

PREP FOR SOCIAL SUCCESS

A Guide for Parents of Children with Autism



Jamie E. Carter, Ph.D.
and
Ahna I. O'Shaughnessy, M.A.

Jamie Carter and

**PREP FOR SOCIAL SUCCESS: A GUIDE FOR PARENTS OF
CHILDREN WITH AUTISM: A SOCIAL SKILLS TRAINING MANUAL**



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ARE YOU A PARENT OF A KID WITH AUTISM OR ASPERGER'S? Do you wish to help your son or daughter improve their social abilities? PREP for Social Achievement gives you an easy to keep in mind four step system to greatly help teach your kid the skills needed to succeed in various social situations. in Guidance Psychology from Ball State University and is a Psychology Associate, providing behavioral providers to various organizations and universities who serve adults and kids with autism and various other neurodevelopmental disorders in the Greater D. The PREP program could be applied to numerous settings including school and group activities such as sports or clubs. Without appropriate interpersonal skills and emotion administration, your child will have difficulty in sociable interactions. Managing emotions • Carter has a Ph.D. It is also applied to different age groups ranging from kids to adolescents to young adults, so as your son or daughter grows up and transitions to a more independent life, you can address work, college, dating or living with roommates. Acquiring turns • Traveling to new sites • Ms. Making friends Each stage of the PREP plan can be customized to your child's specific needs and strengths even though taking into account common features seen in children with Autism Spectrum Disorder. Parenting a kid with special needs can be stressful and you will also learn ways that you can help keep up with the mental and physical wellness of your child, your self and other family members. By using the PREP for Sociable Success program, your child will develop social skills that will allow him or her to become more comfortable in a variety of settings also to interact better with a number of people. You will see improved self-confidence in your child with the advancement of these skills. Shaughnessy has an M.A. About the Authors The authors of the reserve have a combined fifty years of encounter in treating children and adults. Dr. The PREP system incorporates various methods and strategies which you can use to teach your son or daughter skills such as • D. in Clinical Psychology from The University of Illinois at Chicago and provides consulted to different community and government companies for people with a number of diagnoses including autism, intellectual disabilities, depression, and stress and anxiety. She has performed evaluations and offered psychotherapy along with developing behavior support plans. Speaking with others • and Baltimore areas. ? A. We show you a number of ways in which you can Strategy, REHEARSE, ENCOURAGE and Compliment your child to be able to improve his/her ability to adjust to and function in a number of configurations. Identifying feelings • O' Ms. O'Shaughnessy also teaches classes to personnel and parents in the regions of behavior theory and program, and social skills methods.



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This book is a "must" for a parent with ASD child but its also very interesting and helpful read for everyone who might ever have a connection with ASD child . I wish I had read this book prior to my assisting at the school, it would have helped tremendously to possess this common sense approach as a reference. The authors have developed this an easy task to remember PREP program (The acronym means Program, REHEARSE, ENCOURAGE, PRAISE) to help parents anticipate numerous social situations that are complicated for a person with ASD to navigate. The authors methodically walk the reader through the guidelines of PREP, using different scenarios to illustrate their stage, so the parent is way better prepared, and most importantly, the child is given the structure and encouragement they have to socially succeed outside the home. This reserve helped me to understand how I might anticipate confusing social situations for someone who is certainly on the spectrum and decrease the needless anxiety it may cause. Highly recommended ! Very Helpful Book! Most of all I loved the section that helps me remember to keep my feelings in check. I liked a variety of techniques were offered and I could pick the ones that I thought were most suitable. Very useful advice for how to help a kid with ASD Although I am not really a parent, my experience with ASD children is through volunteering for four years, once a week for three hours at a school for 3-5 year olds. I'll definitely recommend this reserve to my friend. I enjoyed reading this publication and the examples in the beginning ... The examples given of real scenios are clear and clear to see. The PREP Program is very easy to understand also to use in a lot of situations. This book is quite informative but also easy to read ,it includes many examples from everyday activity and and teaches how PREP strategy could be apply to different situation, not only in everyday life but with changes in daily routines like preparing to move ,visiting new places or meeting new friends. I particularly liked the idea of videotaping a role play on your child's phone so that he could play it back again later. The authors of the publication seem to be very knowledgeable about autism and I think that lots of parents would find this publication to be very useful. Easy Read to comprehend Autism This a great, readable and understand book.g. I love what sort of authors used circumstances that I can determine with (e., the visit to the zoo) to illustrate how PREP may be used for the reason that situation. PREP is sensible because it may be used regardless of the situation and age the child. She is a young mother and she's been having trouble coping with it and I wish to know very well what is she going through. The examples given of actual scenios are obvious and clear to see That is a helpful guide for parents of children with ASD. I enjoyed reading this reserve and the examples at the start of each chapter really struck a chord with me. This is a good well-written book that I'd recommend. Suggestions and methods receive to parents for effectively helping their children deal with various social situations. I've read this publication

because my friends child was recently diagnosed with autism . PREP for Social Achievement: A Guide for Parents of Kids with Autism is easy to read, understand, and is applicable to many social aspects of a child's life. The book is very informative and provides real life circumstances and solutions. I certainly recommend this book.



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