

OK POSTS 14

Powered By

ECHOCHEF

www.echochef.ca

Allow Mouth on the Floor
Eyes... Ears... Are Wide Open
Very Good Tips... Visuals
Not Equipped to Listen...
Communicate Empathy

"I Love, Emphatic Tools"



There is No Good Cause
For This...

Colley Crowe & Emily McDermott

©2014 Echochef
All Rights Reserved

Emily McDowell

There Is No Good Card for This: What to Say and Do When Life Is Scary,
Awful, and Unfair to People You Love



[continue reading](#)

When someone you know is hurting, you want to tell them that you care. The creator of the viral hit Empathy Cards teams up with a compassion expert to produce a groundbreaking guide to help you increase your emotional intelligence and learn to offer comfort and support when someone you understand is in pain. This thoughtful, instructive guideline, from empathy professional Dr. Kelsey Crowe and greeting cards maverick Emily McDowell, blends well-researched, actionable advice with the no-nonsense humor and the signature style of McDowell's immensely well-known Empathy Cards to assist you feel confident in linking with anyone suffering from grief, loss, disease, or any other difficult situation. There Is No Good Card for This features sample dialogs and real-life examples from Dr. This is a help to effective compassion that goes, step-by-step by step, past the paralysis of considering someone in a difficult time to actually doing something (or nothing) with good judgment rather than fear. Created in a how-to, relatable, we've-all-been-that-deer-in-the-headlights sort of way, THERE IS ABSOLUTELY NO Good Card because of this isn't a spiritual treatise on how best to make you an improved person or a scientific argument on the subject of why compassion issues. Crowe's research, including her popular Empathy Bootcamps that provide people tools for building relationships when it really counts. Whether it's a coworker whose mom has died, a neighbor whose husband has been in a car accident, or a friend who is seriously ill, There Is No Good Card because of this teaches you how exactly to be the very best friend you could be to someone in need.



[continue reading](#)

A wonderful book! The book arrived today. I still haven't determined what to say instead of what I actually said, but if I cannot amount out what to express instead by tomorrow, I will admit that We said the incorrect thing, and that I still cannot figure out the right issue to say, but what We said was definitely not what I meant, and I am extremely sorry that We said it! I've always considered myself quite awkward and don't often know what to say, or second guess whatever I really do say. An extremely easy and fulfilling read. Having been the supporter of a person coping with loss and struggling with my feeling inadequate, their tips is also place on. I have already been the recipient of a few of the feedback referred to and I am sure I have also committed some lollapaloozers subsequently. But!! The kindness warmed my heart and soul. Will order 5 copies now for daughters and some special friends. It doesn't disappoint. I also wrote a poem about it! highly recommend! They simply say exactly what must be stated. When she announced her publication, I was first in line. It doesn't disappoint. Funny, full of truth and readable. I am positive I'll be buying this book for friends. The main thing that I got out of scanning this book is definitely a reminder that each one of us that attempts to talk to others about hard subjects sometimes blows it, but that's no reason to not keep trying, because over time most of us do a many more good than harm whenever we try to discuss the tough section of life in a sort and sincere and thoughtful method, and that when we do blow it, it helps to admit that we think we said the incorrect thing, and maybe that we did not imply what it sounded like we designed, if we really did not mean what we in fact said. Just to be clear, this is for a kindle edition continue reading a 7th Gen Kindle. I like the reserve and the style.) you'll laugh and you'll cry This is a breath of fresh air. Well performed! The only reason why I cannot give this a 5 star is because the formatting of the kindle edition just doesn't work with the kindle. Most of the particular charts (just like the Empathy Menu) are unreadable with text going off the display screen (and no way to scroll to it). Additionally, navigating when an entire page is just a chart is painful. There could be no good cards in a specific situation... This book can be conversational and thoughtful and enables you to laugh (Emily is certainly hilarious) and cry (Kelsey is indeed insightful)..but there is a good book that will help you be considered a good existence in the life of someone you care about who has suffered loss and/or a setback, and this could it be. It walks through what's genuinely helpful and what's not really to say in different situations, and does therefore clearly and understandably. I produced a real blunder yesterday and I am still uncertain if I can correct it. Highly recommended. I Wish I could Give this 6 Stars!! Get the cards, obtain the book. I totally found this book across the Amazon cookie crumb trail and was delighted at how great it had been. Very direct. One has started her very own Empathy Boot Camps and the other this awesome line of greeting cards. I loved the visuals offered with the book. I hope that my friend will understand eventually. And I enjoyed all the tips. You have to buy two copies so you can lend one out over and over and never worry about losing your copy. Hearing about how exactly what you are about to say will sound to someone else can seem nearly impossible. Honestly, the even more I read it... the more I wanted to share about it with others. This publication isn't just for family and friends but also coworkers and also bosses as all of us could stand to reap the benefits of how to communicate with empathy. Thank you Kelsey and Emily! Honestly, it is also helpful for a person who is heading through a tough time to help understand why some people disappear. It is WONDERFUL. This book is similar to a friend talking straight to you. There are, unfortunately, times in life when the insight in this publication is very valuable. S. Funny OBSESSED. ; The insights provided are very helpful for being there for folks going through tough times.. It's full of insightful questions and recommendations with playful artwork and illustrations peppered throughout. In order to find out how to be a better human, that is a great place to start. There Really Is No Good Cards To Send When Life Gets Hard I don't know whether I have the ability to say the proper thing as

often as I think that I do, but We doubt it. I found myself highlighting through the entire book. Realizing how everything you said in fact sounded once you say it is a little less complicated but much less useful. The one recurring theme is to counter the three most typical self-hindering views when talking to someone who has suffered a loss/setback- I have no idea how, I have no idea what to say, and I don't possess the bandwidth- with three more helpful views- My kindness is usually my credential, hearing speaks volumes, and small gestures make a big difference. So I read this publication today, hoping to get some good ideas. Very good book which is suffering from some technology issues. Had forgotten I purchased it so long ago. I enjoyed the candor and honesty.! After that get more cards and another publication. I haven't left an amazon review before that one right here, because of this amazing reserve. Listen, you will need to examine this. It really is so hard to figure out what to state, how exactly to help, and how to handle circumstances with some people that have chronic illness, have experienced loss, or even divorce, death, etc... which reserve expertly walks you through a variety of scenarios and provides a variety of tips and best practices for navigating each. It's a must have on every publication shelf because at some time in your daily life, someone you value will face the situations mentioned in this book and you, as a caring person, want to be in a position to LESSEN their burden instead of unintentionally contributing to it. this book is easy to learn and understand and i acquired multiple "ah ha" occasions while reading it. It's an easy read, consists of personal antidotes from those who have themselves confronted adversity, and provides you concrete measures to follow if you are so completely lost and overwhelmed and understand you need to help, but do not know where or how to begin. Note that I originally found this book through Emily McDowell's sympathy cards. Emily co-authors this reserve and has a great website with tonnes of amazing sympathy cards that totally say what you would say to your friend/loved one/neighbour/coworker your self--if you been witty and funny and experienced practiced it cautiously in the shower a million occasions beforehand. I literally buy Emily's cards in Mass. I LOVE IT! Most of us say and do dumb stuff, but an instant read of the very user friendly book can help you save from saying it to someone who is at their very most vulnerable and in desperate want of an ally, no 'it could be worse/appear on the shiny side/I know just how you feel, without a doubt about my story' sort of friend. very good with a great list at the end for further reading. It was a bit more simplistic than I had envisioned but has a large amount of good details. The examples are excellent additions. Highly recommend. Practical advice to help the people you value get through hardships If you've ever wondered how to help someone who has experienced tragedy or suffering in lifestyle, but are afraid or do not know how to help, you then need to read this publication. Emily and Kelsey take you into the heart of empathy and sympathy and give useful illustrations of why we battle to help and practical suggestions of how to help and how exactly to better understand the needs of these who are struggling. The book contains many illustrations and teaches you the common errors and gives you ways to improve your empathy. The book consists of humor and concrete guidance, along with exercises to help each person expand on their natural kindness. Worth having. It is written by 2 women. Thanks a lot via @TechChef4uP. Refreshing This is a refreshing good book for all those of us going through a tougher time or with friends and family that experienced difficult times Good book to greatly help us all help people we value thru hard times. Great book Very great book that provides useful information in a light, yet serious, manner. Fantastic. I can't remember the situations of my downloading this publication, but I am so glad I did so. Having walked through challenging times recently myself, I discover the authors' advice i'm all over this. Being older I have lived and am coping with a few of the examples provided. The design is friendly, not patronizing, and kind and helpful.



[continue reading](#)

download There Is No Good Card for This: What to Say and Do When Life Is Scary, Awful, and Unfair to People You Love e-book

download There Is No Good Card for This: What to Say and Do When Life Is Scary, Awful, and Unfair to People You Love txt

[download Teach Yourself Henna Tattoo: Making Mehndi Art with Easy-To-Follow Instructions, Patterns, and Projects epub](#)

[download free Count to Ten: Fly with a Miracle fb2](#)

[download free Early Communication Skills for Children With Down Syndrome: A Guide for Parents and Professionals by Libby Kumin \(2003-01-01\) txt](#)