

15
EDITION

Williams' Basic Nutrition and Diet Therapy

Staci Nix



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Staci Nix McIntosh

Williams' Basic Nutrition & Diet Therapy - E-Book (Williams' Essentials of Nutrition & Diet Therapy)



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And using its conversational writing style, vivid illustrations, and variety of reader-friendly features it is simple to understand how the concepts in the book can be applied in clinical practice. Basic Nutrition & Diet Therapy, 15th Edition. This market leading text message provides coverage of warm topics, emerging trends, and cutting-edge study, plus all of the essentials for offering the best nutrition treatment. For concise, need-to-know protection of the very most up-to-time topics and research in nutritional care change to Williams' Case research with accompanying queries for evaluation in the clinical treatment chapters focus your attention on related patient treatment problems. NEW! Drug-Nutrient Interactions boxes highlight important safety information and cover topics such as for example nutritional supplements for athletics, drugs interfering with vitamin absorption, and over-the-counter weight reduction aids. Updated Weight Management chapter compiled by certified adult weight management dietitian Theresa Dvorak reflects the latest research in the field, including the function of genetics, disordered consuming, treatments for weight problems, and more. Bulleted chapter summaries evaluate highlights from the chapter and help you see how the chapter plays a part in the book's "big picture." Diet therapy guidelines include recommendations, restrictions, and sample diets for major clinical conditions. Clinical Applications and For Additional Focus boxes highlight timely topics and analyze concepts and trends comprehensive. Key terms and definitions clarify terminology and concepts crucial to your understanding and application of the material. NEW! Completely up to date content incorporate the recently released 2015 dietary recommendations, Healthy People objectives, nourishment labels, common weight-loss diet plans, FDA/CDC figures/warnings regarding trans fatty acids, disordered eating, and even more. NEW! New chapter evaluate questions reflect the latest NCLEX Test format. NEW! Cultural Factors boxes discuss how a patient's culture can affect nutritional concepts used. Rewritten chapters on scientific nutrition have a more application-based strategy and feature clarified explanations, improved readability, a focus on probably the most relevant and practical info, and new topics such as for example energy expenditure calculations, drinking water balance, cirrhosis complications, weight loss programs for diabetes, and more. Answers to these questions will appear in the appendix. Up to date Nutrition and Physical Fitness chapter compiled by sport dietitian Kary Woodruff displays the latest analysis in the field, including fresh questionnaires used for workout readiness, current tips for energy demands, and dietary considerations for athletic overall performance. NEW!



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Nice Very good quality sweet also to the This book is short, sweet and to the point In general the publication information is very interesting, i . Although I can't price this purchase 5 superstars because I bought the book fresh and it provides marks on leading and back again cover and the corners certainly are a little bit wrinkled. So, I got a refund and made a decision to purchase the digital/kindle duplicate since I was today 2 weeks behind in assignments because Amazon dropped my package.. DO NOT GET THIS - THEY WILL LOSE YOUR PACKAGE First, We ordered the physical textbook and they lost my package. Five Stars This book helped me in the class I was taken. But it by no means showed up. The within of the book is apparently in great condition, although the outside appearance isn't. I spent \$70, just for this never to have page numbers AND MOST OF MY ASSIGNMENTS ARE Web page NUMBER-based.. You are awful and I will use Chegg from now on. This book is excellent, I needed it for school and decided not . I simply wish the merchandise description would have better described the product as it actually is. Are you kidding me Amazon? This book is fantastic, I needed it for school and didn't sell it , because it's very informative. Four Stars Came who is fit I ordered with prime, expected it to reach in 2 times FOR CLASS.Book isn't "new" The textbook arrived 2 days when i bought it... In general the reserve information is quite interesting, i had learned new important things about nutrition. The publication is a requirement for my class. Introduction to Nutrition course Reading the digital copy from classes. I am very grateful for the data. I have been researching the majority of its content for a couple years now. It sheds so much light as it is jammed packed with details! Useful I would keep carefully the book if I could afford it but it's use is a thing that is a everyday necessity.



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