

THE
GLAMTWINZ GUIDE
TO LONGER, HEALTHIER HAIR



KELSEY AND KENDRA MURRELL

Kelsey Murrell

The GlamTwinz Guide to Longer, Healthier Hair



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ve always desired. ? How to get healthy hairHealthy hair tips from the GlamTwinz: The GlamTwinz Guideline To Longer, Healthier Hair, you’#1 Amazon Best Vendor! The GlamTwinz – YouTube superstars Kelsey and Kendra Murrell –How to have healthy hair: talk about their secrets to developing lengthy, healthy and natural locks, without having to depend on chemical relaxers.Textured hair requires special care and The GlamTwinz have already been delivering their best since their viral video: “Top 10 10 Tips to Grow away Long HEALTHY Hair” hit YouTube. Today, The GlamTwinz build on that to reveal a lot more secrets and answers to fans’ questions, while revealing their own personal hair struggles and triumphs.In Get the extended, healthy curly hair you’ll learn secrets to:Growing your locks longerGenerating natural shineTaming the frizzinessReducing hair breakageGetting the best look minus the chemicalsBe confident and love how you look!



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Good info but nothing new Good info but nothing new. My goal this year and the brand new year coming 2018 to have healthy natural hair journey, the book keep it real, how exactly to take better care of your organic hair. While we all have been different, it would have already been great to see an example every week routine to try, and the reader could re-change the routine as necessary for their own hair. My point; Or just have a written outline of what they do day to day with their hair so the reader could see if their personalized program could work. It was okay It had been an okAy book but it's basically a reiteration of their video from a couple of years back. I have started implementing their tips in this publication to my hair treatment and I already see amazing results! It had been everything I thought it will be.,Very happy you two put it in writing! Thanks! I occasionally receive email messages andor online content articles sent my way about the natural locks movement and I start to see the good intent behind this. Great Tips for Curly girls I would suggest this book to transitioning, big chop newly naturals, or ladies like myself that simply need some meaningful assistance and encouragement. An easy task to follow, go through it in one sitting, and today I can't wait until wash day! Great, quick read Great, quick read. Common sense, logically and brings up points I had not thought about. Also an excellent incentive for my teenager to consider better care of her hair, enabling her to record and journal about her healthy hair journey. Love the GlamTwinz youtube channel Appreciate the GlamTwinz youtube channel.. Lively The Glam Twinz Guideline to Longer Healthier Locks by Kelsey Murrell and Kendra Murrell caught my attention due to my understanding that beauty will come in various forms but I was wanting a kindlebook that also provided encouragement on keeping hair longer. Both women also talk about all of the some foods to keep in mind for particular hair regrowth goals, multivitamins, and even more. Wonderful! I'd have liked to see a more specific routine. This book was very open and beneficial to read. I am purchasing 11 even more books and giving as presents for Christmas. I've not yet seen their youtube video clips yet I might do so now and I do enjoy numerous topics that both females cover in this kindlebook even if I respectfully disagree with some points. Some of the following great tips in this kindlebook; the fun habit of fabricating a graphic of success and a plan with regards to getting a certain hair duration andor type, find a friend (obviously helpful as occasionally a person may sometimes get external suggestions from other resources on what to do with their hair based on what's trendy andor popular however, not necessarily in the very best interest of the individual). For example, the natural hair movement is becoming more popular and is even more inclusive of women from various backgrounds, bodyshapes, complexions, socio-economic status, age and other factors which is a good thing. Thanks Parents, Grandparents! The journey begins! My hair has come to life! They could have come up with an on the web hair questionnaire that generates a routine predicated on the method that you answered the queries. I love that both Kendra Murrell and Kelsey Murrell describe why you would like to have a plan for your locks because other well indicating people may tell you what would be healthy when it may be best for them while a different way may be personally very best for you. Its good very great to learn about the natural locks care I order the reserve in October to read during this yr to take better treatment of my natural hair. However, I could only speak for a woman like myself but wearing my hair long and chemically comforting it every 6-8 weeks is actually far more convenient for my spending budget and lifestyle. 5 stars ! I've been following Kelsey and Kendra for many years now. I purchased it because I am a strong supporter of the Glamtwinz and I will continue to support them. I've learned about my hair from their website. I've been normal on and off for approximately 8 years but hardly ever thought my hair was decent organic because I didn't visit a curl design of it was always dry, brittle and unmanageable. I've very thick locks also but t-shirt. It's only been 3 weeks

but my locks is sooooo smooth and my curls are displaying ! I previously wore my hair natural from the summertime 2003 when I was still in the navy until April 2012 (almost 3 years after I was honorably discharged from the navy)but that was when I had much more leisure time and I legally produced money of at least 2 grand a month after taxes. I really like the book since it give every details how to take care of your natural locks and what to do to keep it healthful as well. Love them, this publication is very helpful! Great book!! Diane To All Felmales, that want healthy hair,young and outdated! It is so much easier to just go to the book instead of having to search through their videos to find certain info. Love the book The tips are great in case you are into natural hair! Amazing black women Amazing book. I love these girls Natural girl helpful Great tips. I could've purchased the web version Helpful Very helpful Four Stars great hair book



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