

## Dan DeFigio Princess Wiggly: Exercise and nutrition for children



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com to start making your family healthier right now!New from Amazon best-selling writer Dan DeFigio, this entertaining story tells how Princess Wiggly frees kids from the unhealthy influences of the lazy-loving INACTIVE and his trouble-building sidekick, the Slug Monster (Seek out "Make it a family project to get your Wiggly Workout every day! on Amazon, and "Visit PrincessWiggly. to see the fun illustrations!).When sold by Amazon.Princess Wiggly"Appear Inside"Princess Wiggly could make the whole family healthier!Princess Wiggly, Jay, and Hannah outwit the Couch Potato and learn how to use their muscle groups to run, jump, wiggle, and play video games outside to\* give them more energy\* help them rest better\* hold them from getting unwell\* help them do better in schoolIn the maze of childrens books like Harry Potter, Food cravings Games, and Diary of a Wimpy Kid, #1 in the Princess Wiggly series is a light-hearted teaching tool to get kids off the couch and away from TV, Minecraft video gaming, and soda.com, this product can be manufactured on demand using DVD-R recordable press. Amazon.com's standard come back policy will apply. --This text refers to an out of print or unavailable edition of this title.



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Princess Wiggly Education is fun and that how it must be, this publication proves this once again. If you got just a little person who is already a budding couch potato at home, then this reserve is a must have for you. Your children will love it, and you, for reading it to them. Parents, Grandparents, Aunts and Uncles, it really is never too early to start out the special small person in your daily life on the path to lasting health. Cute reserve with a lot of relevant issues. I especially liked what sort of book finished.. Every family gets the Slug Monster and the Couch Potato to deal with. Loved the picture of the youngsters dragging themselves outside - exactly like at my house! The kids and I had an excellent laugh scanning this book - then we went outside - woo hoo! Thanks.. It was fun to see her get so worked up about pretending to .. This book got my granddaughter pretending she was princess wiggly. She had taken my weighted hula hoop and started to wiggly her hips declaring to be princess wiggly.. Likely to have to browse this one to the kids for sure.. Great Kids Motivational Book! Princess Wiggly saves the day - and the youngsters! I liked the illustration and the personas were great.. It sure is a battle these days to find the kids outside! Fun to read The is a fun and easy to read book. It's a great tool to use to instruct kids healthy behaviors. Great story for all ages! Therefore cute! Anything that attempts to teach children about the significance of exercise and great nutrition is bound to be good. Anything that attempts to educate children about the importance of exercise and great nutrition will be good I am not a kid so have no idea what sort of child's mind would react to it nowadays. My niece and nephew treasured it. She is a devoted reader already and enjoyed it v Sleepover Favorite Great story that is educational too. Making children play more rather than sitting in front of video gaming and TV is so important these days! She is a devoted reader already and enjoyed it Rated by my 6 year aged granddaughter..It was fun to see her get thus excited about pretending to end up being princess wiggly. Loved this story!it's a new sleepover favorite.



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