

# MOTHERHOOD SMOTHERHOOD

Fighting Back Against the Lactivists,  
Mompetitions, Germaphobes, and  
So-Called Experts Who Are Driving Us Crazy



JJ KEITH

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Motherhood Smotherhood: Fighting Back Against the Lactivists,  
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What's the very first thing a woman does when she thinks she might be pregnant? She Googles. Motherhood Smotherhood requires parents through the trenches of new parenting, caution listeners of the pleasures and perils of mommy blogs, new parent organizations, self-described "lactivists", rest fascists, incessant trend items on working versus non-working mothers, and the place where leisure time and self-esteem would go to die: Pinterest (back away from the hand-made flower headbands for baby! JJ Keith interweaves discussions of what "it takes a village" really means (hint: lots of unwanted tips from elderly strangers who may have grown up in actual villages) and a take-down of the rising "make your personal baby food" movement (simply mush a banana with a fork! And it will go downhill from there.). As the internet is filled with calming and cheerily supportive content, it is also littered with hyper-judgmental message boards and loads of contradictory and scolding information.) with laugh-out-noisy observations about the countless mistakes she made as a frantic brand-new mother with an excessive amount of access to high quickness internet and lots of questions. Keith cuts to the truth - be it about "ideal" births, parenting gurus, the growing tide of vaccine rejecters, the pleasure of blanketing Facebook with baby pics, or germophobia - to go conversations about parenting from specialists espousing blanket truths to amateurs relishing in just what a big, messy pile of delight and trauma expecting is.



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Exactly what I needed Thank goodness for this book! This book stands mind and shoulders above most of the rest of literature for expectant and fresh parents in that this is a real-world, common sense method of how to make the transition from relatively happy-go-lucky childless adult, to mother or father without losing your brain, or your feeling of identity. This book made me feel just like I am doing a bang-up work as a parent despite the fact that I: 1)work 2)have a spouse who helps A WHOLE LOT 3)take some time to be always a human and do not rush to choose them up from day time care. would make an excellent gift for a fresh mom or mom of toddlers Hilarious, helpful, and in a class alone I enjoyed this publication immensely and wish it had been around when We had my first kid many years ago.. I laughed out loud in every chapter. (The title says "motherhood," but really, unless they're not planning to perform any parenting, dads might use this book as well. Five stars here! Which means this book provided me some empowerment at a number of the weakest moments. would make a great gift such a funny book, it's reassuring to know that not all moms are as serious as those im unfortunately encircled by.. This reserve is wonderful to learn and as useful or even more so that another book I love to share with expectant and new parents: Operating Instructions by Anne Lamott. Luckily I've a new baby, so I needed to hear some of this stuff once again. A real look at parenting and how it can not be perfect continuously (despite what Facebook might state).!)The writer combines her personal encounter with scientific study into many regions of parenting infants and toddlers such as for example feeding, sleeping, diapering, the so-called "mommy wars" (barf), birthday celebrations, vaccinating, and the areas that have a tendency to confuse and polarize parents, at least online. The publication in a funny method reminds us that parenting is usually a hard job, that we are all trying our best, and that everyone must select his/her very own path, a much needed message amidst the slew of parenting books out there. The kid will only remember whether she or he felt loved and cared for. But this is not a catch-all "everything is ok as long as you like your child" panacea - she provides it straight to anti-vaxxers, and doesn't allow parents off the hook for being jerks to one another.and so many more reasons! It could have saved me from many dropped hours I can never reunite reading and hearing lots of judgmental, absolutist BS on how to be a mother or father! It's funnier and more informative than The Girlfriends Guides (that i thought were very funny within my first being pregnant.) I love that she highlights that breast milk is excellent all on its own without trying to carefully turn it into a magical superpower--I have actually said something comparable in my Amazon reviews. It's one of those rare treats in the world of useful non-fiction that entertains, educates, and made me feel much less alone at a time of huge transition. Words of Wisdom I loved this reserve and didn't want to buy to end. I ultimately learned that, just like all subjects in life, we all takes bits of pieces of everything we find out and apply them. JJ's design is totally engaging, providing me with many LOL occasions. And I totally read this reserve on my iPhone's kindle application at ungodly hours when my one year previous wasn't sleeping for one reason or another. An antidote to the Mommy Wars JJ Keith cuts across all of the ridiculous debates, pressures, and fabricated wars that produce new moms feel just like crap.One important things to take note is that book is not only very informative but hilarious! (I don't trust her about cloth diapers, though. The search for the perfect baby shower gift has ended. Great publication for a baby shower celebration gift. Stop hearing all the noise! Funny and sensible A humorous, but intelligent and sensible book about the problems and concerns of contemporary parenting. While the concentrate is certainly on motherhood and its own complications, I found a whole lot I could relate with as a stay-at-home father. Parenting these days is becoming almost spiritual in its dogma and everyone is too wanting to leap upon errors or conscious choices they do not trust. She does the reader a great service by reminding that when a kid is beyond infancy, no one will remember which doctrinaire approach to

sleeping/diapering/feeding/etc you used. If you want a break from the baby mania crazy or thinking you may go insane over one more pinterest craft, send some downtime r This book was completely hilarious and virtually spot on from the knowledge I've had raising a child in the BabyCenter-Internet-OMG-WhatTheCrap stage of the era. If you don't understand, you clearly don't love the fluff! IT'S FLUFFY! Though I am well past the mommy age, I enjoyed the memories it brought back. Actually to parenting and attempting to survive the newborn years. This was a very fun and fist pumping read to fight the "perfect mom" syndrome that's plaguing our mommy groupings. I totally appreciated being able to laugh out loud and snort with the author's experiences and opinions, and am pleased she mentioned providing husbands/fathers some more credit. If you need a break from the infant mania crazy or considering you may go insane over yet another pinterest craft, send some downtime scanning this book. Loved hearing you in Crying Outloud too JJ Keith is right down to earth and refreshing. Loved listening to you on Crying Outloud too! Props from a ex - lactivist I enjoyed this book, due to the fact I agree with the author about most things, having experienced a lot of those factors myself. A fast, funny, and insightful go through that will be enjoyed by anyone pursuing (and bemoaning) the Mommy Wars. I will happily socialize with anyone who fabric diaper(ed) his/her kid(s), also if we've nothing else in common. I remember needing to end reading parenting and mothering sites and websites because of the overwhelming quantity of information, good and bad, just to survive until the next feeding of my newborn. The author has very staunch opinions on things that some may not agree with, but I value her opinion and lack of who provides crap attitude. Erhrm. I would recommend it highly and plan to give it as something special to fresh parents. I love that she remarked that vaccination is a completely separate issue from all the other parenting problems, because it's the just one that will have a direct impact on other people. I liked a lot of things she stated, really. Ultimately, though, it comes out to be as well judgmental against judgment--like while trying to indicate how an individual's experience can not be universalized, she sort of seems to universalize her own knowledge. Besides, there are a lot of books on this topic already, and even though this one is good, it is not ground-breaking. I could write one myself and it most likely wouldn't become ground-breaking either.



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