

The image shows the front cover of a spiral-bound notebook. The cover has a dark purple background with a faint, wavy, light-colored pattern. A large, light-colored hexagonal molecular structure is centered on the cover, with several smaller hexagons connected to it by thin lines. Each of these smaller hexagons contains a different image: a cluster of yellow lemons, a blue and white ceramic jar, a close-up of pink flowers, a pile of yellow powder, a green plant, a brown and white dog, and a green leaf. The title 'Essential Oils' is written in a large, white, sans-serif font, and 'pocket reference' is written below it in a smaller, yellow, sans-serif font. Below the title, 'SIXTH EDITION' is written in a small, white, sans-serif font. At the bottom center, there is a logo consisting of three colored squares (red, orange, and blue) with the letters 'L', 'S', and 'P' respectively. Below the logo, the text 'LIFE SCIENCE PUBLISHING™' is written in a small, white, sans-serif font, followed by 'YESTERDAY'S WISDOM.' and 'TODAY'S DISCOVERIES' in a smaller, white, sans-serif font. The spiral binding of the notebook is visible on the left side.

Essential Oils

pocket reference

SIXTH EDITION



LIFE SCIENCE PUBLISHING™
YESTERDAY'S WISDOM.
TODAY'S DISCOVERIES

Life Science Publishing

Essential Oils Pocket Reference by Life Science Publishing (2014) Spiral-bound



[continue reading](#)

Features Adolescent Living Blends and formulations. The Essential Oils Pocket Reference carries a directory (single oils, blends and personal usage) at its starting and then divides into seven primary chapters. The 6th edition of the Essential Oils Pocket Reference provides the most utilized information from the bigger 810 page Necessary Oils Desk Reference.



[continue reading](#)

This a Young Living Book! People who order the product do need to understand that it is a definitive and incredibly thorough reserve on Young Living Necessary Oils only. I love this book! The book is hard cover and spiral bound in order that it lays flat and is convenient to use because of that. Being quite a geek myself, I utilized office flags to create tabs for the sections. There are also many easy quick reference charts which trim to the chase if I am in a hurry. ?! It is VERY user friendly for me. Coils are bound. In the back of the book, there are several appendices-so helpful, a bibliography, and an exhaustive index. I have been confused by the difference in evaluations, as to whether this was the desk reference or the pocket reference. That is a full size desk reference: a bit bigger than 9 x 11 inches, and has 810 pages. This book does not always stress safe dilution practices. This is exactly what I intended to order, and am happy with the packaging, speed of shipping (very fast), the condition of the book (shrink wrapped and mint condition), and the grade of the product itself.. Wow! You research your ailment and then it gives you recommendations on which natural oils and applications would work best! Easy reference in the beginning, lets you know about each oil particularly and what they're used for. Great reference Really nice reference. The 5th generation wasn't quite a user friendly. Pleased I bought this book. This Essential Oils Desk Reference 6th Edition significantly surpasses my very own expectations, despite the fact that I had had the book described to me many times. It has substitutes within as well a history of Youthful Living, which I found fascinating. Worth the money! Loads of information! Loads of information! Very well come up with and heaut duty reserve. I acquired the desktop reference. It is extremely thorough and incredibly well written and well documented. The various other reviewers book will need to have been a lemon. Precisely what I was looking for! A premium price does not always equate to better goods. It gives a short summary about the oil, tells ingredients and gives a summary on each ingredient, after that gives uses/applications of oil. Definitely ideal for the newbie and in addition great reference for the seasoned oilholics! The complete publication is usually color coded for practical use as the shades show on the web page edges when the reserve is shut. If nothing else, this has motivated me to appear beyond the brand and concentrate on the scientific names of the natural oils themselves. Great improvement from the last one. MANY THANKS Young Living because of this Book. It had been definitely worth the amount of money I payed for it! It also tells you about specific ailments and where you can look for them. Be warned, this is a reference for Small Living Essential Natural oils. You can use it for other brands, but the blend names are all linked to Young Living Essential Oils. If you use another brand advisable is to print out a list with equivalent brands of similar blends. This book expands upon the pocket edition with plenty of other great information and research. Has information regarding each essential oil, each blend, different uses around the house, different uses for health and wellness (using oils instead of chemical substances for cleaning and body treatment), and different uses to greatly help with outward indications of different illnesses. Not in place of medication or treatment needless to say, but additionally to it. For example, if you go to sinus - it will inform you of different oils that help with sinus problems and those to diffuse, inhale, or use topically to greatly help obvious congestion. I am happy. There is a small blurb about any of it in the very beginning of the part on usage, but make sure to know safe utilization for children, adults, and elderly before proceeding. Once you are in the section about what to do, it just refers you back to the front of the section. You are expected to remember which oils have to be diluted to 2% or less, for example. Should get ZERO stars Oils do nothing to help actual illnesses.. Has research information. Gary Young and the specific blends of oils that the Small Living brand sells. Glad I bought it There are so many books to pick from. This does speak more to the Young Living EO's, but I discover that the information is still helpful even though I use doTerra a little more. My favorite portion of the book therefore far may be the personal use help. This has helped me select different natural oils for recipes for a variety of ailments, and gives a better background/description of the natural oils than you can find on the doTerra websites or even on Pinterest. The web pages are high quality glossy paper, with many full color prints and helpful diagrams. I have some

serious problems with this book #1 getting the actual fact it recommends ingesting necessary oils, I have several books on essential oils and also have done extensive reading on the subject of them online each of them warn of the chance of ingesting essential natural oils. Another section is different health conditions that i also tabbed A-Z, but specific sections such as for example Cancer & I love essential natural oils and feel they're beneficial but I think this reserve is definitely misleading and the fact that it is normally no more offered on Youthful Living's website informs me something. I do like how it's organized, and there is an index in the back for quick reference, in addition to a guide describing safe oil use, including different techniques to apply. I am satisfied with this publication and feel it's helped me a great deal in learning about oils overall along with the individual oils themselves. Great book, Young Living Focused This book includes a great overall knowledge base for essential oils and their application. I like that the publication is separated into split sections with an extremely nice illness/problem list in the trunk with recommendations on single EO's and blends. Nevertheless, for all those who are considering purchasing this publication, this was created with the assumption that the reader uses Young Living essential oils. Young Living does product very good quality essential natural oils despite being a multi-level marketing organization. I take advantage of Rocky Mountain Oils because I trust the brand and do not have to pay the high price. It has every YL item and blends and in addition almost every single oil(I'd imagine, I'm not used to the "OilLife") in this book. Enjoying products on a daily basis Young Livings important oils book avoid this as your just reference.Has more info on environmental and personal care. Just be aware that of the.This book is actually almost the same as the pocket version. In addition, this author has the nerve to say that natural oils help people heal and get over abuse! That is reckless at greatest. Abuse survivors need ACTUAL help, not pretend crap that doesn't do anything. This will be criminal. Young living reference Best desk reference for essential oils. Must have! Easy to follow-well organized Easy reference This book is user-friendly and has everything and more you might want or need to know about essential oils. informative I expected book to be in color - disliked the black and white images onto it. When you're really sick Call a genuine doctor LOL Trying to look like a legit medical desk reference. Great product Arrived needlessly to say packaging was great. Throughout the reserve, it references D. Way more user friendly than the 5th edition!.Primary differences are:Size - its not necessary a magnifier to read it. One section may be the individual oils alphabetically which I tabbed A-Z. This is the only publication I have come across that promotes the ingestion of essential oils and Youthful Living produces a line of natural oils labeled "vitality" specifically for ingestion however they are no not the same as the regular oils, also the fact that Gary has uncovered "fresh" oils that may remedy any ailment have seems suspicious. Skin Circumstances got their own tabs...



[continue reading](#)

download free Essential Oils Pocket Reference by Life Science Publishing (2014) Spiral-bound fb2

download free Essential Oils Pocket Reference by Life Science Publishing (2014) Spiral-bound djvu

[download free Bulletproof: 35 Proven Strategies To Lose Weight Over 35, Build Lean Muscle & Turn Back The Clock On Aging djvu](#)

[download Dinosaur Training Secrets: Volume III: HOW TO USE OLD-SCHOOL PROGRESSION METHODS FOR FAST AND STEADY GAINS IN STRENGTH, MUSCLE AND POWER mobi](#)

[download free Quick Reference Guide for Using Essential Oils mobi](#)