

LIANE KUPFERBERG CARTER

FOREWORD BY SUSAN SENATOR

# KETCHUP *is my* FAVORITE VEGETABLE

A FAMILY GROWS UP WITH AUTISM



Liane Kupferberg Carter

## Ketchup is My Favorite Vegetable: A Family Grows Up with Autism



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From the double-blow of a subsequent epilepsy medical diagnosis, to bullying and Bar Mitzvahs, Mickey's struggles and triumphs along the street to adulthood are truthfully detailed showing how one family discovered to grow and thrive with autism. Match Mickey - captivating, funny, compassionate, and autistic. In this unflinching portrait of family existence, Liane Kupferberg Carter provides us a mother's insight into what really goes on in the two decades after medical diagnosis. How can you create an ordinary family life, while dealing with the extraordinary requirements of an autistic child?



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Put simply, it's a manual on how to live, so a good read for everyone. Liane Kupferberg Carter, author of *KETCHUP IS MY FAVORITE VEGETABLE* uses the word beamish a small couple of times in her publication about family lifestyle with autism: about the book's dedication web page (To my beamish males); midway through, quoting her hubby, who was simply kvelling about Mickey's newly revealed Opera Tone of voice; as soon as again, toward the finish of the reserve. Because I was reading the paperback and not an e-book version, I didn't pause to research the word before third period I read it. Right now, I will never forget the term, just as I will never forget the journey Kupferberg Carter required me on from the starting pages to The End. Beamish means "beaming and bright with optimism, guarantee or accomplishment," infrequently used but often in tandem with boy. Nor is anyone who I can see nearer to finding a treat. She made me cry when I read the line, "Who love him when we were eliminated? Aptly, because there are points in the tale where one feels a mom's joy and exuberance, yet astonishing because the memoir chronicles the whole gamut of emotions: fear, frustration, seething anger, adoration, delight and joy, and two constants: utter exhaustion and unflinching determination, as the family forges its way through the first 2 decades of life with autism. With the developing number of people identified as living on the autism spectrum this publication offers a very important window into the struggles and triumphs households quietly live every day. If only it had been fiction. The author says, "If you've met one person with autism, you've met... one person with autism." As one family's unique journey, *KETCHUP* sheds light on existence with autism generally. The writer is usually eloquent in describing their lives jointly and her terms are deeply evocative of her family life filled with joy, struggle and ,most importantly, loving kindness. I'd recommend it for reserve clubs.PS. The book closes with THE END, which struck me as both ironic and touching, and I wondered if that was the author's intent. What I sensed in seeing those two words and phrases was: No, this story isn't over. Although much has transformed in the autism community in the approximately 25 years that independent us - my child being the older - not enough has. A wonderful account of the love and commitment a family has for each other in the face of difficult obstacles. You can find no cures. A Journey with Autism What can one parent who has a child with autism tell another but courage, fortitude and you are not by itself. I just completed reading Liane Kupferberg Carter's wonderful book and feel enhanced and further connected to others on the autism journey. I wondered what new and persistent problems Liane, her hubby Marc, older boy Jonathon, and Mickey have already been facing since the book visited print. I like to believe this was a lovely nod to Mickey, who definitely knew that his mom was completed penning her impressive first book. (I should have got surmised that, but was thinking beamish might have Yiddish roots and suggest something else, albeit similar. But there are better educational programs and kinder public attitudes. The comparison of these with Autism who are low functioning and may be described as the R-phrase to the N-word linked wirh Dark people is both unpleasant, without merit and misguided.Liane's book is MUST reading for all of us who share existence with an autistic child. Get it today! Also, I couldn't remember the last period I'd seen The End spelled out. As a clinical psychologist and a person who deeply respects and cares for family members, I see this account of like and devotion as a testament to the very best of family life and like. The author and her husband provided all they could to their family members and their children. They were exquisitely delicate to both their children's needs and whatever the difficulties, found lifestyle, love and true pleasure jointly as a family group. This is a significant browse for all parents, educators, healthcare and sociable workers, elected officials. I provide this beautiful accounts of autism in a loving family a five star recommendation for exquisite content and skilled composing. It is a story suited to both general public also to anyone who offers a special interest in autism. A Windowpane Into Struggles and Triumphs I've yet to meet Liane personally but I feel a kinship borne of shared encounters. Wow! Some were considered profoundly retarded and never did learn to speak, we're not really toilet trained, had trouble eating many food, young ladies with Rett Syndrome who have been nonverbal, but who got in

depends upon with their eye. Michael Carter can be an exceptional young man. This is a memoir which allows the reader to have a watch of someone's life, without feeling like a voyeur. Mickey is definitely a blessing in the Carter's lives - they could not really know it, but I really do! A wonderful memoir - I couldn't put it down, and didn't want to buy to end This is an extremely engaging, well-written, heartfelt memoir. Carter expertly weaves remembrances from earlier days in with her story of raising her boy, and shares the joys, fears, and expectations of parenting a child with autism with honesty, respect and love. She shares the despair of coping with a school program that, at times seems bent on offering no appropriate services, and the thrill of seeing her son flourish in tasks she had been told he hardly ever would. Carter neither shrinks from the unpleasant realities of life, nor enables them to be a justification to embarrass her kid or toss herself a pity party. His mother's reserve required me through their journey, the nice and the poor and the unforgivable way they were treated. Who will love him when we're eliminated? I recommend this must read reserve to anyone touched by autism. After teaching special education for 18 years, I've had many students on the autism spectrum, from pre-school thru age 22. I keenly experienced her angst when she ponders deeply personal queries about when or whether a mom can ever experience she's done enough. I highly recommend this must browse publication to anyone touched by autism. As a mother of a young adult with autism, I possibly could relate to so lots of the author's experiences - the brothers' love, the hard transitions, and especially a mom's fierce advocacy for her child.) Beamish also quite aptly yet surprisingly describes this memoir itself." Many thanks to Liane for posting her family's journey with us. As soon as I opened the publication, I was used by Liane's engaging writing style. A must read A genuine, realistic, beautiful memoir about a family's journey through the world with an autistic kid. By the end of your day, goals are fulfilled through love, commitment and perseverance of all involved. Important, compelling browse. AMAZING Love this reserve, it had been a raw an incredible story to read. As another educator I learned therefore much. And it has some very funny moments that may resonate with many of us This book is extraordinary - compelling (you wont want to put it down if only because you wish to know what happened next), soul-searching, intimate and honest. And it offers some extremely funny moments which will resonate with the majority of us. It also illuminates autism spectrum and what this means to be human in a manner that touched me extremely deeply. A story of Autism! She writes eloquently about a mother's struggle to balance hopes, fears, and goals - her personal, her son's, her husband's. Where is the collection between what my boy wants and what I want for him? I treasured Liane Kupferberg Carter's beautifully created memoir, Ketchup is THE BEST Vegetable. Her tale is in lots of ways my story and that of these of us who are on leading end of the wave of autism. Done well! I felt her joy when her son went to prom - a given for most kids however, not our kids. KETCHUP reads like fiction, exquisitely crafted, brutally honest, with villains and heroes. I recommend it. Positive and Negative Its enjoyable if you want a mother's perspective and comorib circumstances of children living with Autism. And that in and of itself is normally welcomed progress.



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