



Growing Up *with* Sensory Issues

*Insider
Tips from
a Woman
with
Autism*

Jennifer M'Ilwee Myers

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Growing Up with Sensory Issues: Insider Tips from a Woman with Autism



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Jennifer's straightforward and humorous delivery could keep caregivers turning the page for another creative alternative Enter Jennifer McIlwee Myers, Aspie most importantly! Co-writer of the groundbreaking book *Asperger's and Women*, Jennifer's personal knowledge with Asperger's Syndrome and SPD makes her perspective doubly insightful. Regardless of how high-functioning kids with autism or Asperger's could be, they will have a problem with their sensory issues.



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Informative, Entertaining, Much-needed Jennifer McIlwee Myers' latest book as an extremely readable explanation of Sensory Processing Disorder, full of exclusive personal insight gleaned from her own experiences seeing that a person with Asperger's Syndrome and SPD, as well as her years of studying, lecturing and consulting in the field. Writing informally, with frequent usage of humor, Ms. Myers presents a clear and thorough picture of the many types of processing differences. What does Thor have to do with sensory issues? I had not been required to compose a positive review. I strongly suggest this valuable reference to educators, parents, grandparents--anyone who may understand a kid with sensory issues. This woman is fabulous. She gives such fantastic perspective ...For instance, in *Growing Up With Sensory Issues*, Myers deftly handles an array of sensory systems information, making it simple to understand and highly informative. She gives such fabulous perspective to everything she writes about it. All parents and suppliers should examine everything she writes! an excellent beginner's intro to SPD This would be a good first book for just about any parent unfamiliar with sensory issues. It was broad and general rather than too technical. Regardless of how great my self-esteem or self-image was, this was a radical change and it hit me hard emotionally. Finally, I read this and Myers' other books because few writers give personal examples that carry us into others' minds just how she does, actually allowing us to inhabit their reality in a deep and meaningful way. Never stop growing up! I read everything Jennifer McIlwee Myers writes--and I don't possess a kid who's on-spectrum. Occasionally, I teach a scholar or three who offers sensory issues and/or is someplace on-spectrum. And Myers' books have done a fantastic work of educating me as to what's in their thoughts and what it could feel like to reside in their bodies. She's resided it, she's still living it, and she communicates it as nobody else has. But even though that's why visitors should get all Myers' books--thus they understand, from the inside-out, what children and adults on-spectrum are experiencing--I have a guilty key: That isn't really why I browse her books. I read Myers' books, including that one, because they're hilarious. (I'll be looking for more books she has written! Read this publication and discover! Myers' writing is normally funnier than many a humor bestseller. I examine them because they're compassionate, putting people in another's place and assisting us live another's life (and isn't that why most of us read? She hardly ever stops learning and getting.). And I examine them because Myers' terms resonate with helping all children. It's true that her work represents children who are on-spectrum or who have SPD issues in particular. But the parenting and teaching ideas in her books often match perfectly with what neurotypical children like my very own need, too. We also go through Myers' books, including that one, because they're grounded in research. Without having to be science books, Myers' functions present concepts and how-to's that are firmly rooted in examined, proven ideas.) This is probably the most parent-friendly books about SPD that I've read. This woman is fabulous. She also discusses motivating college students using Carol Dweck's research--perfect for all kids, of all ages (I use Dweck's stuff in motivating college students). Really helpful. We wasn't disappointed. Abruptly, all the years of convinced that if I just tried a little bit harder, everything would snap into place were finished, and I mourned that belief. Realizing that I'd never be some of the issues I thought I would be able to be was painful. Five Stars Interesting Five Stars Great publication. There's something in this for parents, for teachers, for people on-spectrum, and for neurotypicals. *Growing Up with Sensory Problems* gave me the within information I wanted, and Jennifer McIlwee Myers achieved it with a feeling of humor and grace I didn't expect. In the midst of reading about Jennifer's tales about tv, childhood, Loki, Thor and Celebrity Trek, I found myself nodding and laughing and saying, "Oh, That is clearly a sensory thing TOO? To live others' lives?" Myers was older than 30 at her medical diagnosis.

That's just about everyone. An Insightful, Humorous Look at a significant Subject It was the subtitle of *Developing Up with Sensory Issues*, the "Insider Suggestions from a Woman with Autism" that grabbed my attention. All opinions are my very own. I couldn't wait around to read a book that protected SPD from the point-of-view of somebody who was raised with it, who still lives with it. I needed insight into what my daughter experiences every day. Here is a brief excerpt that really moved me: "And for the first fourteen days after my diagnosis, I cried every night. She's grown so very much. I came apart with tips for helping my girl with sensory integration, a better knowledge of what it's prefer to reside in a body that doesn't perform sensory processing well, and an appreciation for Jennifer and her composing. Yes. And that is my own reason behind everything I write and much of what I read. Jennifer broke straight down the complicated terminology and described it in ways that were easy to understand, even creating some of her very own phrases to use instead of the official terms so that the information was simpler to make sense of. Jennifer McIlwee Myers comes with an entertaining, funny writing style and I came across this book to be a quick and superb read.*I received a free copy of *Growing Up with Sensory Problems* from Sensory World for review purposes. As a former school psychologist, I only wish this book had been available to us educators years ago. I've read a lot of books about Sensory Processing Disorder (SPD), but all of them have been from the perspective of a clinician, therapist, or researcher. Additionally she gives recommendations to parents seeking medical diagnosis, and also excellent recommendations for both households and experts for how to end up being understanding and helpful to children with these challenges. Hilarious. This is a terrific book! In case you have sensory problems, or once you learn anyone who does, this book is full of revelations. Most of the revelations are contained in entertaining stories. And this may be my favorite reason for reading Myers' books--including this one." If you work with kids, this book might just help you to make sense of That Infuriating Child who makes no sense. Sensory issues involve so much more than bright lamps, loud sounds and itchy clothes. I highly recommend *Developing Up with Sensory Issues: Insider Ideas from a female with Autism* by Jennifer McIlwee Myers. Five stars.



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