



*Letters
from
Madelyn*

**CHRONICLES OF A
CAREGIVER**

SECOND EDITION

KUBIN

Elaine K. Sanchez

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Letters From Madelyn: Chronicles of a Caregiver



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Madelyn Kubin was a 70-year-old Kansas farm wife. Her love and compassion, there have been plenty of times she felt like telling God to go discover himself another servant. However when her husband Quentin experienced a debilitating stroke, she was forced to summon all of her physical, psychological, and spiritual strengths to be able to care for him at home. Madelyn maintained her isolation, loneliness, and tension by likely to her pc, disengaging her psychological monitor, and composing letters to her girl Elaine. Her tale of faith, courage, and love is told through her unflinchingly honest and surprisingly funny letters written in real time during the period of six-and-a-half years. Madelyn wrote unabashedly about her anger, guilt, depressive disorder, and grief. She appeared to be fragile because of her thinning white hair, macular degeneration, osteoporosis, congestive heart failure, and serious hearing loss. Although she prayed every day that she would be a ready channel for God. When Quentin displayed dementia-related inappropriate sexual behavior, Madelyn eventually learned the way to handle it with grace and humor. She was an example of how it is possible, even in the very worst end-of-life circumstances, to see mental and spiritual growth.



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You'll be fascinated with her husband's sudden "pursuit" (requiring her help) of Avis, the lady he got to the prom 61 years previously, and Madelyn Kubin's method of coping with it. She also paints a sympathetic picture of her invalid hubby, before his stroke a strong and vital man, who feels helpless, vulnerable, grateful, and dependent on her. Just mainly because Madelyn Kubin was empowered by Unity, Reiki treatment, and "creative indifference" to keep her from getting emotionally ravaged by the progression of events she had to cope with, I got a lift from her amazing letters. (It's worth noting, too, that her preferred avocation was reading, followed by writing letters!) In a single letter Madelyn reveals her shock at hearing a female describing her as "powerful," but that comes as no real surprise to the reader! I read 4 or 5 books weekly so it's rare for me to take time to write a review.75 for that lousy piece of pie!"), but she's also on a spiritual quest that never sounds pious or phony or anything but genuine. These wonderful letters became my choice for "morning affirmations" I loved this publication for the honesty, humor, and power shown by Madelyn Kubin, who for six years was the caretaker on her behalf husband greater than fifty years on a Kansas farm. I rationed the publication out ten pages at the same time for my morning reading buffet because I wanted it to last a while! This is a volume that should be browse, treasured, and shared for many years to arrive (and yes, those years should come)! I can see why it might be a necessity in a gerontology class--even one not really led by the author's daughter, Elaine K. I couldn't put this reserve down, but when i finished, I believe I should have! She certainly bared her heart and soul, which is a testimony to her romantic relationship with her daughter, Elaine Sanchez. For nearly seven years, as Madelyn looked after her husband she by no means lost faith in God or her capability to do what needed to be done. Which book delivers! How could you not really adore such a lovely women. Amazing book. She's practical and thrifty ("\$1. I brought my father to my home to live 2 months ago. He provides early dementia and is normally a handful. I have been exhausted, scared, angry, content, loving and awful. Many thanks so much for sharing your mother's story! Love the website for caregivers aswell So touching and incredibly helpful guiding others through very similar journeys. And sense guilty at the days I fall apart. A Real Read I have been a caregiver for more than 15 years, as we cope with my husband's chronic and increasing medical issues. Sanchez! Madelyn's letters are such an honest insight into the heart and brain of her personal caregiving circumstance, that I experienced I was there with her, and was totally drained after completing the book. It takes a very close look at ageing, proving the adage that "growing old isn't for sissies. It is sometimes difficult for those not in a caregiving situation to understand what life is similar to in that function. Great read for understanding the emotions of this! I would add that there surely is so much more on the market than 25 years ago, when Madelyn was a caregiver. Just having access to the web and Amazon 2-day delivery alone makes an enormous difference in my life, not forgetting the wealth of resources available to us through the hospitals, clinics, mental health professionals, and community generally. I could actually feel and find myself in similar situations and delimmas as I look after my husband. Playful and powerful Recommend this book to everyone no matter age - fantastic read, quick, and immensely enjoyable. Will certainly bring tears to your eyes. A must read Letters From Madelyn:We couldn't stop reading once I found this book. Sanchez should be credited with writing the prologue and the epilogue as well as going through all the priceless letters (with Laurel Dryden) to select the 10% we have the privilege to read! How could you not really admire such power in Madelyn as she watches her dear nice Quentin's health decline before her very eyes. Good read for me, but I should took smaller dosages =)! Bless you Ms. Its an amazing compilation of letters from Elaine's mom, Madelyn, as she offered as caregiver for her spouse after his stroke. Elaine Sanchez, Madelyn Kubin's girl, is

one of the needed voices in caregiving right now, and Elaine's mother's letters to her family--the basis of the book--provide a welcome place to go when we wonder if what we have been feeling can be 'normal'. Thank You? Kathy Tennessee Helpful Really helpful. This reserve provided me the courage to not be ideal, reassurance that is typical, hope for my stamina and a significant reminder and ways to help me cope. Like the website for caregivers aswell! Wonderful I am currently going to a gerontology course by Alex and Elaine Sanchez which book was required reading. Elaine for sharing your mother's letters of your father's have a problem with us. Madelyn's humor and power are endearing and I am positive her experiences are relatable to anyone who's a caregiver. If you are considering reading this reserve, it can be assumed that you already know that caregiving can be HARD. Awesome read Extremely inspirational. I am watching my mom proceed through dementia and Madeline's letters have made me realize that it is still alright to laugh. I would recommend this reserve to any caregiver fighting their "new normal". As an application coordinator in Memory Care I have recommended this book many times to the wives who are fighting being overwhelmed by the care giver role they have found themselves in and with the behaviors exhibited by their spouses. The letters are funny, occasionally just a little profane but always center felt. I believe it helps to learn that others have struggled through the same issues and faced the same frustrations, melancholy and second guessing. This book delivers! Having experienced the role of caregiver in my personal life, and also in my own professional life, when we arrive to a support group, or grab a book, I've learned that what we all can't seem to get enough of is normally truth. I am grateful to the author's daughter for compiling these letters and making them available, but I want to claim that Madelyn Kubin should be listed as the author, and Elaine K. Like somewhere else in existence, that the truth includes liberal doses of laughter makes it all the better. Although letters were written over 15 years back, the emotions in them are classic. Such an excellent reading experience. It is, of course. I can't recommend this book plenty of! Accept the invitation. It's produced easier--and you feel so significantly less alone--when you have been invited in to this family's story. Every caregiver should browse this book. Madelyn's letters prove that you don't have to be young, strong, or healthy to accomplish remarkable things." It makes us the readers consider options in how to become a caretaker and when to let someone else take over along with what provisions to create for our own treatment. Her willingness and capability to maintain a positive attitude in dismal situations is amazing and inspiring. Every caregiver should go through this book.



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