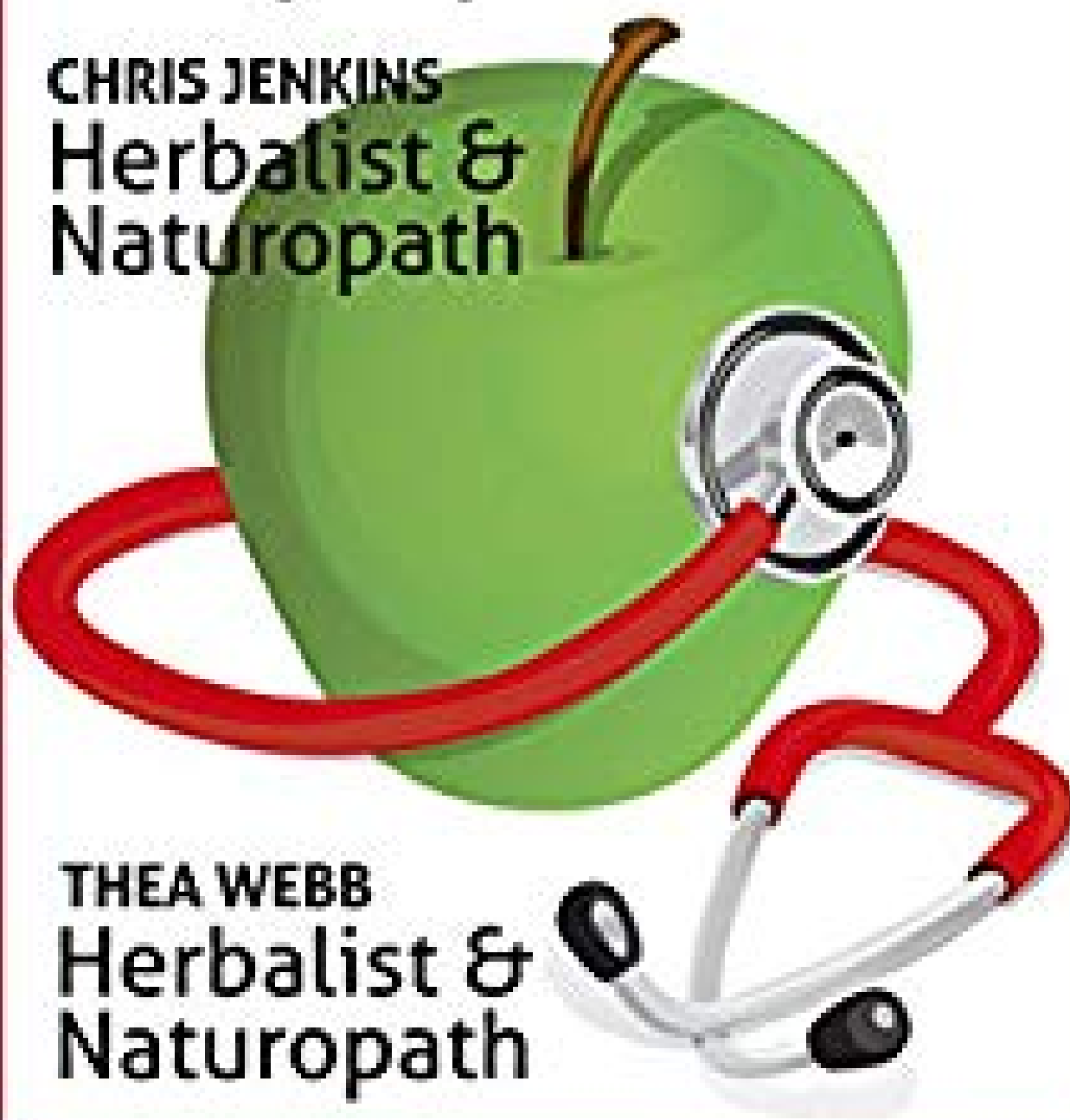


**DR RICHARD CLIMIE**  
**Family Physician**

**CHRIS JENKINS**  
**Herbalist &  
Naturopath**



**THEA WEBB**  
**Herbalist &  
Naturopath**

**CURE YOUR  
ACNE**

Richard Climie

Cure Your Acne: The Best Herbal, Nutritional and Medical Treatments Available  
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This comprehensive book supplies the best, most up to date treatments for acne available today. We discuss creams and tablets, vitamins and herbs, nutritional supplements, diet and life-style factors, acne in women, face peels, dermabrasion, laser light treatments, microneedling, and acne scar management- we give you a detailed description of all treatments available, how they work, and what will be best for you. We've combined the most current and scientifically proven treatments from naturopathic, herbal medication and medical sources. Their advice is founded on many years of clinical knowledge, and is backed by numerous scientific tests looking at various aspects of acne - its causes and effective treatments. You will find in this book descriptions from a health care provider, a herbalist and a naturopath about how exactly they treat patients with acne. You will find the very best advice available so you have the confidence to effectively treat your acne.



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Highly recommended Credible information, extensive coverage of this issue and available language. This book is practical enough to be useful for sufferers of acne, and includes a thorough enough research base and information to become a go-to resource for practitioners. Strongly suggested. It integrates excellent organic medical advice with sensible dietary modifications or more to date conventional procedures. I thinks it is rather useful as it includes pointers from a doctor and two naturopaths.), their family, health professionals and beauticians looking for a comprehensive and well-researched source. As a health professional myself I can definitely recommend this publication to anyone who want to know more about acne, it's causes and possible treatment options. This book will be extremely useful for acne sufferers (you don't have to put up with acne! Excellent Resource Heaps of great info and a clearly well researched publication. Comprehensive, compiled by the experts Very useful information, compiled by three experts who specialise in various areas of acne treatment. There is something in there for anyone who is suffering from acne. I cannot say enough about this book it really helped me cope with my acne. A very worthwhile read. Plenty of sensible advice If you want plenty of sensible guidance and useful factual statements about acne and the treatments available, this is actually the right book. Well researched book This short book gives an excellent balanced view of the many treatments available for acne.



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