



Connie Higley and  
Quick Reference Guide for Using Essential Oils



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6½" Designed simply because a pocket guideline for convenience, the Quick Reference Instruction for Using Essential Oils contains the last section, "Personal Guide" The new 2014 Edition is normally revised and expanded, with more information than previously, new navigation aids, and research results from a bunch of published studies. It's the perfect pocket direct to using real, therapeutic quality essential natural oils and other commercially available products that contain pure essential oils. The most recent edition of the Quick Reference Guideline for Using Essential Oils includes: Image illustrations for the Raindrop Therapy methods Photo illustrations and Hands Chart for the Vita-Flex technique This book is normally bound with a plastic spiral binding., of the large Reference Guide for Essential Oils plus the Vita Flex Ft Chart and other summary information. With details on over 650 health conditions, it is probably one of the most comprehensive and concise books of its kind on the market today. This type of binding is very durable and allows the pages to lie flat-facilitating the use of this book during the application of oils. x ¾" Comprehensive information regarding pure, therapeutic quality important oils in a readily available, reference guide format. x 6" Size: 490 pages; (with spiral bounding). Published in 2014.



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