

Mind Estranged

My Journey from Schizophrenia
and Homelessness to Recovery



Bethany Yeiser

Foreword by Henry A. Nasrallah, M.D.

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unable to work or research— While surviving in the shadows of culture, her disease drove her to refuse all connection with her family and friends, and eventually resulted in her arrest and hospitalization. FLIGHT FROM REASON parallels the timeline of Brain ESTRANGED. Yeiser. and soon found herself homeless, delusional, and controlled by voices that talked to her and gave her orders in her mind. Brain ESTRANGED tells the tale of Bethany's. Bethany's memoir enables the reader to enter the mind of a person with schizophrenia, homeless and roaming the streets.s life, from her years as a promising university student through her gradual descent into schizophrenia, and unexpected, total recovery. Against all chances, she recovered from schizophrenia, returned to university, and graduated with honors. Henry A. Nasrallah, MD, a professor of psychiatry who treated Bethany, writes, "Bethany is living proof that recovery from schizophrenia is possible with good medical care, solid family members support and the courage to keep fighting the tormenting voices that ordered her every move and controlled her every thought. MIND ESTRANGED is also a powerful message of encouragement and support for just about any human being facing an overwhelming challenge at some time in life." MIND ESTRANGED is the companion book to Trip FROM REASON: A Mom's Tale of Schizophrenia, Recovery and Wish, by Karen S. She came back to the U. While slowly dropping her sanity, she traveled the world.



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I stayed up all night reading! Recommended read! Among the best books I have read! Even locating the best treatment solution was difficult nonetheless it gives desire to others that perseverance takes care of, and it displays what the encouragement and support of loving family and friends can do in actually the most difficult situations. It is amazing all the trials and tribulations she went through due to her illness, but by the end she emerged triumphant and a spokesperson for people who require a spokesperson. Illuminating – since it is not uncommon to see individuals who live on the street manifesting the bizarre behaviors she also fell into, and today I have a feeling of how those behaviors 'make sense' within a distorted cognitive and sensorial scenery. No one knows what a person goes through but them, and I commend Bethany for sharing herself and her tale. The author was homeless for a time period, and the publication brings the reader into that knowledge as well. This book, Bethany's initial, has a conclusion but I think the author has just begun! It reminds me of Ellyn Sacks' book THE CENTER CANNOT HOLD. Hopefully, the reader will end up being inspired to feel more compassion for homeless people as a result of reading this. Finally, family of people who suffer from psychotic disorders will gain a knowledge of what their cherished one is going through, which can be very valuable with regards to both insight and compassion. Kudos to the author for her articulate and honest story. There exists a companion volume by her mother called FLIGHT FROM REASON, which I also recommend. Both books provide hope that the future for those who have schizophrenia can be bright, when suitable treatment is given. I highly recommend this to anyone suffering from delusions to those who love someone who suffers from mental health issues I was not identified as having schizophrenia until We was 46 years old. You get an inside look at the personal struggle someone with a mental disease has. I belie that anyone scanning this book will be able to get a better understanding of those that suffer mental disease and do not pick the circumstances that they endure trying to obey the voice/thoughts/delusions in our heads when people think we are drinking or using medicines, it's an in stability ad-morality we merely are just born with. I honestly could not put the publication down and looked ahead to reading and finishing it, I highly recommend this to anyone suffering from delusions to those that love someone who suffers from mental medical issues. Jori Insight and Compassion This books offers a rare opportunity to step inside the world of mental illness and homelessness. We hear about her growing obsession with conserving the poor and unwell in Africa, even while she dropped out of school and started living on the roads in her very own poverty. We get yourself a firsthand informing of how schizophrenia gradually took over her life, how she rationalized her adjustments, and all of the ways people reacted to her (some with harshness, others with great compassion). I understand that her encounter is unique in many ways, but by telling her story, Bethany puts a encounter and a personality to how our culture handles this much greater issue. Bethany's Tale of Madness and Recovery is actually inspiring. I would recommend this publication to everyone. This book is a must read for every mental health professional! That is a quick browse filled with genuine, raw emotion; you can feeling and FEEL every step of this trip as Bethany travels down a road filled with emotional pot-holes and spiritual caverns as deep because the ocean. Profound and moving Until reading this reserve, I had zero idea what he mentally ill truly suffer. As a reader, I was on a roller coaster...viewing Bethany's struggles from "the other aspect" and pulling on her behalf rather than wanting her to create some inevitable choices while sensing the out-of-her-control behaviors. She is brilliant, as a professional and as a writer, and it was exhilarating to participate this amazing story. Bethany Yeiser and Ellyn Sacks, within their respective books, dispel many myths about schizophrenia and the popular viewpoint that someone with schizophrenia is "hopelessly insane" and unable to live a full life and make a

meaningful contribution. Well done! For those in anyway straight affected by this disease, Brain Estranged is a must read. I was transferred by the reactions of others. I want her and everybody with this dreaded illness called schizophrenia a complete and full recovery someday by using modern medicine, because by yet it is not possible. Gripping and illuminating I found Bethany's tale both gripping and illuminating. Sometimes I couldn't follow, but it made sense to write the book this way since it gave me a true insight into her thought process. page by web page I wondered how she could possibly emerge. While some were cool and hard-hearted, others proceeded to go above and beyond to do what they could to help. I'm so glad Bethany do emerge, to regain her self and share this tale. This book is a real eye-opener, an insider's story of the struggles people face in living with, and overcoming mental health issues. It gave lots of hope to us at a time whenever we were feeling sad and helpless. Written from the initial person, you find yourself strolling with her, and sitting next to her, as she journeys through this knowledge. I literally couldn't put it down, as my hubby will attest, as I go through deep into the night! It generally does not take long to begin with truly caring concerning this girl and wanting to discover her make it to the other aspect. This book has provided me a whole new view of these who are struggling mentally and what drives them. Also the blessedness in understanding there is help out there. Her mother has also written a book that i plan to read following. After speaking with Bethany, founder of the CURESZ base, on a few events I was impressed by her great nature and willingness to hear my struggles as a fellow schizophrenic and present compassion for me. Bethany takes you, step by step, through what it really is like to lose your mind to psychosis and be controlled by voices through diagnosis and treatment into recovery. I wanted to read her story and learn from her. The book did not disappoint. Gripping -- because like Bethany I've also studied the sciences and gotten associated with poverty abroad, so it was scary to view such a sympathetic character descend into mental and physical chaos; An incredible, transforming journey in to the world of schizophrenia Do not buy this reserve if you don't desire to be transformed. Specialists can learn, as well as the general public what goes on to the mind and the individual when schizophrenia isn't treated. I rejoiced as Bethany recovered as only a mother whose daughter shares the same diagnosis can rejoice. The best part of the book was the previous few chapters, when this dude began treatment and was re-united with her family members. Wow.!!! I definitely loved this reserve and felt so connected to the writer as it brought back remembrances to my early years of also being homeless and following that commanding voice which I still hear and still waiting to become famous. A very easy and good read that will captivate you till the end! I recommend reading it to anyone interested in the subject. This was a fascinating book! Highly recommend scanning this and in addition Karen Yeiser's book, Trip From Reason, which gives a parent's perspective, particularly if your family is going through an identical experience. This is a good appear at what schizophrenia happens to be This is a good look at what schizophrenia happens to be, in addition to what the medications do for you. It starts off with a history on Bethany and her experiences before and throughout her psychosis along with post psychosis and recovery. Through the entire book Bethany (Author) displays her true character as a driven, independent, ethical, and smart person. Honest and Hopeful This book is an honest and candid look at Bethany's journey through Psychosis and into recovery. It is created from her viewpoint during those years when her girl was missing, most likely not even understanding if she was still alive. Roughly 180 pages, decent size printing, easy to read. Suffering from this disease as well I could state that throughout this reserve she describes the feelings, delusions, and hallucinations accurately. She actually is a crusader for understanding schizophrenia and has demonstrated her resilience through a higher level of recovery. (go

through it in 2 times) Two thumbs up! But triumph and foothills reign as the book evolves and concludes. Bethany's journey is actually remarkable and something special that she has distributed to us therefore that we can understand at least partly what she among others like her proceed through. I couldn't put it down. Amazing portrayal of psychosis to living in recovery! Wonderful insight for most to understand schizophrenia I ordered this book from Amazon after I met this courageous woman. She brings about that recovery can be done for the persistent who are prepared to fight for this! I pray that more advances continue being made to get this to easier for people later on! Excellent read This book is thoughtfully deliberate, and a fantastic memoir. I enjoyed reading Bethany's story and related on many amounts, as I likewise have schizophrenia. It is a poetic consider of hers, as poignant as it is honest. An Illuminating, Honest Insight into the Experience and Healing of Psychosis This is a searing memoir depicting the experience of psychosis in a brilliant, idealistic young woman. Bethany, if you're reading this, I really like you as a fellow traveller and human being.



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