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# HOW TO GET DRESSED

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**A Costume Designer's Secrets  
for Making Your Clothes Look, Fit,  
and Feel Amazing**



**ALISON FREER**

Alison Freer

## How to Get Dressed: A Costume Designer's Secrets for Making Your Clothes Look, Fit, and Feel Amazing



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Costume designer Alison Freer's styling kit is a magical bag of tricks, built to solve every single wardrobe malfunction on the planet. Television and film productions wait for nothing, therefore her solutions need to function fast. In *How to Get Dressed*, Alison distills her secrets right into a fun, extensive style guide focused on rethinking your closet like a fashion expert and making what's in your closet do the job.

- Making every garment you own fit better
- Mastering closet corporation
- The scoop on tailors and which alterations are worth it
- Purchasing thrift and vintage just like a rockstar

Rather than repeating boring style "She provides real-world tips about everything style-related, including:

- The undergarments you truly need
- s arsenal of equipment and expertise.

rules," Alison breaks the rules and gets real about everything from bras to how to approach inevitable style disasters. Including helpful information such as how exactly to skip ironing and the dry cleaners, remove every stain beneath the sunlight, and help clueless men get their sartorial acts together, *Ways to get Dressed* has hundreds of insider tips from Alison' From the Trade Paperback edition.



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i'm not even disorganized, nor do I try to look hot, nonetheless it still helped a LOT!which was type of what I was expecting. Loved it.So, consequently, I've bought a lot of multi-tiered hangers (slips, tank tops, petti pants, workout capris), replaced fat plastic hangers with felted space savers (35 for \$10; thank you, CostCo!), and stored the majority of items as clothes in a single hanger bundle (trousers on clips, t-shirt and sweater layered atop). That helped me reduce from 2 to 1 closet, and helped me forget about goods that aren't ever worn because they don't really have a mate to become worn with. Her assistance online hasn't led me astray, and I've used many of her tips to great success (including making my very own wax-coated denim). Useful, Practical Tips from a Witty, Funny Chick Alison Freer is a Hollywood outfit developer, and I've followed her design articles on the website xoJane for years. I was obviously super excited about her reserve, and I must say, it didn't disappoint!Ways to get Dressed is similar to Lucky Magazine or Cosmo, if either of these publications were actually remotely useful.Buy this book! It's not a book about style, but about style. Fabulous book with a lot of information about how to shop,dress up, and care for clothing. It isn't about following fashion guidelines, but about breaking them to great achievement. It's about looking great, but still being yourself. What more could we require? Most of the material out there about fashion is usually regurgitated from the same sources. Well, the book gives greater than that.I think that my favorite section of the book may be the chapter on closets. As a person with far too many clothes and clutter in my own life, I long for organization, and Alison's tips for organizing one's clothes and closets are actually useful and doable, and make me believe that even \*I\* could possibly be organized (that continues to be to be seen, but that's because of me, not Alison's amazing tips)! As a devoted knitter, I jumped with pleasure at her spot-on information for storing knits (don't hang them up by the shoulders--they'll stretch!), and discovered a great many suggestions on storing other types of garments that I didn't find out about. Explains identifying proper fit, troubleshooting ideas, and more. But with How to Get Dressed, I feel like I currently have a lot to work with, the majority of my clothes just need some extra love to actually sing. she's a professional, unionized costume designer, and she understands how various fabrics and garments inherently work (nylon doesn't unravel; the physics behind a bra; how darts and other alterations work). If there's a problem with your clothes that you could think of, Alison likely has a quick repair in her publication.The best section of Ways to get Dressed is Alison herself. Her personality and voice are obvious in her writing, and you feel like you are BFFs with her by the end of the reserve. I didn't feel like I needed to modification who I am in order to look great, or buy a bunch of new expensive clothes. It's not just a reference reserve to look things up in for future use, but also just a pleasant, entertaining read (and I seldom read non-fiction for pleasure). . It totally wowed me using its cover to cover suggestions and practical information. When I read magazines, I feel like I need to throw out all my clothes and start over, which is needless to say totally impossible and cost prohibitive. She is not only a style blogger who can come up with a cute ensemble;Alison really works with every woman (or man) as a person. As she says in her publication, the fashion "rules" we've heard all our lives are actually just to make people dress and look the same, and that is so boring I possibly could scream! I discovered a whole lot about fixing closet malfunctions and stain removal, but nothing at all about how to create a wardrobe. I love this idea, because without a signature style at heart, Personally i think like I am simply buying whatever I see in stores, but not putting my own spin onto it, which outcomes in me dressing exactly like everyone else. Alison makes no judgment on different styles, and is supportive of everyone's unique design.This book is fantastic. While she is incredibly knowledgeable, all of this information will be a snooze in the hands of another writer, but Alison keeps the reserve moving along.. Where fashion magazines fall short, How to Get Dressed delivers. Buy it now, and start feeling great in the clothing you already own! Stylist Approved I am a personal fashion stylist, and consume tons of style and style-related content on a daily basis from blogs, magazines, etc. so it is rare that I browse anything fresh and educational!This book was a complete exception. In fact, some clothes that you may think are unflattering can be hugely flattering if they were properly fitted to you! There is so much in right here that I've already been in a position to share some new tips with my clients. I am adjusting my closet this time I will know what to consider. If was therefore refreshing to read a book compiled by someone who isn't afraid to actually share valuable knowledge! An essential read for women who wish to look and feel good The only con I can list for this book is that it generally does not say it really is woman specific, but it surely is. My husband was kind of bummed. There exists a men's chapter but it's focused on suits, and not that applicable for some

guys. I believe that's what I love most about Alison, and Ways to get Dressed. It has helped with my body image, my ability to shop, and my self-confidence as a (and even younger looking) female professional. Changes I have made due to reading:my bra size and comfortwhat underwear I wearmy comfort and ease wearing blazers (that suit)capability to confidently buy clothing that actually fit me without feeling poor about my bodyfiguring out how exactly to wear clothes that actually make me look good and experience goodfiguring out how to use the clothing I have in a way that worksmy laundry routinehow I organize my closet Not what I expected This isn't what I expected it to be. The title is misleading. Alison includes a chapter about obtaining and nurturing your signature style.. leggings on clips, tank and dress atop, belt on the hook). It jumps through topics just a little faster than I'd prefer, and may use more text-illustrative-images (still trying to figure out what a "circle skirt" is), nonetheless it has answered questions I've held for years (do I really need to dry clean? Disappointed, but I did so learn some things. easy ,fast and pleased with order. It's the only publication or magazine I've go through that emphasizes the truth that every style and every body can appear and feel great. i really didn,t need. Loved this so much that I got to get a hard copy Really excellent tips about everything about dressing, style, and care of clothing. Five Stars My closet would cry before, right now it smiles at me! Five Stars Great tips here. The writer gives excellent advice of this type. The bigger shock was her very helpful tips on shopping, laundering, and storing clothes; there was even more for me to understand here as well.Unlike those fashion magazines I mentioned before, Alison doesn't try to say "this style is better for this body type" or "this is unflattering for this physique," but instead she lets you know steps to make your clothes fit your body. Great Book! Smart, practical information for any age I came here seeking suggestions as an an amateur stylist for my children, but even at my age We am not infallible with regards to judging what's flattering on me. Alison shares so much information about tricks to remove stains, make clothing fit better, improve the ease and comfort of your clothing, and so on which could just be collected from years of knowledge.), has so many particular fabric washing directions that I'll be adding flags and deploying it as a reference in my own laundry room, and it inspired me to kind/ re-organize my closets, boosted by the truth of her argument that it's better to have some well-coordinated outfits than a huge collection of varied but badly fitting items. It's not about styles, but about making YOUR personal style do the job.That's the thing about Alison: she REALLY understands her stuff. Worth Every Penny I was hesitant to get this book because I've a zillion books on design, most of which I regret to say haven't been of great use to me. It's filled with practical advice, not reheated, tired aged cliches. But almost as soon as I opened this publication and considered a section in regards to a particular query I had, the publication paid for itself.



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