

nail care nightmares

The truth behind the beauty



A guide to public awareness **Lisa Ann Bowles**

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Nail Care Nightmares: The Truth Behind the Beauty



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This book was written to educate, inform and empower anyone who cares about their very own health, safety and wellbeing or that of a loved one. The info in this book can help keep you from being the next victim of a corner cutting, careless, ill trained nail technician. The info found in this book could quite literally save your life or that of someone you understand and love. When receiving any kind of nail care service, it really is imperative guess what happens to consider and what to be aware of. It will also demonstrate how certain chemicals used to create acrylic nails CAN harm your unborn baby, how you CAN acquire Hepatitis B and C from dirty manicure/pedicure tools, how you CAN become overexposed to certain nail item chemicals and much, a lot more. Unsuspecting customers around the globe have experienced severe allergic reactions to nail care products, infections from filthy manicure tools, amputations, of fingers, toes, limbs, and worse, death.



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Scared me to death This book is a must-read for anyone who gets artificial nails/manicures and/or pedicures. I'll never drop my feet into a spa that I have not really seen the jets correctly disinfected, thus that will fundamentally be never. I focus on my surroundings now. I got no understanding of the hygiene aspects. Five Stars A good browse for anybody who does nails or gets their nails done Excellent Book! She i want to know that Lisa just uses non toxic products and that they would not harm me. A must browse if you are a enthusiast of the spa. Many thanks for this informative book. Excellent, informative, easy to understand, easy read Lisa Ann is a wonderful writer, and educator. I've the pleasure of understanding her as I'm a nail technician. It exposes the risks of the nail caution industry and as a consumer you skill to safeguard yourself. I got no clue. As a female who has enjoyed manicures and pedicures for a long time, I have not once visited a nail salon, day time spa or nail shop that displayed or openly provided information on the chemical substances that are in the products they use. I have also hardly ever seen or been provided with information on how the utensils useful for the manicure or pedicure are cleaned. A consumer should be educated on products and procedures in order to make a sound decision on what's best for him or her. After reading this book, the reality are constantly on my mind when I select a nail salon. This publication is a must possess for techs and customers alike. It is created in a apparent and concise manner that is easy to understand. It might literally save from an awful situation. I just cared about the prices. I encourage you to buy this book and discover the truth! No-one ever explains the background dangers of merely having your nails done. I highly recommend this publication to anyone who does professional fingernails or ... She gives you the queries everyone should be asking once you have salon solutions performed! Lisa is very passionate about sharing with others what she has learned from being available. I was extremely impressed by her knowledge and research that she has done regarding the chemicals useful for nails. Now I really do, and I could advocate for myself. My health professional wanted me to just go to her due to my health problems. Lisa provides helped many who've been harmed from having their fingernails completed. I didn't realize how dangerous it can be. This reserve informs you of the truth behind the nail sector. A must read! A powerhouse of information to safeguard yourself. Fortunately I have not had a awful experience in nail services due to all the great information contained in this book. You may be content that you did! Lisa has used all her experience and knowledge and place it into a straightforward to understand format. I highly recommend this book to anyone would you professional fingernails or has their nails done. Educate Yourself! I am now assured to possess that hard discussion with my manicurist and I understand what I am talking about. Being a young girl I never thought about the dangers of likely to a nail salon. My manicures and pedicures happen on a regular basis and since reading this book I have not really had one nail contamination or damage from a manicurist. This book does just that. I am not willing to quit my fingernails, but at least right now, I am educated about the chemical substances and such. If you or someone you know, especially a young adult, certainly are a regular at the nail salon, understand this book! In reading this book I was given information that has educated me in making healthy choices for my manicures and pedicures. and enjoy! It blows my brain, with the information available in this book folks are surprised. Today it's available on Amazon my recommendation is buy it, educate yourself, and enjoy !



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