

# FACE IT

**Five Essential Elements for Living Beautifully**  
**Tips for Beauties Over 50**



**Gail Sagel**

*Author of Making FACES Beautiful®*

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## FACE IT: Five Essential Elements for Living Beautifully - Tips for Beauties Over 50



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Women are always looking for suggestions from Gail Sagel the creator of Faces Beautiful® on her behalf many beauty secrets. Gail shares how exactly to bring back your brows, plump up your skin layer, minimize fine lines, make your eyes pop, achieve full, voluptuous lips and even while with a smile. Her clients like hearing her many tips about skin care, nutrition, healthy recipes and life., resolved women of most ages.s found.me personally”s baby boomer contemporaries, females who are 50+.Gail’s prior book, Making Faces Beautiful® They always are inquiring as to what new anti-aging trick Gail does, what she is cooking food and any fresh exercise she’ It spoke to the “ In this quick read, featuring actual customers, Gail shares beauty secrets, antidotes, suggestions, and her witticisms with you. generation. This book is tailored to Gail’ ? This reserve recognizes that this stage is definitely an fascinating and adventurous time, which is all the reason why its time to treat you to ultimately an invigorating, light pick-me-up read. When she is applying makeup for her customers, they inquire about her methods to make them look more beautiful. Gail believes that for women who are 50+, everything could be new again and anything is possible.



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I must state, not only does Gail not disappoint, she exceeds targets....!! This is a quick read nonetheless it is stock filled with so fearful and easy to follow strategies for all women approaching, or past, that magic age of 50. Gails book gave me useful tips, was extremely easy to follow for constitute tips, and shut with a true look at who she is and why she's been successful. I especially loved the stressed importance on exfoliation and what it could actually do to greatly help the skin we have look younger (its very best). I was hesitant initially to learn it as all too often makeup performers, hairstylist, etc make the procedure look so easy to accomplish when you are getting your makeover done but when it's your first try to recreate "the look" for yourself the next day, the overwhelming number of methods involved becomes confusing in your mind and you (or at least I really do), give up and vacation resort to the old strategies that feel familiar. FACE It all was an incredible read! Gail is so knowledgeable on the subject of beauty and has a profound and comprehensive background in assisting women appear and feel younger. Very useful Lots of great information! Five Stars Excellent all around! If you take away just a few tips from his publication you should have changed something positive in your daily life. Written clearly yet with a thoroughness seldom seen today. Face tips, nutrition tips, life ideas...great advice! Fantastic! Great beauty tips! Therefore much experience has lead to beneficial advise for all ladies! This book is crucial read! Amazing, insightful, so ideal for women of all ages I simply loved this reserve and would recommend it to any female of any age. Whether you are searching for a whole fresh update or simply wish to tweak your look a little, that is a definite go-to reserve for all those that still experience youthful and need to look that way, without searching foolish. Whether you use plenty of makeup at times or like to go searching as natural as possible, this book provides something in it for everybody.! Simply an insightful and useful read. Congrats, Gail!!! A fun and important read A fantastic holistic method of wellness, beauty and happiness. for every female who wants to feel more beautiful!! Gail is definitely a hardworking single mother, friend, business owner, phenomenal healthy make and more. Almost 50 which was fabulous! While I'm only a few months away from a BIG birthday, I'm certainly contemplating it daily and working towards the best version of me. My son put me onto these books through his work and boy am I glad he did. Great publication!! Gail has experience This is essential Read, for every woman who wants to feel more beautiful!! Her insider trade secrets haven't only saved me money and time, but have changed my confidence. Becoming in the Entertainment Market, I thought We already knew a whole lot about make-up, and demonstration, but Gail's suggestions and advice have given me personally more self assurance and design than ever before. Love this book! Thanks, Gail. - Marla Aaron Wapner [.highly recommend both!.] Such an excellent read and Personally i think younger!! I am seeking Gail's guidance for graceful aging for over 20 years. Phenomenal book of 2 book series.! I cherished this book, and so will You! Many thanks Gail!! FACE IT was an incredible read! Here, the amount of steps are limited by a realistic amount and several of the appears incorporate the same strategies simply using different or palettes, rendering it easy to change your lifestyle without a large amount of problems. Also I valued the recommendation of using other more natural essentials to get rid of dark sun places. Chock full of great tips and beauty information for all women who wish to look beautiful and live healthy. Gail displays how these 5 simple elements interact to help us appear and feel our greatest! I applaud her on this wonderful book and for all of the help she afforded me in growing older. Gail has experience, knowledge and know-how, and in this reserve, she generously shares it. She's an inspiration which book will motivate you too! Great advice on how best to feel beautiful, look gorgeous and stay energized once we age. I really like the tutorials....basic yet stunning! Gail provides all her simple and easy tips to help you do it just like they do at her salon. I highly

recommend this book, and also her first book in this series "Producing Faces Beautiful" because they make the perfect companion books and complement one another well!! Immediately started searching for more books out of this author Five Stars Fantastic advice! Three Stars Interesting examine. Thumbs up! I recommend it to women of any age. There are many methods to enhance yourself over 50 and Gail has managed to put them into words that women understand. Positivity!!!



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