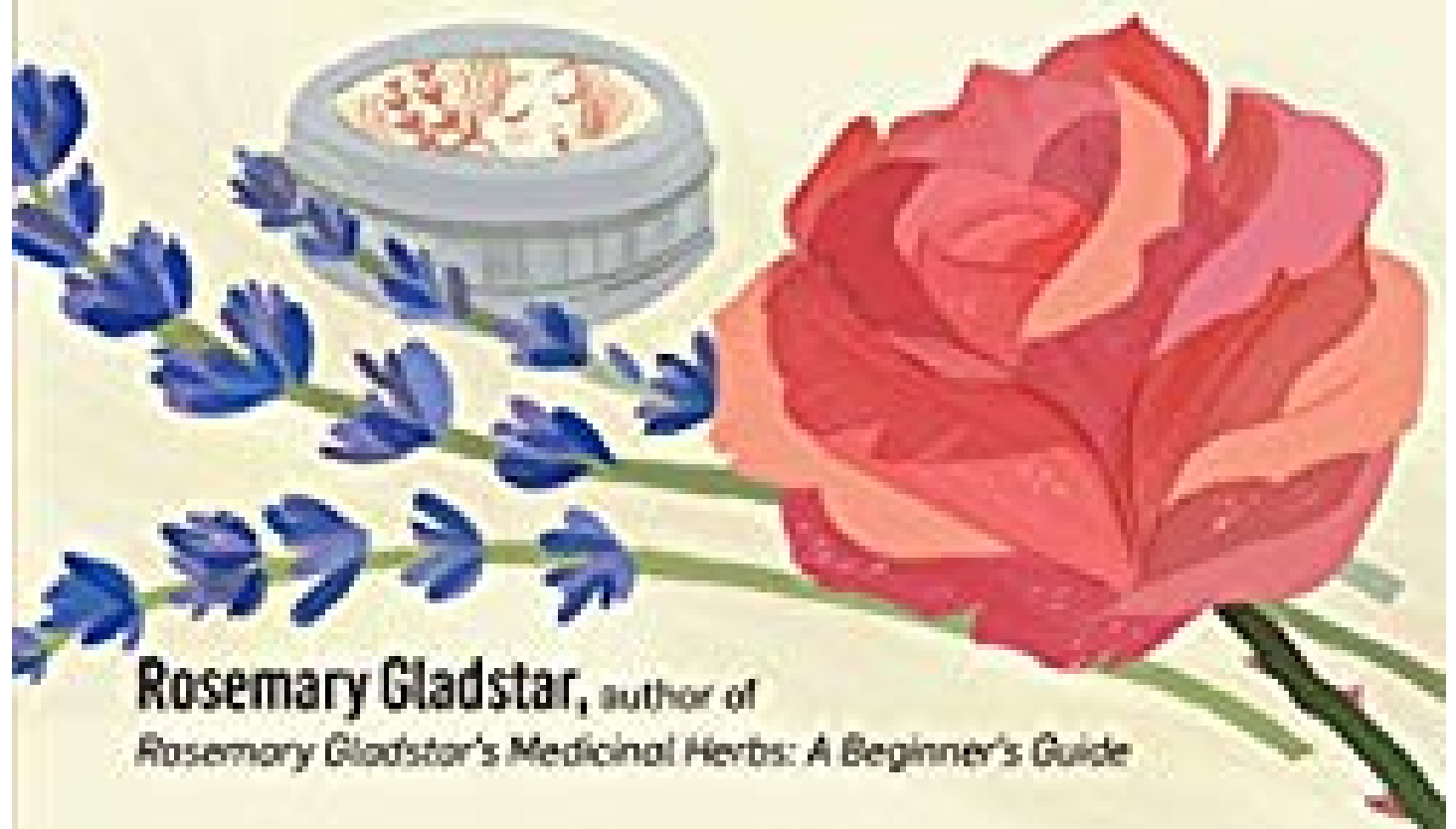


HERBS for NATURAL BEAUTY

Create Your Own Herbal Shampoos, Cleansers,
Creams, Bath Blends, and More



Rosemary Gladstar, author of
Rosemary Gladstar's Medicinal Herbs: A Beginner's Guide

Rosemary Gladstar

Herbs for Natural Beauty: Create Your Own Herbal Shampoos, Cleansers, Creams, Bath Blends, and More. A Storey BASICS® Title



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Look great, smell amazing, and feel good as you make your own homemade natural body maintenance systems. In this Storey BASICS® Make exclusive shampoos for lustrous, fragrant hair and learn Gladstar' Skip the harsh commercial ingredients and use nature's amazing five-step system for glowing skin.s closet to keep the body healthy and beautiful. information to holistic beauty, Rosemary Gladstar shares a lot more than 30 basic quality recipes for cleansers, moisturizers, and creams made up of essential oils and herbal products.



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Just choose the Rosemary Gladstar's Herbal Quality recipes for Vibrant Just choose the Rosemary Gladstar's Herbal Quality recipes for Vibrant. recycled info This appears to be a pocket reference of other published works and I was very disappointed there didn't look like anything new or original. Five Stars Amazing! This is a good book, however, many of the recipes need a . I love it! I enjoy everything about Rosemary Gladstar and appreciate her style of communication. Great in case you are beginning to make your own lotions, shampoos, etc. It might take a while to assemble them all, so it's not really a plug-and-play resource unless you have access to all you need close by. Rosemary's cream is great. I feel violated. 50 dollar. Many may already be on your own shelves in the home. thanks Good and Easy to Understand This book is good and easy to understand. This is a good book, but some of the recipes require a large number of ingredients that may be hard to source. to get started. Explains the benefits of using particular substances, what they are good for, and ingredients used are not uncommon and hard to find. Natural splendor was copy correct of this book, the chapter on beauty. Even the responses and introductions were as well familiar. If you currently have Rosemary's Natural herbs for Beginners and Dishes for Vibrant Health you then already have the contents of the book.. I really was looking towards some new recipes, extended content and better depth of herbal beauty knowledge. thanks My granddaughter and I've made a few of these recipes. One lip balm recipe, two body scrubs, one salt the other dark brown glucose, you get the idea. If you have a daughter in the house this would be a nice reference on her behalf to use for slumber celebrations. Cute lil book Love this little publication! Has some really wonderful recipes.. Really easy browse if your buying for someone younger and engaging in making cosmetics. I would recommend getting this book. Easy and simple recipes, an easy task to follow. Just a nice little head to book for a nice simple spa night in! Would make a for a cute present basket present idea! This one has many good recipes to try Rosemary's books are always informative and helpful.! Must have! That one provides many good dishes to try.! Or celebrations. A must for home beauty care This is a great book for those seeking to get from the toxic maintenance systems pumped out by corporate product mills. The formulas are basic and the ingredients easy to obtain. Rosemary's cream is great. Rosemary has much wisdom to pass on, which book does therefore with everything you would expect from such a respected herbalist. book pleased with this purchase. Love it The recipes are great! And the info is valuable. Don't pay a lot more than . Looking forward to making more. More like an outline when compared to a full text. Furthermore, Rosemary Gladstar's Herbal Quality recipes for Vibrant cover a whole bunch of other topics. Thanks for keeping it all simple Definitely worth it! Very easy and helpful I've been making lotions for some time now along with many other items in this book with my very own recipes and these are wonderful! Love the serum recipes. By no means buying hair shampoo or toothpaste again. . Makes me excited never to buy store bought cosmetics again!. this publication with my very own recipes and these are wonderful! Quality recipes are easy and use affordable ingredients. Super easy and helpful..! I am making many recipes from this publication for my niece for Christmas.



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