

Paige has been making me gorgeous
for nearly a decade, and now she
can make you gorgeous too.

—From the Foreword by
JULIAN MICHAELS

the **GREEN** beauty *Rules*

The Essential Guide to
Toxic-Free Beauty, Green Glamour, and
Glowing Skin



WHAT TO TOSS | WHAT TO TRY | AND WHAT TO BUY

PAIGE PADGETT

Green Beauty Expert | Celebrity Makeup Artist

Paige Padgett

The Green Beauty Rules: The Essential Guide to Toxic-Free Beauty, Green Glamour, and Glowing Skin



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We all want to feel sexy yet demonstrate compassion for our world simultaneously. This is actually the first book of its kind to offer an action plan for developing a totally green beauty routine! In *Green Beauty Rules*, Padgett shares personal anecdotes, insider secrets and surprising facts about the beauty industry, while seamlessly fusing environmental issues with her contemporary beauty philosophy. Using a step-by-step method, Padgett guides readers through the decision-making process of what to try, what things to toss, and what to buy. She also teaches practical strategies to make green beauty easy—like how exactly to read labels, see through misleading buzzwords, and identify toxic chemicals. the publication and the brand - *Green Beauty Guidelines* - For visitors who are not used to the green beauty scene or already tinkering with ecoconscious makeup and skincare, this is the essential guide to a fresh and sexy attitude for a healthier future. Leaving all the jargon behind, Padgett gives precise information in a great, friendly format, and provides women all of the tools they have to reduce their Aesthetic Footprint and adopt a more sustainable, healthy and sexy lifestyle! is approximately discovering that green can be glamorous.



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An Elaborate Instruction on Green Beauty for Every Woman! My beauty routine offers been officially greened. However, I've sometimes wished for beauty products I could wear, items that wouldn't have my eyes swelling and watering and my attempting to claw off whatever was burning my face. Very informative This book gives a list of products which are "green" that is very helpful. It also describes at length properties of toxins. LOVE this book LOVE this publication!**I was kindly supplied an eARC by HCI Books through Net Galley in exchange for an honest review. I had hardly ever given much thought as to what could be in my makeup items. Overall it had been a great go through and extremely helpful! Five Stars Amazing book! Padgett provides a few of the science and ecology behind why these products aren't good for humans or for the environment.!. Recommendations are great!!! Good makeup tips This is an excellent book if you worried about what is in your cosmetics and want advice on exactly what is a better choice for the next makeup or cosmetics purchase. Fortunately she will not suggest throwing everything out, but will talk about transitioning over to clean, green, but that it is okay to keep some of your absolute favorites. Five Stars must read Go Green together with your Beauty Routine I don't use much makeup but when I really do, it's usually has organic and few nonnatural ingredients. So, this book was of interest to me, though I had not heard of the blogger/author. She also do a tremendous amount of study on substances, which she shares in this reserve. This reserve piqued my curiosity when I noticed it offered on NetGalley for review. She shares her personal encounters in addition to those of her customers.. I really appreciated that she was not preaching an "all or nothing at all" approach. Not merely did she offer "green" and sustainable options, but also how exactly to changeover to those products at your own pace. She did not preach, humiliate, or use it as a soapbox. It was more like a helping hand and showing the way.The colors in the book were lively as she reassured us that more "green" products are being introduced, a lot more than when she originally started her blog. One can learn a lot about what to avoid when buying items off the shelf and depending on your geographical area, products you can purchase, when you are looking at Green Beauty products. This is where the beauty market is headed.I'm glad that she compiled the reserve from her blog posts because I would never have discovered her or this book. I am now better in a position to decipher labels. I tend to purchase lipstick/lip balm/ lip pencil with natural, "green", with some organic substances, but now I have been educated on also facial cleaning and maintenance options. The description of the toxic substances versus the benefits found in the natural ingredients blew my mind. I think that she'll have increased her market and reach (I hope!) with this format. Needless to say, it is not updated as very easily as a blog. This is a solid resource, specifically as an ebook can be updated and cellular enough to take when you're shopping and making decisions on products that affect your wellbeing,

the environment, and your values. Note: I received a review copy for free from NetGalley. Plenty of great tips and tricks Lots of great guidelines.. Overall, though, a great resource. Great resource! Having having said that, I will also accept that I truly enjoyed The Green Beauty Rules by Paige Padgett. This explains ingredients that aren't suitable for skin but widely used in cosmetics and skincare products and what not .. For everybody who wants to live a toxic free of charge life. though I don't use makeup for some part or prefer to apply makeup, I do communicate with many people and asked queries about makeup, or have to at times, do a few what to satisfy my children members :) That is where the need for using makeup for occasions came into picture. Thank you Paige for an excellent resource... and when I started reading I understood it is an excellent guide to have ...I've an interest in embracing character that's no secret .. This is an evergrowing movement. I loved that her book was direct to the idea - no beating around the bush, had choices that are suitable for those with limited budget - this means, you don't have to spend a lot of money for buying products that don't damage your health ..It began a bit slow for me with explanations that I personally did not need, but would be helpful for those new to the concept or skeptical or just wanting more info. & most importantly, she's shared an abundance of info from her encounter as an makeup artist in Hollywood for a decade . I will admit, I had a very different expectation when I picked the book . The writer takes a realistic method of makeup and how exactly we make use of it in real life. I read a reserve on similar subject, but I did so not get as very much information as I acquired from Paige's reserve and recommend anyone looking to tidy up their personal treatment stash to take a look at this! I really loved the lists of substances and the reasons they might be considered harmful. I had heard about it on Jillians podcast and decided to order it. Great read for anyone looking to tidy up their cosmetics Great read for anyone looking to clean up their cosmetics. Glad you can find alternatives out there! I haven't worn make-up in probably near 15 years because my skin is indeed sensitive. I've known all of this period how harmful all of the different petrochemicals were, and I have been okay with not putting on them. I was surprised just how many of my "natural" items were just the same garbage with good marketing. I'm thankful the Ms.! I gratefully received a free of charge ARC via NetGalley for my unbiased review. Paige Padgett is usually a makeup artist in Hollywood and did the makeup of celebrities.. I'm also thankful she provided some sources of better products. excellent book, life changing This was an amazingly eye opening book. What I really wish she had supplied was some recipes to make my own products. Over time, she started using all natural, cruelty free products on her customers, and in her personal existence. I don't usually read books or blogs about makeup. I had so many pages bookmarked (I browse the ebook), that I realized that I should take out pen and paper and begin writing some of

the factors she shares down. I experienced a couple webpages filled by the enough time I completed this reserve. This book is divided into sections and chapters that delve into different aspects of green, clean beauty offering some personal reflections, the technology, the ingredients to consider, developing your personal green beauty package, beauty secrets, and a section I particularly enjoyed by the end that included multiple makeup looks and how to achieve them (she is a make-up artist). By the last web page, I was thinking about what was lurking in my makeup and toiletries. Especially like the simple, step by step actionable approach.. I received The Green Beauty Guidelines by Paige Padgett from NetGalley in substitution for an honest review. I found this book to become informative and educational without preaching on environmental issues or how chemicals will ruin my entire life.. Along with product info, she also provides us tips on achieving different looks. In a global where most women can't completely shun beauty products, knowing what and what never to buy is essential and this book presents credible and in depth advice for the reason that regard. This is often a invaluable tool when making decisions on what to purchase. I feel like I am given the details and it's up to me on how best to use it. Just what a refreshing switch from the most common guilt and shame the majority of us deal with nowadays! So, yes, I avoid plenty of makeup, but I needed to know how to go about doing it without using harmful products, or probably prepare my own products and in some way thought I will have quality recipes in this book when I picked it up :P I know, I know :D Yes, I realized this book is more on the subject of picking the right products soon enough .



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