

LOOK AND FEEL TERRIFIC • SAVE MONEY • HAVE FUN!

Natural Beauty at Home



More than 200
Easy-to-Use Recipes
for Body, Bath, and Hair



JANICE COX

author of Natural Beauty from the Garden

REVISED EDITION

Janice Cox

Natural Beauty at Home, Revised Edition: More Than 250 Easy-to-Use Recipes for
Body, Bath, and Hair



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In this new edition, Cox has refined over twenty years' worth of simple and self-indulgent recipes for body and soul, including:- cleaners and scrubs- creams and lotions- massage oils and aromatherapy- hair-care products Natural Beauty at Home includes over two hundred of Janice Cox's dishes (many have been passed down through three generations of her family) for from shampoo and mouthwash to face masks and lip gloss, so visitors can customize their beauty regimen, save money, and possess fun, all at once. A revised edition of the bestselling guide to easy and effective home beauty remedies from America's natural beauty expert Beauty in modern America is a multibillion-dollar industry, and customers spend a huge selection of dollars on cosmetics only to discover that they aren't satisfactory or effective.



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I like the book very much I like the book quite definitely. Many of the ingredients of the recipes are not commonly available at regular stores, but you can find enough recipes to meet whatever need one might have. My favorite is washing my face with castile soap and adding sugar to it. My face feels cleaner and even more supple. I highly recommend this to those who are looking for a natural approach to beauty care. Super, easy recipes This book is great for a beginner like me. I am all about the organic body and hair treatment and love diy tasks. It asks for things like olive oil, baking soda, liquid soap, rose drinking water, glycerine, pine needles, lavender flowers, etc. The dishes are also very efficient and the book also explains the purpose of each ingredient.. You can truly add essential natural oils or fragrances or make fragrance-free potions for delicate skins. I have bought other books in that past just to find that it had been incredibly expensive and extremely difficult to find all of the ingredients, but not this one! this book is a great place to start If you are ready to experiment with some new ideas, this book is a good place to start! I am anxious to make gift baskets of personalized beauty and bath potions for my close friends and family. Would definitely recommend! Recipes not great I love the thought of this book however the recipes simply aren't what I hoped they would be. They're not nice to use at all. Many of them it could be preferable merely to put oil on your skin and not waste all of your time making a thing that feels as though you're just putting oil on your skin. I would suggest this publication to anyone who's thinking about attempting to make their own beauty products at home but doesn't know where to start. I think there are probably better books out there that use better ingredients (if you're likely to use mineral oil you may as well just buy the mass produced crap) What a great idea! I bought the initial edition of this book in 1994 when I was a teenager, but dropped it when I actually moved a few years later on. I loved it so much that whenever I couldn't find it in virtually any bookstores, I purchased it from right here, and was thrilled to find that it had been updated with new quality recipes. I'll admit a several ingredients aren't no problem finding, (I acquired to special-order Irish moss and stearic acid powder on the web) but it's so worthwhile once you actually get around to making the product. (The Basic Cold Cream is my favorite recipe; it will thicken correctly if you mix briskly with the pointed end of a skewer for five minutes during the cooling process) Who knew that producing your own beauty products could be not merely money-conserving, but fun? This book even got me thinking about a uncommon hobby that I hardly ever would have guessed I'd get into: Soap-making! (I experienced to special-order lye, too) Many thanks, Janice Cox, because of this gem of a book. Thank you Miss Burke The recipes in this book don't require that you get expensive, hard-to-find ingredients. Lots of quality recipes for personal products along with the real basics of earning them from scratch. I was not disappointed! The initial recipe I attempted, grape seed lotion, proved great! I am making a lot more body care items using the dishes in this book. Home-made cosmetics don't have to be like this, I've carried out a course on it since and the recipes we've been given definitely aren't like this. The author offers a explanation of the ingredients and gear she uses which I found very useful. I have already been enjoying using the recipes but prepare yourself to make modifications to tailor them to your needs. You should be in a position to purchase beeswax from your local beekeeper. I now experience confident that I can make my own products at home, because of this book. Awesome!. Shows steps to make a variety of soaps from scratch and then how exactly to combine them with natural oils and other things to make a lot of lotions, conditioners, shampoos, you name it. A few of the dishes are said to be very old. naturlista need to! I also love the fact that a lot of of the recipes only require a few elements. The quality recipes for beauty treatments are usually small in volume. Lye soap dishes are included, if you want to go that route. I was able to find the elements I needed at my local co-op, but any wellness food store should stock them or you'll find them online. But isn't that the point of this to begin with? Overall a very good resource.! I am in a position to make most of the recipes with the items I already have in the home! The ingredients that are required are either already in the house or no problem finding. Plus my sister simply started her business making natural care products these books have given us

so much inspiration and suggestions. A must buy for just about any naturalista. Four Stars même commentaire que overview of Natural Beauty Five Stars Great Five Stars Great recipes Wonderfully Natural Book Great book. The substances and materials listed have become helpful, I also enjoy all the revised ingredient substitutions for her recipes. This second edition to a pioneer, who knows just how to tell you, steps to make "Natural beauty in the home". The pictures have a classic experience in green and dark and the natural dishes are easy and inspiring. It is so simple. Strategy to use! Lots of dishes for personal products as well ... Lots of information in right here. I purchased this book because I have never made my own skin/hair treatment or bath and body products, so I wanted to start with recipes a novice could make successfully. I always wanted to figure out how to make my own beauty products without all the harmful chemical substances that I always come across while purchasing at a retail store. Comprehensive. Four Stars fun to create your own cosmetics! Five Stars Amazing book My favorite part is how many ways we can treat our ! You can learn to make cold creams, night creams, facial masks, bath salts, lip balms, massage natural oils, plus other things. The fun details and background were insightful and certainly make this whole book well worth reading. Janice Cox provides really done her homework. Permitting us to make any beauty item. She even offers perfume and mouth rinses in her book. My favorite part is just how many ways we can treat our hair complications. Comprehensive. My current favorite may be the Australian Hands Cream - it really is great on my very dry skin this winter season. I will treasure this book permanently. Great easy-to-make recipes!



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