

PUT DOWN YOUR FORK. PICK UP YOUR CROSS.

WARNING!
FOR MEN ONLY



A 6 WEEK SPECIAL FORCES CHALLENGE FOR MEN

CODY BOBBAY

FOREWORD BY RICHARD H. THOMPSON DMIN, MDIV, BBA

Cody Bobay

SOULCON CHALLENGE: A 6 Week Special Forces Challenge for Men



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This book is designed to help take men from go from an Al Bundy lifestyle to 1 like Chris Kyle. Men who are longing to be in the battle and will go through the training to be used by God in this war for souls. It's all for the glory of God, and it is a BLAST!! In this read there exists a test-in, test-out, two max weeks, an easy day, and also a Hell Week. This book will push males to be their finest for Jesus with the purpose of sharing the Gospel atlanta divorce attorneys section of their lives.If you're ready for a transnational problem, this publication is for you! During the 6 week unique forces challenge guys will read through a fictional knowledge with 11 other guys at the fictional SOULCON Training Center.



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This is a great book that challenges men to be mentally, physically, and spiritually fit. The first half discusses the philosophy of SOULCON, which stands for Souls beneath the CONtrol of the Holy Spirit. You will be sure to turn out ahead physically, emotionally, mentally, spiritually, etc. Highly Recommend This is an amazing book those covers a six week challenge. Besides the physical, spiritual advancement is also improved through daily devotion, witnessing opportunities to spread love, support, and share the gospel. It starts within. You can't perform the task without it. Go through it only when you are willing to give everything up for Christ. It's a manual for pushing you to ultimately become the best version of yourself feasible with God's help. I am reading it through and currently recommending it to my high school boys who will be ready to stage up and be the males that God wants them to end up being. God knows you possess what must be done to be at the very top soldier for Christ, he is waiting around for you to join the battle. We are told on a regular basis to be nice, and we are pampered when we screw up or fail to engage. This book is a superb tool to use. It isn't a piece of literature. It's hard, but, gentlemen, we have been called to sacrifice not really comfort. Excellent In a world where men often check out, give up, or drift through life- Soulcon is both refreshing and challenging. Jesus is our wish and salvation, period. If you're looking for something regarding several men, that is it. He bases everything using one solid pivot point. Motivation, discipline, and challenge are the staples of the publication and it's contents are positively changing men all over the world. "Put down your fork and take up your cross," may be the great mantra intended for Soulcon and the men who opt to live a Soulcon existence. Thank You for your projects and light for Christ, Cody. -Coach Chad Parks Challenge yourself to advance your walk in Christ This book is transformative and effective since it is experienced as a dynamic challenge via social media marketing engagement. The venture involved the brother in Christ on multiple levels using a selection of means and methods. The knowledge challenges and equips at the same time to propel and prepare Christian men to be strong soldiers for Christ and advancement of the Kingdom. Families, communities, this country, and every country requirements strong Christian males standing in authority taking dominion. This book may be the foundation of the 6 Week SOULCON challenge. The reserve challenges participants towards healthy living, daily exercise, a proper and balanced diet plan, and getting enough rest. Every day you have a specific challenge (research 2 reasons running is wonderful for your brain, pray about somebody you might have a judgemental attitude about). When tied to social media when you sign up for a challenge group you get yourself a broad base of support and accountability as you traverse the daily and every week problems. A band of brotherhood is made that survives the finish of the task. I grew immensely while becoming engaged in this endeavor. Men, this book will engage you in a useful method, encouraging you to end up being what God made you to be. It lays the foundation of healthy eating, drinking, and workout as well. Review from the Chief's Mess - Hooyah Bobay! The book = awesome and spot-on. That's nothing when compared to having a relationship with Christ. With that, I'll reach the overview of the reserve and the person who wrote it. After just shy of 24 years in our Navy, I was luckily enough to retire a Get better at Chief Petty Officer and nobody can take that from me. Cody = he has taken man life to a complete fresh level. Throughout Soulcon, guys are challenged to live for Christ in a manner that both glorifies God and strengthens their personal lives..! I recommend getting the app, I really believe there is definitely a lot of spiritual wisdom in the weekly teachings and lots of tips for you physical wellness aswell. He don't sugar coat his message and he don't pretend to become what he isn't. So glad I found it! Then, I settled in, in fact read through the reserve, followed his on-line footprint and am proud to say I recommend Cody's publication, advice, and motivational equipment to any

man wishing to be better. We have a divine purpose and God has a objective for us to satisfy. This book and problem as had an enormous effect on his life and several other guys he has reached out to through this book myself included. I really like this publication/ministry. When I was first introduce to the book. It definitely gets to the nitty gritty and trains you to live a disciplined life for Christ! I believed the challenge would become easy but I was quickly humbled. This reserve has been amazing reminder of just how much I want Jesus and discipline.GOD! Cody Bobay's positive energy and center for Christ is usually infectious. If you would like your life to change for the better understand this book. Greater than a fitness challenge! Definitely glad I took upon this challenge! If you are seeking a chance to grow on god, the father and improve your faith, I would recommend participating in this problem. You don't have to believe the lie that says you can't or don't possess period to do what you ought to do. Irrespective of your past or what you think are limitations, you have what it takes. This book isn't what it appears. I was comfortable with my relationship with god, the father and really thought dealing with the Soulcon Challenge would just help me to find yourself in better shape in a scripture centered way. God utilized it to do much more than that. Yes, I dropped 37 pounds and also have toned up (my wife isn't mad about that), but more importantly, my prayer life and perspective of even more considerations has changed. Writer Cody Bobay makes no qualms about this and presents his beliefs with strength and passion. It is well crafted and doesn't draw punches. Every man should take on the Soulcon Problem. I'm convinced that God WILL use this encounter to reveal things to you in the event that you go all in. soulcon challenge i was first introduced to this because its a men's ministry, it has jogging with other exercises, i could place better foods in my body, and i could connect in intentional vulnerable accountability with other guys not just my wife. ive met individuals who will stop and pray for me on facebook, who'll message me an encouraging phrase and who'll help grow me to be a better follower of christ Life Changing Book! While strengthening your faith with Christ along with strengthening yourself among others around you. It focus on both spiritual side of the body as well as the physical. That is a activate your pants publication that uses the philosophy of the unique forces to push Christian men to become listed on in the combat and follow their Lord into the gates of hell to steal souls back again for Christ! Many thanks Soulcon for pushing myself into be considered a better disciple meant for Jesus. This book is a physical and spiritual gamechanger!! I'm grateful because of this program and for Cody for putting it together. It really is two fold and I could tell you once you complete your 1st 6 week challenge you will find out how much that you can do for God. However, if you are in a remote region or have a unique schedule, the online Soulcon community is a superb source as you make your way through the challenge. Become a Warrior for Christ - Mind, Body, Soul, Heart The Soulcon Challenge has the capacity to change your daily life when you commit to making a positive change for the Kingdom of God. Helped me to find the godly guy inside me. I really like this book/ministry This was introduced if you ask me by my brother in-law. Daily way too many of us are picking right up our fork and consuming what the world is selling, running after the desires of our flesh. It is time to deposit the fork, grab our cross daily. The enemy understands there is a war for your soul and his goal is to limit your usefulness, as his very best fear is a man fully alive and fully managed by the spirit. The only way we are able to become who we are meant to be would be to put on the entire armour of God.That is portion of the missing web page link for Christian men. Tying in the ministry of our Lord Jesus with developing ourselves to become the warriors God desires us to be really hit house for me personally. Your eternal lifestyle does. The next half of the publication goes through a fictional accounts of a man going right through the SOULCON task at a camp somewhere. Cody Bobay did a phenomenal work in creating this

ministry that has definitely touched my life and many other men. I was so on fire for what Jesus showing me through the program. This book is among the best tools a guy can have if he's wanting a challenge to draw closer in his walk with his Lord Jesus Christ.! Will take you to a new level for God! Unbelievable book and ministry! The Soulcon challenge takes you to a new level in your objective to train you to ultimately resist the world and live for God! I questioned his message and his motive pretty thoroughly, mainly because of my own personal serving attitude and consider no crap, I love it my way, Get better at Chief attitude. Guys we are called to be higher than we are. Going right through this book and following the lifestyle it teaches is lifestyle changing. I desire you to get this publication, download the app and get in on the next challenge as if your life depends on it. I am an improved man after doing this challenge.



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