

# Beauty TREATMENTS

STRAIGHT OUT OF YOUR PANTRY



USING NATURAL REMEDIES THAT  
CAN HELP KEEP YOU HAPPY! HEALTHY!  
AND SAVE YOU THOUSANDS

GALILEE LAMBERT

Galilee Lambert

Beauty Treatments Straight out of your Pantry



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!My book provides treatments that are 100% organic, attainable, and cheap!When it comes to cosmetics, most of us have no clue as to what we are putting on our faces!



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Affordable and fun ideas! This book was very helpful and had very creative ideas. Can't wait around to try! In addition, it really helps cut down on cost, you don't have to spend all that money on shampoo and encounter masks at the store you can just make them right at home. I can't wait to test some of the different natural remedies, one that appealed to me the most was the egg shampoo. It's a wonderful collection of beauty alternatives that I will be adopting alongside my 11 & Very easy. All of which are in this publication. I never remember recipes. I do however remember my favorite ingredients. Simple and wholesome Great little go to book. General, I would recommend this book, it can save you money and have you living healthier without all of the harmful chemicals that are in some items these days. As for the writer, what an amazing girl. Women and also men of all age range could gain something out of this book. Great information! I enjoyed this short reserve because it's filled up with quick to the point recipes, that are all natural! Please write a different one! Just try your kitchen for cosmetics! Nifty, thrifty and homegrown suggestions to change lives in your life. Quite an education on what's in your kitchen you could end up being using for another thing to make you beautiful. Great alternatives!! The writer, Galilee Lambert, tells you all kind of beauty secrets from facial to locks products to use to make your life easier. This reserve was a good short read, but still packed with information. Love this book. Many thanks very much :) Five Stars Some excellent ideas in here! What I enjoyed most about this reserve is that it uses common ingredients that you can find in your home. Useful cosmetics in your kitchen Quick and easy read. 13 year aged daughters! We have heard of some of these remedies, but a whole lot I have not. Lambert explains how the different treatments do not have to be expensive of money. Most of the time, you probably already have them in your kitchen. Can't wait to use your products someday. I would definitely recommend this publication to my relatives and buddies.



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