'd friends over two nights ago and it was the first time in some time that we did not need to lift a finger to clean for their arrival. It had been a great feeling. Becky does a very important thing here and it is safe to say that we have become fans of our daily and weekly cleaning tasks. My kids had been grown but I still couldn't get on the surface of the mess. I took baby steps and today my house is starting to get together and I am staying on top. Fantastic! I found out concerning this book totally by accident. My husband has noticed a significant difference and is now doing better at managing a few of his stuff. I've bought and read many books on business clutter, and de clutter but I just could never get ahead. If you have any doubt that you can keep your home clean, buy this book and present it a try. I found her site and bought the publication by mistake I thought I was going to just get a sample. It provides changed my life since reading it. The most severe that can happen, is you today personal a clean looking reserve for you to keep in your messy home! I was so depressed with my house I could barely function.) I am for the reason that trenches time of year as a working mother with small toddlers, so my house under no circumstances *seems* clean because there are aalwaaayss toys, mess, and "actions" piles around. Yes it does have some things I've read in various other books nonetheless it has made it so clear to me I never want to return to a messy home again. So when my doorbell rang the other day I could let someone can be found in. positive approach to cleaning is fantastic! Now about the book itself: many people have been providing the author grief as the information isn't "fresh" or "groundbreaking... I don't come home and take a seat on the sofa and do nothing at all, I am constantly picking things up, cleaning, cooking, etc. Her simple, positive approach to cleaning is great! I'm starting my 7 day start immediately and even just flipping through the publication in the morning the past few times I am feeling invigorated about my washing routine and prepared to implement a better system. Chock filled with good tips and advice I really like, love, love this book! The tips are practical and useful and the book is laid out in an easy to understand way. I would recommend to anyone! Great concepts, but book will not facilitate application I liked the suggestions of the publication, but BIG Caution if you're a hands-on person who likes actual checklists (and, you understand, likes to Utilize them instead of just look at them or consider them).. The laundry in the basket for the weekend. this book contains some awesome checklists but they are NOT AVAILABLE TO USE!! I wanted to have copies of the checklists to post around a few of the rooms in my house when I was getting started so that I could just consider the checklist without having to carry the book around with me from space to area and mentally check off products I completed.! Today, on her blog, the author has several checklists available to use, but not types that match the types in the book, which seems like a major lack of continuity or possibly she needs a fresh edition for the book or something. But I believe once I obtain it there, I can preserve it with her guidelines and schedule. What I like most about it can be that it's practical and doesn't overwhelm you with daily chores. I love this reserve! I also like that it offers cleaning charts and to perform lists. Another plus is definitely that it doesn't make one feel like you have to go purchase a bunch of company and cleaning items at the container store or target to master your home company and washing routine but instead provides you tips on how to make use of what most people already have at home. I've had the opportunity to keep the cleaning

routine set up for the last 10 a few months with a toddler and an infant . Great book Excellent book that has helped me tremendously I am a mother of three kids, and like most busy moms, I struggle with keeping the home clean. Her routine provides helped me maintain a clean house consistently. After a recent move that allowed me to declutter, I was motivated to get my home and my life to be able - both with regards to how tidy it was and how clean it was. This book is great for people like me, who wish to keep a far more tidy and clean home, but can't really seem to get on top of it with how busy life is. I will warn everyone that cannot really be done in ten minutes a day because the cover/title suggests, especially if you have extremely small children who are producing messes quickly, and you also are not able to help clean up. But also for me, the methods she describes can easily be done in an additional 20-30 minutes, "additional" meaning in addition from what I was performing to regularly maintain my home before scanning this book. Got It! Wonderful, witty, practical, and very doable. One important notice: this book is about CLEANING not ORGANIZING. I got the digital duplicate to carry with me. This reserve is great at getting the house back to ground zero so that you can start refreshing . It's got an extremely relaxed way of helping it's reader develop a detailed however easy washing routine. I purchased this book at the end of 2017 so I would have it all set for 2018. I acquired a 1 1/2 year outdated and a baby credited in April and required an improved cleaning routine compared to the one I currently had (cleaning one room a day). My house never felt enjoy it was all clean at the same time . Get some! Then I returned through and reread while placing the practices directly into place . All the stars! Excellent! Every quarter I do a quick home refresh with the reserve and that has also helped. Depending on your romantic relationship with someone I believe this reserve would make a great gift to somebody who can be buying their first house or moving out by themselves for the first time . I recommend it to all of my friends .



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