



Multiple Sclerosis
and (lots of)
Vitamin D

Ana Claudia Domene

*My Eight-Year Treatment with
The Coimbra Protocol for Autoimmune Diseases*

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Multiple Sclerosis and (lots of) Vitamin D: My Eight-Year Treatment with The Coimbra Protocol for Autoimmune Diseases



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Mounting scientific proof clearly shows that vitamin D includes a powerful influence on autoimmune diseases, yet the majority of doctors continue to prescribe only 1,000 IU or 2,000 IU a day to patients that suffer from such conditions. The Coimbra Protocol relies on dosages of vitamin D that range between 40,000 IU to 200,000 IU each day. In this reserve, Ana Claudia Domene describes her experience with multiple sclerosis and the procedure which has radically eased her symptoms, allowed her to discontinue all regular medications, and restored her health. In São Paulo, Brazil, the Coimbra Process is a therapeutic strategy that depends on high dosages of vitamin D to prevent the misguided attacks of the disease fighting capability, and it has allowed thousands of patients all over the world to keep their autoimmune diseases in permanent remission. Cicero Galli Coimbra, a neurologist practicing in São Paulo, Brazil. Produced by Dr.



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A Must Read for MS Individuals! As a supplement D and health advocate, I ordered a duplicate of "Multiple Sclerosis and (plenty of) Vitamin D" and devoured it upon delivery today. Writer Ana Claudia Domene walks the reader through her journey with multiple sclerosis like the diagnosis, regular treatment, and her success taking large dosages (think 60,000 iu a day) of supplement D within the Coimbra Protocol. But I believe that worth it. Domene carefully explains the world-renown treatment solution by Brazilian neurologist Cicero Galli Coimbra, MD, PhD that includes daily supplement D doses of up to 200,000 iu! In a nutshell, her words of achievement and knowledge serve as an inspiration if you are touched by the potentially ravaging autoimmune disease known as multiple sclerosis. That is, their vitamin D amounts test as being good, but their cells are not getting the benefit. Dr. Coimbra gives 40,000 to 200,000 daily to Treat MS (actually get rid of all symptoms, but must continue taking supplement D for life) He provides claimed that the very high dose Vitamin D should use most/all auto-immune diseases. It's certainly opened my eyes. Not just work, but perhaps fully treat if the condition has not progressed too much. High Dosage Vitamin D is usually something I were only available in perfect health, and I feel even better because of it. There are over 200 articles on MS and Vitamin D at VitaminDWiki My comments on this excellent protocol Some doctors simply prescribe 2,000 IU of vitamin D to reduce MS symptoms. Dr.) will be improved if he were to add Omega-3 and Magnesium to his protocol The book we need. COIMBRA has given us back our lives! Includes well described connection with dr Coimbra patients suffering from autoimmunological diseases (mostly MS) with high doses Supplement D treatment. The reserve includes recent information regarding the institutions (including webpage addresses) leading this type of therapy, about internet forums of sufferers. Yes, it's amazing. Realistic, but giving plenty of hope. Good information This author does a good job relating her experiences, and also the scientific research, which explains the physiological processes of the immune system. She lists many references, as well as several personal stories of fellow patients. This reserve performs such something to those who are looking for up-to-date scientific information within an understandable form. Better than DMDs I cannot stress this enough: It's a groundbreaking and almost miraculous treatment. Much better than DMDs. It works. Based on thousands of scientific articles. Extremely beneficial about the Coimbra Protocol High Dosage Supplement D is amazing! She doesn't use interferon anymore and after 24 months without the flare from the disease. It's safe. No cause to not give it a shot. I personally know dozens of patient that not merely stopped MS progression, but actually improved from previous lesions. Both clinically and in the MRIs. You can find even support Facebook groups (search for Coimbra Protocol) where one can interact with other patients and talk about the outcomes and progresses. I found it useful in the process of decisionmaking concerning to commence the procedure. Great book, seriously considering buying a couple of .. Great book, seriously considering buying a bunch of copies and putting after that in the lobbies of neurologist' offices, to obtain those folks some true help Vitamin D Cure!!! We are delighted to have found this treatment. This reserve has given me even more wish in the vitamin d treatment. It's true that a lot of situations it takes a few people to make a change in the world for the better of several. I wonder how much his success rate (80%? The book I needed. It works! My sister has MS and the treatment with Vitamin D functions. No collateral effects apart from having to monitor the calcium levels and adhering to a low calcium diet plan. I am thrilled. Ms. It's a book that brings hope and a better future for all people afflicted with autoimmune diseases. It's simple. Eye opening expose of the Coimbra Process for Auto-immune disorders. I've wondered how many people who are able to achieve 40-60 nanograms of supplement D in their bloodstream are still not able to get a good level in their cells due to gene problems. Thank you

very much Is There an end to MS? Hope and future !!! MS is virtually cured with with LOTS of vitamin D Excellent book by a patient. Superb book; explains the bases of treatment with high dosages of supplement D3, from the idea of view of a patient. Every MS individual should read Excellent book. An inspiring tale. Here's another viewpoint about getting a treatment for MS. I think it's interesting that American doctors seem to be helpless in finding a cure for the disease, but doctors abroad (Brazil, in this instance) have already been using various remedies successfully for years. But it! This may be a existence saver. I have wondered, for 4+ years now, if very high dose Supplement D will also work for many other diseases. Fascinating to read and is helping my MS patient as well as my self and family members to stay healthier. Very informative I now have renewed hope for symptom control and the possibility to getting off Plaquenil and Methotrexate. The dietary plan is difficult because you can't eat any source of calcium (milk, dairy, ice-cream, cheese, enriched calcium processed food items). Five Stars Great introduction to Dr Coimbra and his protocol.



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