

The background of the book cover is a photograph of a vast lavender field in bloom, with rows of purple flowers stretching towards the horizon under a clear blue sky. In the center of the field, a large, ornate copper still stands prominently. The still has a bulbous body decorated with intricate patterns and a tall, slender neck topped with a conical cap. A small circular gauge is visible on the neck. The still is partially surrounded by lavender plants in the foreground.

ESSENTIAL WATERS

Hydrosols, Hydrolats and Floral Waters

MARGE CLARK

Author of Essential Oils and Aromatics

Marge Clark

Essential Waters: Hydrosols, Hydrolats & Aromatic Waters



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A brief guide to the healing uses of the ", the floral and herbal waters produced during the process of distilling essential oils.other distillate" Gentler and safer compared to the concentrated essential oils these hydrosols are important ingredients in our aromatherapy journey.



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!!! I use essential natural oils but had very little details on Hydrosols. I right now see the importance of them and have purchased several. Great Reference Reserve! well that is for you too! She has a shop called Natures Present where one can purchase many of the most exquisite natural oils. The information she gives in this book is just a small flavor of her vast wisdom. Great read for anyone wanting an introduction to hydrosols Marge is a genuine modern pioneer and We see her sharing her knowledge freely regularly both on her website in addition to on social media marketing. This book is well crafted and provides an excellent introduction to hydrosols in easy to understand language. Highly recommend this for anyone looking for an intro to hydrosols. Marge Clark can be someone I personally feel is an expert in all matters of aromatherapy. Very informative This is a well written book on Hydrosols.com so when I found that Marge wrote a book I needed it! Her insight is excellent. She articulates info in a very concise manner. I've Suzanne Catty's publication on hydrosols and this one didn't disappoint! If you are a Aromatherapist or cosmetic maker and wish to use hydrosols in your blends and products then this book is for you! If you just want to learn about hydrosols.!... She's had years of connection with learning and in teaching.. Thanks Marge Love this! Five Stars great book Great read Excellent information I enjoy just how Marge teaches in her writing. Essential Waters This book was filled with plenty of good information and ideas on how best to work with hydrosols. I would suggest this publication and Susan Catty's book to anyone attempting to learn more. Loved it I loved this! Thanks a lot for the excellent resource!!Hydrosols I really like this book!!! get ideas of how to utilize them. I learned a whole lot. It was super easy to read. I would suggest this if you are wanting to learn more about Hydrosol & So much info on Hydrosols.! That is refreshing in an environment of sell sell sell. Super easy to understand and ideal for learning! Thanks a lot Marge! I came across Marge's work when I began studying aromatherapy for my family. But I expected more beautifully written Everything you need to know about how hydrosols are created, how to utilize them organized by type and particular condition, then some recipe suggestions. I love naturesgift. I'd recommend this little publication for anyone interested in trying hydrosols! It offers verified uses of hydrosols and also gives some quality recipes using hydrosols.! Great! Great reference publication! This reads very simple and informative. In a world of misinformation, Marge brings me back to center of curing and teaching others through functions. Fantastic information regarding amazing hydrosols which are extremely safe for everybody in the family most of all babies. It is possible to tell she has a passion on her behalf work and for people. Four Stars Very good guide to start!! Love this publication. Marge is great!



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