

# THE GREAT AMERICAN HEALTH HAX



**The Surprising Truth About How  
Modern Medicine Keeps You Sick**

**How to Choose a Healthier, Happier,  
and Disease-Free Life**

**RAYMOND FRANCIS**

author of the bestseller, *Never Be Sick Again*

*Raymond Francis*

**The Great American Health Hoax: The Surprising Truth  
About How Modern Medicine Keeps You Sick—How to Choose  
a Healthier, Happier, and Disease-Free Life**



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Described as "one of the few scientists who offers achieved a breakthrough knowledge of health and disease," This publication is that device. A chemist and a graduate of MIT, Raymond exposes the truth about why the conventional approaches to health insurance and disease aren't operating. In MEDICAL Hoax, Francis blends wisdom from his previous books with new details and research, after that he pulls out all the stops and creates a simple roadmap to health to be able to get well, stay well rather than be sick again. Francis believes that, through education, we can put an end to the epidemic of chronic disease while providing a solution to the largest social and economic issue of this century— After that, he reminds us that not only is there zero fun in being ill, but we are going broke trying to pay the price. It will empower you to select health and never be unwell again!highway to wellness", while he quite successfully demonstrates that we really don't need to be sick.the costs of global aging. Francis realizes that the only solution for individuals and society all together is to maintain wellness. But wellness is a solution that people must choose, and once we make that choice, we should learn to achieve it. We have been the sum of everything that goes into our bodies —MEDICAL Hoax makes it simple. it is our job to support it. Thankfully, learning how exactly to be healthy has never been easier— As the human organism is an impressive self-regulating, self-repairing system, it is capable of being completely useful and in excellent wellness for well over 100 years of vital, productive existence. When we make the decision to properly care for ourselves, our anatomies will incentive us with the gift of good health and extended life. All we are in need of is a tool to help us master sun and rain of health that are the most crucial. Raymond Francis draws deeply from his years of personal encounter and professional schooling.In The Health Hoax, Francis exposes the reality about how to remain healthful and introduces us to a way of life that may become a "



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I have studied health and experimented on myself with every .. Among the health must reads A great book. We have studied health insurance and experimented on myself with every diet plan, cleanse, dietary supplement etc for 40 years, so when it is all said and done, this reserve sums it up. THE REASON & Core of All Diseases! That is Raymond's latest book that is basically an updated version of his other book, 'Never Be Sick Again'. By his definition, all drugs are toxic. This guy is not the only man with the courage to come forward,,, hundreds of GOOD HONEST folks have come forward with his SAME conclusions.. If you are interested in learning the reality about health, the meals we eat, what the body must be at optimal health, that is on my must browse list. He has some great information and isn't vague like some other books. The book suffers from some issues. Great info, on the must browse list. Also try, what in the cell is going on. That is clearly a god one very detailed in the way the body functions and what it needs also. Two thumbs up. Yet people that have osteoporosis are directed to drink much more milk.!! It's essential read if you like to be healthy. If you take your time and effort and go through it you will great you can change your life, Health is a choice. There is no need to be sick and he demonstrates how not to be. I am in my 70s and I feel better today then I have in years thanks to this book and a few others. Awesome read! a huge selection of GOOD HONEST folks have come forward with his SAME conclusions As in the X data files... Even cows' milk: it drains nutrients from bones as the body needs to neutralize it. A lot of his positions are arguable, such as his linking vaccination to autism. "THE TRUTH IS OUT THERE! Great reading Great reading, useful ideas... Strident Indictment of Society Americans are body fat, unfit and misled by their governments. It comes after there are really only two causes of disease: toxicity - too much of a dangerous issue, and deficiency - too little of a needed thing. They're both excellent books which he points out the basic factors behind all illnesses and lets the reader know that if they want to remain healthy and fit they need not take any nutritional advice from the average medical doctor who've never been schooled in this subject and who just want to prescribe medications and surgery.. If not really for all that, their bodies would provide them with terrific service for up to a hundred years. The publication is well written at a rate most anyone can understand. He cuts through all of the commercial misinformation and teaches you why the American diet plan is sick-making and even fatal, the way the medical business treats the outward symptoms and carefully avoids the root cause, and ways to switch all that and become healthy and live to 100 years. I do think that your MD simply likes to offer you pills which give you other negative effects in addition to not "curing" anything. Really worth the reading and learning. I started slimming down and feeling better in 2-3 times without trying. Not a diet. Just shows you what's wrong together with your current diet and factors you in the right direction. Amazing outcomes. Raymond Francis may hit you seeing

that a crackpot if you haven't done your research yet. Motivational Great book. Everybody must read this book. Highly recommended.. Everyone should examine this book..Francis says there is just one single disease - cell malfunction. If cells worked properly, you'll not be ill. FDA,,, AMA,,,, CDC,,, all only a Mafia safety racket for Big PHARMA! And Francis wants to repeat himself, five, six, ten times. There is nothing meant to cure, and then treat symptoms. If we would just help our bodies stay in balance, we're able to and should avoid coping with this evil empire. I purchased both and provided this copy away to a friend as I love the design of the first reserve better and I did not receive any higher revelations from his newer duplicate. They are made to get over or delay some procedure, therefore they are toxic. The more you consider, the sicker you will become, because something will end up being thrown out of balance, if not destroyed.. Thanks for a great book and some truth amongst so many lies becoming spoon fed to culture! This is one of his examples where the treatment worsens the condition. To many lies out there, factors we have just believed our whole life, things we've been told are healthful that are not, things we eat which are poison to us, but because we have been told all of this in society, we've no clue we have been harming our bodies and we have no clue we can change our health and wellness but we can. This is a very personal rant. Great reserve! Francis finds experts to back his positions, but plenty of what he statements depends upon obscure, non-definitive research and reports, the majority of which he does not cite.. American medication spends countless billions ignoring this, instead pumping patients with poisonous drugs, unnecessary medical procedures, and unscientific, unhelpful remedies. In italics.The Great American Wellness Hoax is filled with advice. It is normally one of those books that it is certainly pointless to use a highlighter, because the whole book will be yellow and you also wouldn't be able to find a thing.David Wineberg Great Information Great information. Continue reading suffer the sad fate of our failed and perhaps evil, corrupt organizations which are suppose to PROTECT us, but in actuality PROTECT the Big Corporations! It really enables you to stop and consider what you are encircling yourself with and putting into your body. I have already been slowing incorporating some of the concepts and I feel better. They are poisoned at every switch by their atmosphere, soil, water, food processors, chemical producers, and their doctors. But what he says stands up under close scrutiny. Motivated me to avoid procrastinating and do what inside I understand is right. Excellent! Be healthy and live well, like I said health is normally a choice. I believe this should be required reading in high school and university. If everyone examine this book, I think we'd possess a healthier America. This is worth reading. There are no grays, just solid blacks and whites. This man knows what he's authoring. Good Book about General well being The author makes some valid points on topics concerning the body and how it really is self healing for the

most part. If you need to stop queasy and achey, this publication explains what's really going on and how to correct it. nice great read and great info Five Stars Informative book." A must , , , , MUST examine if your worried about the WRONG path and even criminal direction our health care has gone.



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