



The Herb Lover's Spa Book

Create a Luxury Spa Experience at Home
with Fragrant Herbs from Your Garden

Sue Goetz

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The Herb Lover's Spa Book: Create a Luxury Spa Experience at Home with Fragrant Herbs from Your Garden



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In her new book, herb gardener, spa enthusiast and award-winning garden designer Sue Goetz shows us how to create the blissful luxury spa experience inside our own home, featuring fragrant, therapeutic herbs from the garden. It hasn't been easier to enjoy the spa atmosphere and let the stress of your day melt away. aromatherapy oils, lotions, tub teas, masks, scrubs, sachets, travel bath mixes, and more.s Spa Book provides reader simple steps for growing and preparing herbs for the home spa... With lavish photos throughout, The Herb Lover'



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Love it! Just looking through it helped me rest, but I actually bought two copies to provide as gifts. Now Personally i think like I've discovered their best uses yet. Now Personally i think like I've discovered their best uses yet I've grown herbs in my garden for years and only useful for cooking and bouquets. Wow, just what a great find. This book is packed with beautiful, useful tips to pamper and backyard... Given as a Christmas book. The recipes are easy to follow and really work. Love this book. Plenty of good recipes. Five Stars sweet book. used simply because gifts. My cousin loved it.there's not really a wasted page. My cousin loved it. Great buy! Loved this book! Great useful suggestions. present to somebody It was a gift Five Stars This book rocks !! I've bought 4 of these to give as gifts.Beautiful photos It's a gorgeous book with lovely photos. Creativity overload! May need to purchase one for myself, too. I've by no means been a "spa" person but have several sections marked to try soon! This is such an easy book to learn, love the layout. A beautifully created and photographed book I have shown it to your local herb store to allow them to carry it too. Fun & informative! Gorgeous photography! I've currently made a few recipes from it & provided them as gifts.



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