

KEEPING YOUR MIND WHILE THEY'RE LOSING THEIRS



A SOMETIMES *HUMOROUS*, POIGNANT LOOK AT DEALING
WITH A PARENT WHO HAS *ALZHEIMER'S* OR *DEMENTIA*

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Keeping Your Mind While They're Losing Theirs: A sometimes humorous, poignant look at dealing with a parent who has alzheimer's or dementia



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Some tales are amusing and some are just parables on life and making the very best of a poor situation. s mind and hearing what Alzheimer' Your grandparents got old which means that your parents took care and attention of them. When your parents got outdated, you took care of them. Heck, they trained classes in high school on how to look after people when they had been bed-ridden. I only know that because my neighbor required the class. Point being, in only a few years, this family take action of caring still left the American psyche. How, I do not understand. It isn't like people stopped getting aged or were abruptly filled up with glee at the thought of going to a convalescent house. Rarely does anyone say, "When I get old, weee! I started composing to help me offer with what was happening to my mother and myself. Assisted living is definitely for me personally!" So here most of us are and the idea of getting in a family member to look after fills us all with fear, mostly dread about how our lives changes for the even worse. I held her house as long as I could, then we searched for a facility. t we ever think that they could possibly switch for the better? And when did we stop valuing emotional change over economic gain and less responsibility? But actually, this book is about obtaining perspective and humor when all appears lost. Until one day, I gained some essential perspective and discovered the love of life I had lost somewhere along the way. ! From our first visit to the Neurologist to viewing a scan of my mother's and Dementia wouldn't normally have even been a subject of conversation, let alone a book. s. Incidentally, that picture do make the Fridge De Metropolitan. My mom' I learned to roll with the punches and consider the good whenever and wherever I could find it. You can fight it and be miserable, or you can opt for the flow and also have a little fun, getting something really amazing in the process. s desire to play hide and seek with thawing meat or her jogging in circles all night, repeating the same phrase over and over nearly killed me. Why don' That was the most difficult, due mainly to guilt and worry, wondering in case you are doing the right thing. If you think you might be losing your brain because you are pressured to solution the same question again and again or you are hiding in the toilet for just a few minutes of peace, that is a book to assist you find the funny side and the perspective you might have lost. Fifty years back, handling Alzheimer' I am right here to tell you it will definitely change. Then, after a few years and a lot of cash, she came right back home again.



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Really helpful! I loved the title of this reserve and was starving for the encouragement it brought. Made me smile, laugh, and cry. Phil but these so-called helpful talk shows NEVER address what we caregivers are going through. Suicide prices among caregivers keep raising and I can relate as to the reasons. I am a retired RN and when my husband was diagnosed with Parkinson's & it generally does not help! Inspiration Was an excellent read! This book is very informative, When scanning this book I found myself crying, laughing, and just smiling, love love this reserve as I work with the elderly that have this horrible disease, many thanks Jennifer for your story!!!! Everyone tries to help by saying "You mustn't feel guilty, you do your very best" but I just want to tell them to avoid... Lewy Body Dementia I'm vowed I would never consider placing him until he no more acknowledged me!! When Dave includes a good time and his memory is good, all the guilt comes rushing back. This book is pertinent, timely, much needed! In my brain, I accuse myself: The trend is to bring him back? If Jennifer Graves writes similar to this ... I will snag it up!! I'm not alone I enjoyed this publication. It's a look at Alzheimers through loving eye with a touch of humor. Loved it. Good read. Worthy of reading. Found it to be very helpful and inspiring. Would certainly recommend. Almost as good as likely to a support group. Boy was I wrong! How to deal with horrible sentence which is not simply to your beloved but to you as well. You know, I'm a big enthusiast of Dr. Great read for people caring for family members. I didn't expect that my 76 year outdated body was not going have the ability to lift him and bear all the other burdens that looking after him entailed. I enjoyed it, it offers such meaning to it. Your chapter on guilt was so right on! wonderful read for anyone caring for a member of family. Reminded me to be patient! Could relate to many situations with my mom. Five Stars This is an excellent book!! Awesome a must read Awesome a must read.



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