



Make Your Way to Being an Herbalist

Kathy Eich

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Make Your Way To Being An Herbalist (The Pocket Herbalist Series Book 1)



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Whether you're just starting out, or wanting more information, *Make Your Way To AS AN Herbalist* is a comprehensive roadmap to herbal practice. In 18 years as a practicing herbalist, Kathy Eich has trained, written, worked with customers, and owned an herb shop. From the fundamentals of how plants impact our systems, through a robust Materia medica and sample formulas for acute circumstances, and including five chapters on building medicines, this book is a hands-on workbook for becoming a practicing herbalist. This book puts a fresh face to a vintage practice, fusing historic natural practices with the requires of contemporary society. Her goal would be to empower people and community to embrace the usage of plant medicines.



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For most of the ailments talked about in this publication, the author gives a clear set of signs or symptoms. Without page figures in the Desk of Contents, and without an index, this publication is much less user-friendly than it could be. I bought this publication because I'm a Grasp Herbalist and qualified Aromatherapy practitioner, and We was thinking about reading how another practitioner integrated aromatherapy into an herbal practice. That is certainly an introductory-level publication, with a fairly limited Materia Medica of plants and essential natural oils. That bothered me at first, but I really do appreciate that, for a newbie, getting to know a few plants and formulas well is better than having an overwhelming encyclopedia of details that one cannot probably assimilate. After reading and using this book, the reader will have some solid natural understanding under their belt, that they can go on to further learning. One thing I like about this book that lots of western herb books lack is usually: Analysis!! Great info for herbal home health care. Most herb books only will name the disorder, without telling you what it actually Appears like in a individual. (Chinese natural books are an exception, but western natural books are usually inadequate of this type). The author also describes disease progression, tells you how to change the procedure, and what to watch out for during its use-- something that is also frequently left out of other herbals, which simply provide you with a dosage but small else in terms of conducting a treatment process or discerning whether the treatment is effective or not really. No heavy-duty illnesses are handled here, but you'll be a good, solid home herbalist after reading and using this book, capable of coping with everyday ailments such as for example colds, fevers, insomnia, medical, and more. This book does suffers from two flaws. The foremost is, it really needs some illustrations, both to break up the text also to supply the beginner a visual familiarity with what the herbal remedies, herbal medicines, and the materials they're made from, actually appear to be. More importantly, however, it needs a MUCH better Table of Contents, and an index. The Table of Contents gives NO page numbers! Needs a better Desk of Contents and an index! That's alright if you are just casually studying the book from starting to end, but not when you need to locate a certain formulation in a rush! Thumbing through the book for information is not something I wish to perform when I am dealing with a health crisis. This really should be corrected in any future editions of the publication, and would make this a 5-star book. That said, I like the friendly, conversational tone of the book, and the little gems of details sprinkled throughout. An excellent buy! I bought it as an e-book but am taking into consideration also getting the hard copy. Encouraging and empowering, Kathy Eich's perspective can be inclusive and assumes most of us have something to provide this work. The depth and breadth of her knowledge and experience shines through in each word of this beautifully written text. In order to know not only what herbs do, but how they do it, this is actually the book for you. Loved this book! This publication will probably be worth more than the price. "Make THE RIGHT PATH to As an Herbalist" will provide you with a firm basis for a life-period's worth of herbal experimentation and discovery. The depth and breadth of her knowledge and experience shines through in each term of this beautifully written text message. You'll have a lot to keep you occupied while you anticipate reading the author's next book! Loved this book! Kathy Eich's "Make Your Way to Being an Herbalist" is certainly firmly grounded in the rich history of Western Herbalism. I have already been learning about herbal products for a couple years, occasionally taking classes and carrying out group work with herbs.. I hope she'll go on to create Quantity 2 and beyond, adding further layers of understanding. The writer imparts a self-confident, peaceful tone. All you would ever have to know about producing, .. This reserve came at the right period for me to greatly help put it all together. Kathy Eich's Make Your Way to As an Herbalist is a good book for

the herbally inclined--useful for anyone just beginning out and those who want to take the next steps into more complex practice. Each comes with an extraordinary capability to translate the complex philosophy of days gone by into everyday, request in the modern world. Five Stars I really like this book! Five Stars Great book Thanks x Encouraging and empowering. All you would ever need to know about making, using and suggesting plant medicine. Good book. From review to everyday information, Make Your Way to Being an Herbalist paints a picture that allows us to observe how to set out on our path and where we may go as our knowledge expands and deepens, even while giving practical information and unique natural and aromatherapy protocols for situations we may face today. There's plenty of room to grow with this book. Practical herbal VERY practical natural handbook. Covers how to make stuff, first aid, uses for common natural herbs. I now have it both in the paper and kindle variations so I might have it with me almost everywhere.!



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