

HONEY

50 Natural Recipes For Your
Health and Beauty!



PLUS
FIRST AID AND HOME
REMEDY RECIPES!

LORRAINE NIGHTINGALE

Lorraine Nightingale

HONEY: 50 Natural Recipes for Your Health and Beauty



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it when your throat can be sore, how else is it possible to maximize this sweet component? What are you looking forward to? With this publication, I could show you 50 methods to twist honey to save you time. to some extent, it is also being mixed with sugar to get ready a body scrub, but other than that and the actual fact that you “beverage” Honey is actually sweet... A lot of people only use honey within their baking and cooking needs; Whether you want to be healthful or you intend to achieve a certain degree of control in your cosmetics, this book will probably be worth it! Not only in taste, but also in essence. Download it now!



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Very informative however could have liked to visit a buying option for Very informative however could have liked to see a buying option for paperback YUM - LOVE MY HONEY INTERESTING, HEALTHY RECIPES. I travel a LOT around the globe and I do it all with a carryon backpack. I can't always spend the money for room and extravagance of carrying encounter cream, face wash, medicine and other various items that this book covers with all 100 % natural ingredients. After that make a Popular Toti, lol! They are simple but effective. These dishes have helped me save so much room and function just as great as the products you get in the store, not to mention they're WAY better for you. Honey! Along with coconut oil, honey may be the one ingredient that I take advantage of regularly. This book has a lot of simple to do beauty and health recipes that do not require much effort apart from simple household equipment and easy to get at ingredients (and honey needless to say).I appreciate anything that is quick to make and an easy task to create, & most of the recipes in this reserve provide that. Since I placed it on my Kindle, you can easily look up the recipes while buying. Thanks for honey! I am still enjoying this publication.My girlfriend loves natural beauty solutions, she uses the reserve even more than I really do! Great book! Can't go wrong with honey! Honey and all the great remedies! Thank You miss Nightgale...you can't fail with this book! Irrespective of where I am, I can find honey and generally the other activities this books discusses too, like ginger and yogurt. Seem to me that natural remedies for everyone are awesome and save money and a great way together we conserve lives without obtaining medication that harms us. Again trying new what to combat health issues. Four Stars the recipes are easy and simple and very helpful Four Stars I have not tried any of the dishes in it just yet..Great book in the event that you plan to travel! Love the Recipes I really like this book because it doesn't go into uninteresting detail about honey. Just mostly recipes. Can't wait around to try a number of them.



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