

# Healing HOMEMADE BODY BUTTERS

22 Recipes for Body and Face  
Scrubs, Masks and Butters to make  
your Skin Glow!



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## Healing Homemade Body Butter: 22 Body and Face Scrubs, Masks and Butter Recipes to make your Skin Glow!



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**\*\*Amazing homemade scrub, mask and body butter recipes to make your skin layer soft, nourished and glow! Why spend \$30 on a small tub of body butter when you can make a big batch at home for half the price?.\*\***Countless women spend a small fortune each year about boutique spa products like lotions, ointments and creams.get smooth glowing pores and skin NOW Scroll up and grab you copyAll recipes use natural products without toxic ingredients.What are you waiting for.. Everything you may not realize, however, is that those items you are buying can easily be recreated in the home. One of them book are recipes for:\*Body butter with Sunscreen\*Quality recipes for Sunburn\*Dishes for Scars\*Quality recipes for Acne\*Recipes for Anti-aging\*Dishes for Eczema\*Dishes for Wrinkles\*Dishes for relaxing\*Recipes for CoolingAlso included are recipes for scrubs and masks for the lips and face!



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Love this Book! A bit unfinished While I enjoyed many of the recipes, a number of them had some pretty important missing information. This book opened my eyes to a whole selection of brand-new blends and creations that I could make- if you are interested in an all natural, healthy and sustainable way of living and are new to natural cosmetics; I'd have liked to see the author have a bit more time reviewing, and editing their work before sending it directly into be published. Needless to say, remember to familiarize yourself with possible safety measures of using EO's and other elements (still, the most dangerous matter is to keep using chemical substance beauty products that nobody ever warns us against... I hope she will see this, and have a bit of time to fix these errors, because it has great potential. General-good start for beginners :) Great recipes Just what I needed for a Pet dog project really enjoyed this book! will definitely try this publication to others to try aswell. Excellent book! in a little package Recipes appearance easy.)It gives you great dishes that even a beginner can do! I really like the section on how to make a Oatmeal face mask.thanks! Head for your home for a spa day Highly recommend in case you are considering making your own body care lotions. This reserve is very informative with easy to follow recipes. Not bad but don't show u any kind of photo to show you . "Recovery Homemade Body Butters" is usually jam-packed with tips, methods, ideas, and strategies, to assist you make your own Body lotions and butters. I highly recommend it - provide it a read! Wonderfully easy recipes to better skincare naturally. I loved how the author starts off the book by explaining just what body butter is and compares the homemade versions vs store bought. Each recipe can make an excellent gift. Good resource! There are many fine natural recipes in this book There are many fine natural recipes in this book.. I have been a cool prepared soap maker for nearly twenty years and I also make salves and lotions. I found these recipes to be easy more than enough even for a newbie. It is so essential to only use natural products. Lets stay healthy! I do have the majority of the ingredients at home, I love coconut oil, shea butter (within Spain it's known as Mantequa de Karitee) and important oils like tea tree and all kinds of citric essential oils. Such as for example in cooling Aloe Body Butter. It still left the Aloe out from the ingredients. Then it tells you to add the Aloe in but nonetheless does not tell you how much. Excellent! One other recipe, Shea butter Sunscreen does not list lavender essential oil in the ingredients, however in the directions it orders you to add it when you whisk the zinc oxide in. Not bad but don't show u any kind of photo to show you the final product. Great idea for some of the quality recipes. you might find this book helpful.). nice info. I've always wanted to make my very own body' butter, so I'm really glad I stumbled across this reserve. I'm looking forward to trying them. Glad to have quality recipes with basic things that aren't difficult to find. It also provides reader guidelines for future butter dishes (based on just a little investigation. I intend to make the sunscreen for my grandchildren.. I was content that I utilized the book with prime and did not pay out for it. And don't have too much recipes. A few of the dishes will tell you at the end how long shelf existence is but others do not. Very Nice Recipes! Just a few inexpensive ingredients required. Also, the dishes in this book is easy to check out and detailed.Nice Spa Recipes:) I am a massage therapist and a separate aromatherapist therefore i got interested in this book the moment I saw it. Great ideas! Healing Homemade Body Butter review This little book by Katie Lee has 22 recipes for body and face shrubs, masks, and body butters. The directions are easy to follow. DIY great book Five Stars Love this reserve. Enjoyed this publication and all it's contents



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