

by Shawn Elliot Russell

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## Be Still, Little Tree, Be Still



"After facing a frightful thundershower that shook him to his roots, a terrified little tree learns the trick to weathering his fears and the storms of life.peaceinschools.With the help of its beautifully vibrant illustrations, this charming tale teaches children, and adults alike, a robust secret to overcoming dread and the most challenging obstacles: Stillness.Testimonials:In a period when it all seems we need it most, "Be Still, Small Tree, Be Still" offers the perfect introduction to 1 of life's ideal lessons for finding peace and joy. This gorgeous allegory, elegant in its simplicity however profound in its message, will stay by your side for years to arrive as you lovingly remind your son or daughter, in the face of fear and adversity, to """"" Caverly Morgan, Executive Director, Peace in Schools (www.A poignant, universally accessible metaphor of a tree who can weather conditions any storm both within and away."org)t understand what was occurring.Heartfelt and wise.m sure many kids, if not all, feel like this occasionally.org)" I would love to hear their dharma sharing about this and see their drawings ... End up being Still, Little Person, End up being Still"m guessing that allegory will fulfill their need to know and then it'll empower them to " and it happens to me that it's an adults' book too! Very nice reminder for all of us.When I read this well written reserve with lovely illustrations, I remembered being truly a child. - Earleen Roumagoux, Wake Up Universities at Plum Village (www.wakeupschools.org)" I' A timeless lesson beautifully tailored for our youth." - I'd question, "" I'What do I do now?Be Still, Small Tree, Be Still. -Christina Costelo, Mindful Schools (www.mindfulschools. when I felt lost because I didn'



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(I may be reading it even more for myself than for him right now ; Heartfelt and sensible, a timeless lesson Great book, We read it to my newborn and can't wait to read it to him as he grows up, love the message to remain strong when confronted with fear and adversity, wish he publishes even more books like these. Although those are instincts essential for survival, some items in life cannot be controlled. Well done Shawn Elliot!. This publication includes a powerful message that really spoke to all or any 5 of the kids (aged 3-9) and several adults I experienced with me during a reading by the author. Whether your storm is normally among fear, illness, lack of confidence, etc. you will see what in this little book filled with self-empowering messages. I have problems with several ailments, am a malignancy survivor, and normalcy can be difficult sometimes. When I browse this tale, I was filled with hope and strength that I can find calmness and peace by being still and becoming in today's. Loved the message and engaging story. Everyone at once or another will encounter a time of being scared, lost or feel that there's no way out of a certain situation, but to learn that there's amazing books out there that you could read and make you think that this as well shall pass is just awesome!. I am therefore excited for my boy to grow up with this reserve as inspiration. An unbelievable read with such a solid message. Not just a great teaching device for kids but reminder for adults aswell! She loved it (we heard) Something special for our 2-season old niece. She enjoyed it (we heard). This book has the potential to improve the lives of .. A Universal Message To Help us "BE Even now" In This Complex World We Live In This story touched my soul and heart. Done well! The message is indeed universal in its approach. This book serves as an excellent reminder that no real matter what is certainly going on in existence, the stillness within will be there to help us climate any storm, and without a dual we'll certainly come out more powerful on the other side. This book gets the potential to change the lives of a variety of people in an exceedingly positive way! Amazing story A small tree is planted outside following a life spent within an indoor nursery. My grandchildren age groups 9-2 all adored it. Five Stars Serene and lovely. Can't wait to talk about this with our new baby. Five Stars This excellent book is a must have for family and school libraries. A larger tree assists him through the storm by teaching him to be still. Its message is definitely universal. A reserve with a lovely message What a beautiful book! I got it as something special for my son, who is still too young for it, but I read it to him anyway - as the message is just wonderful. Everyone Needs a Copy of the Book :) Very sweet book for children and it shares an excellent life lesson.) ) Makes you think Accidentally finished up at a location where I happened to meet the author read the story to a group of people of all ages. This publication is a must have. A book every kid should develop up with. This story is effective even for adults, since it is very an easy task to get swept up in trying to cover from and/or control

exterior things to be able to remain comfortable.



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