

SUPERFOOD SPIKE

and The Fart of Junkfood Jimmy



Sharon Cooper

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Childhood Obesity: Superfood Spike and The Fart Of Junkfood Jimmy



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A layer of bun, a rasher of bacon, a slab of cheese. A layer of bun, fried egg, slice of sausage, and another level of bun - then add the burger, and pile on the sauce. It goes quite to strategy in the Magic Meadow community garden. But that doesn't sound gross? Well, it is. The Big Stomach Bloater Breakfast Bonanza! It stops Junkfood Jimmy from eating it every day! Dishes for the whole family to enjoy... adventures that aim to raise awareness about healthy eating in a fun and engaging method. A globe where obesity is now a bigger and bigger concern, and 'Well, what do you think? And does Jimmy obtain any fatter? Well, because the previous saying goes, "pigs may fly...s best pal!" Featuring lovable characters Spike the Superfood Scarecrow, Julie the Gym Nut, Recycling Ronnie, and Junkfood Jimmy, the fun-filled tales also come with 6 convenient health facts and 6 delicious "Which is just what happens to Jimmy one fine morning hours when things don't stop Jimmy! Superfood Spike and The Fart of Junkfood Jimmy may be the first in some hilarious children's Spike and Julie from trying to persuade him that taking in an excessive amount of junk food is not good for you! Superfood" And it doesn't stop today! But does Jimmy listen? Junkfood versus Superfood' a heavyweight contest in the arena of health insurance and well-being, Superfood Spike and his friends are just what we need to bring this issue to the family table in a palatable and tasty way!



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Good resource on healthy eating for kids A useful publication to raise awareness about healthy eating for all children, not only obese ones. It's filled with information and presented in an interesting and funny way without having to be preachy. My main thought for this book is "fun"; This is period well spent reading. When I was young I suffered similar bad diet plan and now as a grown-up I'm having to work so much harder to return back to shape. Selfhelp for kids Funny way to handle the issue ! Good conversation starter This has some cute ways to discuss healthy eating but can be a bit rude.It's a good start for a conversation, maybe later on a book about eating that's not nearly an overweight child, cuz there are also skinny people who have unhealthy diet plan. This publication helped me find what for my kids. I really respect the author for putting this book together. Included by the end are some healthy quality recipes. Wellness = longevity. Doesn't your child deserve a long and healthy existence? Recommend for children, parents, and childhood educators. Finally an insightful book in a very topical issue - written in a fabulously funny way. Great tips and relevant notions, I highly recommend it for avoiding or helping kids with weight problems ! Great Book I offered this book to my nephew and he currently started to implement transformation in his eating habits. I believe this book can help him get rid of his weight problems. Five Stars very interesting book! Definitely an extremely interesting publication with a lot of insight. I really enjoyed the reserve. I voluntarily examine this ARC Five Stars - ESSENTIAL READ! Funny and Informative My girl was "grossed away" by the publication but learned a whole lot and laughed the complete time she was reading it. I learned so much from it! I recommend it to any parent that has a kid that suffers from obesity Great book, adored it! I found it useful to make her aware of developing healthy eating habits in a fun way! This is essential read for just about any parents! Great conversation starters in there Very informative. Great conversation starters within! I recommend it for helping kids with being overweight. I loved the entire ambience of the book, in the era of selfhelp, this publication shows that the youngsters aren't forgotten ! Ideal for kids and parents alike. Good educational content Negative traits are hard to battle. Brilliant idea! it has fun illustrations, fun personas and fun brands, fun words like The Big Belly Bloater Breakfast Bonanza and children will find the Super Fart hysterical.



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